

# Neonatal Abstinence Syndrome Clinical Definition

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- **In utero Exposure** to opioids with or without other psychotropic substances
- **Clinical signs** characteristic of substance withdrawal; any **2** of the following five signs qualify:
  - Excessive crying (easily irritable)
  - Fragmented sleep (<2-3 hours after feeding)
  - Tremors (disturbed or undisturbed)
  - Increased muscle tone (stiff muscles)
  - Gastrointestinal dysfunction (hyperphagia, poor feeding, feeding intolerance, loose or watery stools)

