

USE OF HEALTH & WELLNESS CENTER

PURPOSE

To establish procedures for the use of the on-site IU Health & Wellness Center located in the Indiana Government Center.

SCOPE

This policy applies to state employees who are enrolled in one of the State's health care plans.

STATEMENT OF POLICY

The State of Indiana believes that access to health care professionals improves the health and wellbeing of state employees which, in turn, benefits the State as an employer as well as the citizens served by state government.

It is the policy of the State that employees should be encouraged to use the Center during normal business hours, when consistent with the operational efficiency of the employing governmental entity, by using the employee's own time (i.e., through work schedule adjustments or charging against accrued leave).

Employees may access the services of the Center on State time (without use of accrued leave or work schedule adjustment) for the limited purpose of biometric screening. For this purpose, "biometric screening" means a wellness program preventative health screening (involving finger-prick lipid profile and glucose, blood pressure, waist circumference, height, weight, & BMI), which is one of the eligibility criteria for participation in the State Employee Wellness Consumer Driven Health Care Plan.

REFERENCES

Invest in Your Health <http://www.investinyourhealthindiana.com/>

EFFECTIVE DATE: June 1, 2014

APPROVAL _____



Anita K. Samuel, State Personnel Director

Date: June 2, 2014