

## The Torch

**TAN** 

The official newsletter for State of Indiana employees

## 32nd Annual State of Indiana Dr. **Martin Luther King, Jr. Holiday** Celebration

The Dr. Martin Luther King, Jr. Indiana Holiday Commission, the Indiana Civil Rights Commission, Indiana Black Expo, Inc., and AFSCME Local #725 will once again be hosting the 32nd Annual State of Indiana Dr. Martin Luther King, Jr. Holiday Celebration. There will be a wreath placing ceremony, followed by a light show display on Wednesday, Jan. 11, at 6 p.m. at the Indiana War Memorial: Soldiers and Sailors Monument. The following day, there will be a Celebration and Award Ceremony on Thursday, Jan. 12, at noon in the Indiana Statehouse. We invite all to

join us at both of these important events. This year's celebrations are centered around Dr. King's quote, "Make a career of humanity," from his speech at the March for Integrated Schools in 1959. At this ceremony, four Hoosiers who followed in the footsteps of Dr.



Martin Luther King, Jr. will be given awards for their service to our communities and the state.

Article submitted by Indiana Civil Rights Commission

> **RSVP** for the events here >

### In this issue

- 2023 State of Indiana Canstruction Competition
- **Public Health Day**
- Pageants, parasites and public health: Dahlhoff seeks to inspire future scientists, pageant participants to dream big
- Sheriffs name IDOC's Kevin Orme 2022 'Public Servant of the Year'
- 2023 Wellness Rewards Program
- Three FREE Wellness Programs to help you keep your new year's resolutions
- Multi-Factor Authentication (MFA) for PeopleSoft is coming to your agency soon
- **PeopleSoft Travel and Expenses**
- O'Neill School of Public and **Environmental Affairs at IUPUI** offering State of Indiana employees scholarship
- **Pre-Retirement Planning Seminar** recording
- The Governor's Public Service Summer Internship Program is just around the corner!

The Torch is published monthly by the Indiana State Personnel Department and is available online at on.in.gov/TheTorch.

#### Got a story?

Submit your story ideas to: spdcommunications@spd.in.gov **Twitter** 



LinkedIn



**Facebook** 









## **2023 State of Indiana CANSTRUCTION** COMPETITION

It's time to bust out those Canstruction hard hats again! Registration is now open for Canstruction 2023. Indiana State Fair Commission set the bar high in 2022, so you'd better bring your A-game.



The Indiana State Fair Commission took home both "Most Cans Collected" and "Best Structure" awards for the 2022 Canstruction Competition, collecting 2,864 cans!

#### What is Canstruction? Canstruction is a

communities.

structural design competition and a canned food drive in one! We pit agency against agency looking for the most creative design made entirely of donated cans. And most importantly, it's a fun and creative way to help food pantries restock their shelves after the holidays! With a little bit of creativity — and a lot of canned goods — state employees

CAN make a difference in their

All state agencies are invited to participate, and there is no limit to the number of teams per agency. Participating teams of state employees will build a structure of their choice entirely from cans of donated food. Teams can build their structures in any work location where they won't create safety issues or impact ordinary agency operations. The structures must be completed between Jan. 17 and Jan. 31. Photos with descriptions and total number of cans should be sent

to spdcommunications@spd.in.gov by Jan. 31.

At the end of the competition, the structures will be dismantled, and all the food will be donated to a local food bank or other charity chosen by the participating team.

Click here for complete rules and additional details.

#### Register your team >



Canstruction Competition submission.

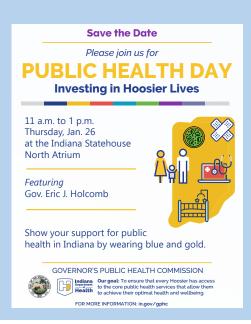
## **Public Health** Day

Join advocates from across Indiana at the Statehouse on Jan. 26 to voice your support for public health!

Public Health Day will be held from 11 a.m. to 1 p.m. in the North Atrium. Gov. Eric J. Holcomb and other speakers will share why public health matters and discuss the efforts underway to ensure that every Hoosier has access to the same core public health services, regardless of where they live or work.

This initiative is the product of a months-long study of Indiana's public health system conducted by the Governor's Public Health Commission, which produced recommendations on issues ranging from funding and workforce to emergency preparedness, childhood and adolescent health, governance and services, and data integration.

Supporters are asked to wear blue and gold to show their support.



## Pageants, parasites and public health: Dahlhoff seeks to inspire future scientists, pageant participants to dream big

Haley Dahlhoff calls it "divine intervention."

Whether fate or providence played a role may be a secret the universe chooses to keep its own, but one thing is certain: a chance meeting at a beauty pageant brought a self-professed "science geek" to the Indiana Department of Health (IDOH), and the result is something she feels was absolutely meant to be.

#### Under the microscope

Dahlhoff grew up in Louisiana and from a very young age developed an affinity for the types of things from which most people would consider running away – or, at the very least, running to see a medical professional at the first hint of their presence.

"I was obsessed with parasites," Dahlhoff said with a laugh. "I've



Haley Dahlhoff joined the Indiana Department of Health in July. She earned her master's in chemistry and biology at the University of Notre Dame. Credit: Lauren Smith Weddings + Portraits

always been a science kid; I like microbiology and studying disease. Parasites, specifically, are my thing."

If there was ever any doubt, she can point to her mosquito tattoo and a collection of plush facsimiles of protozoa, helminths, and the like as evidence that parasitology is in her blood.

"I love parasites; I'm a geek for them," Dahlhoff said.

One bachelor's and one master's degree later, Dahlhoff has extensively studied the most codependent creepy-crawlies of just about every sort, all in the name of helping people across the world – from Southeast Asia to Africa to her new home in Indiana - avoid illness and disease.

Dahlhoff said she initially took an interest in heartworm, a parasitic affliction that primarily affects dogs, and followed her own heart into STEM studies at Northwestern State University of Louisiana. Specifically, she studied biology and chemistry en route to earning her bachelor's degree in her home state. When it came time to apply for graduate school, Dahlhoff found a great opportunity at the University of Notre Dame, so she and her

> husband, Jacob, packed up and headed 16 hours from home to chart a new course in South Bend.



Haley Dahlhoff is the current United States of America Pageants Mrs. Indiana. Credit: Grant Foto Photography

#### 'Cage fighting'

Moving several hundred miles across the country to continue one's education is a bold step all its own but doing so just prior to the start of a worldwide pandemic presents entirely different challenges. The Dahlhoffs went to work on their next chapter, with Haley studying drug-resistant malaria at the Notre Dame campus. Jacob began teaching science at a school in South Bend, and even though the "new normal" of the COVID-19 pandemic led to periods of health-minded isolation and maybe even a bit of homesickness, they soon found that Indiana fit them to a "T."

Read the full article on **Employee Central >** 

Article submitted by Brent Brown, Indiana Department of Health

## **Sheriffs name IDOC's Kevin Orme 2022 'Public Servant of the Year'**

Leaders of the nonprofit Indiana Sheriffs' Youth Ranch (ISYR) have named Kevin Orme, Executive **Director of Construction Services** for the Indiana Department of Correction, as their 2022 "Public Servant of the Year."

ISYR's board credits Orme with voluntarily and routinely advising the not-for-profit as they conceptualize, plan and fundraise for needed training facilities, housing accommodations and utilities for the 62-acre training retreat.

Orme, a resident of Clay County, said the Youth Ranch location and mission make it especially satisfying to him – professionally and personally.

"Theirs is a noble cause: mentoring future law enforcement officers, bonding with at-risk kids," Orme said. "My career in Indiana government allows me to help many people, from many places in many ways, but this project is here in my home community and benefits communities statewide."

From his unique vantage point as a corrections executive and an ISYR volunteer, Orme sees a direct correlation between law enforcement's outreach to kids and young families with more productive citizens and less criminal activity.

"Kevin Orme has been a blessing to our cause and our construction," said former Marion County Sheriff John Layton, Youth Ranch founder and board president. "He's taking us from brainstorming to blueprints, concepts to construction. Kevin has a servant's heart and we're lucky



Kevin Orme, Executive Director of Construction Services for the Indiana Department of Correction, receiving the 2022 "Public Servant of the Year" award from the Sheriff's Youth Ranch.

to have him as both taxpayers and nonprofit leaders."

Orme recently worked with Brazil Mayor Bryan Wyndham and Indiana Gov. Eric J. Holcomb to secure federal pass-through funds to equip the Youth Ranch with safe, reliable city water. Layton said Orme's next ISYR projects involve building four youth cabins and a nondenominational peace chapel.

"When completed, ISYR will offer overnight bunks to 100 youth and 20 chaperones, two commercial kitchens and two indoor training facilities," Layton said. "That will be in addition to three stocked lakes, 40-plus acres of managed, rolling woods and seemingly miles of trails with scattered outdoor classrooms and recreation areas."

Allen County Sheriff David Gladieux, **Bartholomew County Sheriff Matt** Myers, Boone County Sheriff Mike Nielsen, Cass County Sheriff Ed Schroder, Clark County Sheriff Jamey Noel, Clay County Sheriff Paul Harden, Grant County Sheriff Reggie Nevels, La Porte County Sheriff John Boyd, Monroe County Sheriff Brad Swain, Ripley County Sheriff Jeff Cumberworth, Vermillion County Sheriff Mike Phelps, Vigo County Sheriff John Plasse, Indiana auto dealer John Jones and UAW Local 933 President Gary Holmes joined Layton in honoring Orme.

As ISYR's 2022 Public Servant of the Year, Orme will be allowed to invite family, friends and co-workers to a free springtime cookout at the Sheriffs' Lodge and Conference Center, located on the Youth Ranch property.

For more information about ISYR, to volunteer or donate, call 317-460-4242, email ScottMinier@yahoo. com or write to ISYR, 5325 N. State Road 59, Brazil, IN 47834.

Content from the Sheriff's Youth Ranch's Dec. 15, 2022 News Release, submitted by the Indiana Department of Correction



## **2023 Wellness Rewards Program**

Start earning rewards >

In 2023, a new, simplified Wellness Rewards program is replacing the option to earn a health insurance premium discount for 2024. You can now complete qualifying wellness activities to earn up to \$500 in gift card rewards on a single plan—and \$1,000 if you cover your spouse.

Instead of waiting for a discount that you don't get until the following year, employees on the State Employee Health Plan can now pick from a list of 25 different activities and start earning gift card rewards right away. Those of you who earned the 2023 premium discount will keep your discounted rate this year and also have the opportunity to earn the maximum amount of gift card rewards.

#### Why the change?

Improving health outcomes for state employees is the number one goal of the State Employee Health Plan—and evidence-based medicine tells us that preventive care is the most effective way to do that.

Concerningly, coming out of the pandemic, only 37.6% of employees completed an annual physical in 2021, and many missed dental cleanings—both of which are critical to catching chronic and acute diseases early. These missed preventive care visits resulted in a high number of uncaught health conditions in 2022, and more employees are visiting the emergency room than ever before.

Our goal moving forward is that 100% of employees on the State Employee Health Plan complete a free annual physical with a primary care provider. That's why the new program incentivizes free preventive care activities such as annual physicals, dental cleanings, and relevant health screenings at a much higher rate. Notably, among 25 other rewardable options, you will receive \$200 in gift card rewards just for completing a free annual physical exam. In addition, the number of rewardable preventive care screenings has been expanded from two to eight. You can find the full list of rewardable activities on the next page.

To learn more about how the new program works and how to start earning gift cards right away, sign-up for and attend one of the Maximize Your Program webinars and earn your first \$15.

#### **Program Details**

Check out the Rewards Center in the ActiveHealth portal to see all rewardable activities. As you complete each activity, the Active Health Rewards Program tracker will show how much you have earned. Gift cards are available in \$50 increments up to the \$500 maximum.

When you use your state employee insurance to get a cancer screening, dental exam with cleaning, or vision exam, your provider files a claim with Anthem. Once Anthem processes that claim, Anthem lets ActiveHealth know what preventive care services you've completed. Your activity is automatically completed in the ActiveHealth Rewards Center. No paperwork or documentation required! You can expect to see your reward within four weeks of your completed service. Although uncommon, if you've waited more than four weeks from your preventive service and Anthem still hasn't processed the claim, check out the ActiveHealth Rewards Center to see how you can provide documentation to get your reward.

Remember that only services received in 2023 count towards the 2023 Wellness Rewards. If it's too soon for a screening, or if a screening is not right for you, check out the other reward options in the ActiveHealth Rewards Center. There are lots of options to earn your \$500 in rewards.

For employees that are on the state employee medical insurance, but have other vision and dental coverage, check out the ActiveHealth Rewards Center to see how to get credit for your dental and vision services paid by other insurance.



## **Wellness Rewards Program**Get Rewarded for What Matters

## Wellness Activity List | Earn up to \$500 in gift cards for completing wellness activities.

Activity	Dollars Available		
PREVENTIVE CARE			
Annual Physical	\$200		
Colon Cancer Screening	\$50		
Breast Cancer Screening	\$50		
Prostate Cancer Screening	\$50		
Cervical Cancer Screening	\$50		
Eye Exam	\$50		
Dental Exam & Cleaning	\$50		
Vaccines	\$25/vaccine (max. of \$100)		
ACTIVEHEALTH			
Health Assessment	\$25		
Individual Coaching	\$20/session (max. of \$100)		
Group Coaching	\$5/session (max. of \$25)		
Commit to Quit Tobacco Coaching	\$100		
Earn 3,000 Hearts (Reach Level 3)	\$10		
Physical Activity Tracking	\$10/50 days (max. of \$50)		
Team Challenges	\$10/challenge (max. of \$20)		
Wellness Learning Activities	\$5/event (max. of \$10)		
ANTHEM			
Anthem's Building Healthy Families Program	\$15/assessment (max. of \$45)		
Anthem's Total Health Total You Resources	\$10/session (max. of \$50)		
Participate in a Diabetes Prevention Program (DPP)	\$25/milestone (max. of \$100)		
BUILD YOUR KNOWLEDGE			
Maximize Your Program Webinar	\$15		
Learn with INPRS	\$10		
Explore Physical Therapy	\$5		
Invest In Your Health Website Scavenger Hunt	\$5		
Optum EAP Website Scavenger Hunt	\$5		

Full details on requirements for completing each activity are available in the ActiveHealth Rewards Center.









## Three FREE Wellness Programs to help you keep your new year's resolutions

Did you know that if you are covered on the State Employee Health Plan, you have access to a variety of FREE wellness programs, each designed to help you reach your personal health goals? Check out these three programs as you commit to sticking to your 2023 new year's resolutions. To learn more about programs included in your health plan, visit www.InvestInYourHealthIndiana.com.

#### **Diabetes Prevention** Program (DPP)

#### What is this program?

This **free** program helps you make small changes that can improve health and decrease risk of diabetes over time. You will receive a personal coach to focus on weight loss, healthy eating, exercise, sleep and stress management. The program includes a scale as well as other resources to help keep you motivated on your journey!

#### Why should I try the DPP?

Pre-diabetes often does not have many symptoms but can increase your risk of developing diabetes, heart disease and stroke. These conditions can impact you for life, so take advantage now and make a change!

#### How can I engage?

Use your Sydney App or Anthem. com to find the DPP program that is right for you. You can find LiveHealth Online DPP and Lark DPP within the programs section where you can click to engage today! This program is **FREE** for all on the health plan. You also can call your Anthem Health Guide to get started or learn more about the programs at 1-877-814-9709.

#### Total Health, Total You (THTY)

#### What is this program?

This **free** advocacy program is available to you for any medical, behavioral health and social system need. Health care professionals including, nurses, behavioral health specialists, physicians and dieticians are available to help you simplify and better understand your healthcare journey.

#### Why should I engage in THTY?

The healthcare world is big and can sometimes be complicated or even scary. THTY team can take away that concern by helping you navigate the system as well as manage any conditions or life events you may be experiencing. Ease your healthcare stress with THTY Advocates!

#### How can I engage?

Use your Sydney App or Anthem. com. You can find Total Health, Total You within the programs section where you can click to engage today! This program is FREE for all on the health plan. You also can call your Anthem Health Guide to get started or learn more about the programs 1-877-814-9709.

#### **Building Healthy Families** (BHF)

#### What is this program?

A new and improved family support program (formerly Future Moms) that offers a unique digital opportunity to connect with live health coaches, interact with health trackers, and receive personalized content 24/7. This program targets all members who are looking to expand their family, currently expecting or parenting today.

#### Why should I engage in BHF?

Every family grows in their own way, but it is not always as easy as some make it look! Take advantage of the experts available to you and lessen any stressors that you may be facing when it comes to beginning or raising a family. By taking advantage of these resources, you can ensure you will have the support you need no matter where life takes you.

#### How can I engage?

Use your Sydney App or Anthem. com to find the BHF program that is right for you. You can find Building Healthy Families within the programs section where you can click to engage today! This program is **FREE** for all on the health plan. You also can call your Anthem Health Guide to get started or learn more about the programs 1-877-814-9709.

## **Multi-Factor Authentication** (MFA) for PeopleSoft is coming to your agency soon

As of Tuesday, Dec. 13, 2022, certain agencies began using Multi-Factor Authentication (MFA) to log in to PeopleSoft HCM & Financials. Soon all agencies will be required to use MFA. You'll log in with your email address, your password to log in to your computer (if asked), and then you will use MFA to complete the sign-in. This is the same MFA you use today to log in to VPN or Office 365 applications, for example.

Why does this matter? IOT turned off MFA during the open enrollment process but is now turning it back on agency-by-agency. This extra verification step increases security for state employees and will enable the rollout of additional features in PeopleSoft 9.2.

The Auditor of State (AOS) and IOT were the first two agencies to use MFA. Following AOS and IOT, these agencies will be required to use MFA as well:

Jan 3rd - INDOT and DOR

Jan 10th - FSSA, DCS and DNR

Jan 17th - ISP and all other agencies not listed

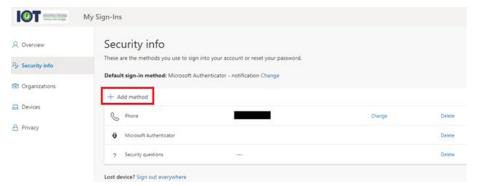
Jan 24th - DOC and DWD

All staff should login to PeopleSoft before the end of the pay period to ensure they can successfully sign in.

How do I know if I already have MFA set up? To verify, go to https:// on.in.gov/MFA and sign in with your existing credentials (username and password) that you use today.

#### Instructions to turn on MFA

- 1. Go to <a href="https://on.in.gov/MFA">https://on.in.gov/MFA</a> to begin your registration.
- 2. If asked, sign in with your network credentials.
- 3. Select 'Add method' see the red box.



#### 4. Choose from

- A. Authenticator app the most reliable of options and IOT recommended
- B. Phone call

## **PeopleSoft Travel and Expenses**

It is with much excitement that IDOA announces the statewide implementation of PeopleSoft Travel and Expenses (T&E) as the new standard for travel requests and traveler reimbursements.

Say goodbye to paper forms, manuals and outdated procedures, and say hello to modern technology! You'll find that T&E provides a state-of-the-art experience for the employee, along with electronic approval workflow and opportunities for travel management, oversight and detailed reporting.

IDOA has been working with your agency travel coordinators to roll out the program in four phases. We started in October with our first group of agencies. Each group takes six weeks to complete the process. As one group nears their go-live target, the next group is started. We are currently finishing the process with Group 3 and will begin with Group 4 after the holidays. The project is currently on schedule to be completed the end of February 2023.

The PS Travel and Expenses **Overview** presentation provides a look at the features, options, and benefits of T&E. You are also welcome to visit the T&E Implementation Project Webpage for more details and continuing updates concerning the rollout.

Please contact your agency's Travel Administrator with any questions about the new process or trainings.

## O'Neill School of Public and **Environmental Affairs at IUPUI** offering State of Indiana employees scholarship

The O'Neill School of Public and **Environmental Affairs at IUPUI** is a nationally ranked academic institution with a focus on governing, managing and leading. The O'Neill School is offering State of Indiana employees a \$1,000 scholarship for the first semester of the MPA or MSCJPS graduate programs. This is a one-time award that may be combined with other scholarships except for the O'Neill School Public and Environmental Affairs 50th Anniversary Alumni discount. To learn more about the program, please reach out to Angela DeCamp at the O'Neill School by email (amdecamp@iu.edu), by phone (317-274-8773), or by setting an appointment.

- See list of additional scholarships available to state employees.
- During application process, please let your student advisor know that you are a state employee to receive the \$1,000 scholarship.

List of MA programs/Certificates that O'Neill School of Public and **Environmental Affairs offers:** 

#### Master of Public Affairs, MPA (39 Credit Hours):

- Public Management
- Policy Analysis
- Urban and Regional Governance
- Nonprofit Management
- Innovation and Social Change
- · Environmental Policy and Sustainability
- Homeland Security and **Emergency Management**

Master of Science in Criminal **Justice and Public Safety MSCJPS** (36 Credit Hours)

#### **Graduate Certificates (15-18** credit hours):

- Analytics in Public Affairs
- Crime Analysis
- Environmental Policy and Sustainability
- Homeland Security and **Emergency Management**
- Nonprofit Management
- Policy Analysis
- Innovation and Social Change
- Public Finance
- Public Management
- · Urban and Regional Governance



O'Neill Indianapolis has a "rolling admission" which means the applications are always open, however there are deadlines for various semesters. Listed below:

#### **Priority deadlines:**

March 1: Deadline for all applicants pursuing merit-based financial aid

#### Fall admission

- March 1: Deadline for international applicants
- May 15: Deadline for domestic applicants

#### Spring admission

- Sep. 15: Deadline for international applicants
- Nov. 15: Deadline for domestic applicants

#### Summer admission

· March 15: Deadline for international and domestic applicants

## **BMV Connect Kiosks**

Did you know you can find a BMV Connect Kiosk in the **Indiana Government Center?** 

Complete over a dozen transactions at a BMV Connect Kiosk at Government Center North in the basement or on the 4th floor.

Click here for a complete list of kiosk transactions



## **Pre-Retirement Planning Seminar recording**

If you are serious about retiring from state employment but could not attend the recent Pre-Retirement Seminar on Dec. 8, 2022, sponsored by the Indiana State Personnel Department (INSPD), please find the recording below. This day-long workshop was designed to assist state employees with advance retirement planning by providing information useful in making informed decisions.



If you plan to retire in the next year, we recommend you watch the recording of this seminar to help plan ahead for various aspects of your retirement, such as:

- Indiana Public Retirement System (INPRS)
- Retirement Medical Benefits Account | Plan 501
- Legal Affairs
- Group Term Life and AD&D Insurance
- Insurance
- Long Term Care Program
- Hoosier Start

- RIPEA
- Social Security Administration (We weren't able to record their presentation because social security information can change between now and the time you retire. We want to make sure the content we make available online is the most accurate.)

Please know that you may not watch the recording of this seminar on state-time. To access the YouTube recording, please watch on a personal device.

Click here to watch the recording OR scan the QR Code to the right >

## **The Governor's Public Service Summer Internship Program is just around the corner!**

This internship program was created in 1989 to introduce bright and motivated college students to the operations and officials of state government. This program provides interns the opportunity to work with state agency officials, as well as participate in co-curricular components to enrich their experience.

Last summer, interns visited with Governor Holcomb, Lt. Governor Crouch, Auditor of State Tera Klutz, among others. They also volunteered at White River State Park and visited the Indiana State Museum.

The program kicks off in May and positions are posted at workforindiana.in.gov. Search "internships" to view the openings.







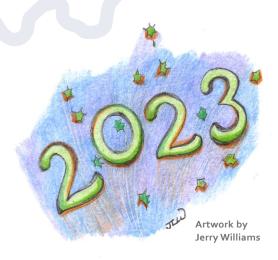
## **Indiana Statehood Day Trivia answers!**

DId you know all the Indiana Statehood Day trivia facts from last month's Torch? Check out the answers below!

- 1. Where was the original state capital?
  - A. Corydon, IN
- 2. What actor, born in Indianapolis, IN, has had a number of roles, including in "The Mummy" trilogy and "George of the Jungle"?
  - A. Brendan Fraser
- 3. Who was Indiana's first state governor?
  - A. Jonathan Jennings
- 4. In what city, on May 4, 1871, was the first professional game of baseball held? A. Fort Wayne, IN
- 5. 90% of the world's \_\_\_\_\_ comes from Indiana.
  - A. Popcorn
- 6. What theme park, originally known as Santa Claus Land, was the first true theme park in America, opening in 1946?
  - A. Holiday World
- 7. Which criminal is buried in Crown Hill Cemetery in Indianapolis, IN? A. John Dillinger
- 8. In which venue of Indiana did Elvis Presley perform his last concert, in 1977?
  - A. Market Square Arena
- 9. What doll was created in Indiana in 1914?
  - A. Raggedy Ann
- 10. Which was the first permanent European settlement in Indiana?
  - A. Vincennes, IN

## How did you do?

Thanks to everyone who participated!







#### Jan. 7, 2023

#### FUR-real! | Chain O'Lakes State Park

Join us at the warm historic Stanley Schoolhouse as we learn more about our native Indiana mammals, and how they are staying warm this winter. Feel the furs and learn more about how they help each animal survive. More Information >

#### Jan. 8, 2023

#### Animal Footprint Field Guide | **Potato Creek State Park**

Create your own animal tracks field guide to help you track animals in the snow or mud. This program is great for all ages.

More Information >

#### Jan. 11, 2023

#### Winter Exploration Hike | **Paynetown State Recreation Area**

Our Winter Exploration Hike Series features off-trail hiking through lesser-known areas of Monroe Lake. These are exploratory in nature so there is no "set" path; we'll have a general route in mind, but plenty of freedom to veer off as things of interest catch our eyes. Hikers should be prepared for the possibility of rugged terrain, lack of formal toilet facilities and lots of fun!

More Information >

#### Jan. 12, 2023

Winter Workshop: Cookies and **Canvas | Spring Mill State Park** Join the naturalist at the Nature Center for a fun and relaxing evening of painting, while enjoying desserts, fruit and more at our

chocolate bar. Water, tea and coffee available. \$30 per person. 13 years and older. Limited to 20 people. Advanced registration required. January's painting is of our beautiful night sky. Learn how to identify the North Star and a few other constellations. Hear some Greek Mythology around these constellations.

More Information >

#### Jan. 14, 2023

#### Sunrise Eagle Watch | Mississinewa Lake

Watch the eagles leave the roost in morning's light. "Breakfast with the Birds" at 9 a.m. following the eagles watch. Salamonie Raptor Center's birds of prey will be onsite.

More Information >

#### Cave River Valley Hike | Spring Mill State Park

Join Sheree for a 2-hour rugged hike at this beautiful and primitive natural area. The history and natural resources are amazing! Meet Sheree at Donaldson parking lot and carpool 15 miles to this off-site property. No restrooms on site. Waterproof hiking boots recommended. Creek crossing involved.

More Information >

#### STEM Saturdays: Bird Nest **Building | Potato Creek State Park**

Come explore the wonders of how birds build unique nests to raise their young in. Put your skills to the test and see if you can craft a nest at the Nature Center.

More Information >

#### Jan. 18, 2023

#### Preschool Discovery Hike | Spring Mill State Park

Every season has colors, textures, and sounds in nature. Take a short hike with the naturalist to discover our natural world. Afterward, use a natural item you found to make a natural craft at the Nature Center. Geared toward preschool age, but all ages welcome.

More Information >

#### Jan. 21, 2023

#### Geology of the Falls | Falls of the **Ohio State Park**

Geology of the Falls offers an overview of the geological setting and its connection within the region. It touches on paleontology, such as the geological history from the Devonian to the present.

More Information >

#### **Candlelit Walk | Pokagon State** Park

Enjoy the wintry landscapes of Pokagon State Park on a selfguided, candlelit walk. Begin at the Nature Center anytime between 7 and 8 p.m. to follow the 1-mile trail. At the end of the walk, enjoy a warm bonfire and hot cocoa provided by Friends of Pokagon.

More Information >

View all DNR special events >

# his Worth



Jan. 13, 2023

Candlelight Tours | Levi & **Catharine Coffin State Historic Site** 

Experience the Levi and Catharine Coffin home by candlelight and hear stories highlighting the experiences of freedom-seekers who chose to risk everything to escape slavery. Explore why wintertime was a common season for escapes with longer nights providing a chance to travel farther in a day and less chance of being detected. Learn why some freedom-seekers chose to stay in Fountain City before moving further north, and find out how free Blacks were just as instrumental to the Underground Railroad as white conductors.

More Information >

Jan. 14, 2023

#### Life in an Early Indiana Home -Children's Tour | Levi & Catharine **Coffin State Historic Site**

Discover what life was like in the early 1800s for the Coffin family children. Compare the chores you do today with the chores they did (without electricity!), find out how school was different then versus now, and learn fun tidbits! More Information >

#### 1920's Tech Special Tour | T.C. **Steele State Historic Site**

The Steeles brought the best technologies the 20th century had to offer when they moved to Brown County in 1907. They equipped the House of the Singing Winds with a Victrola, a player piano and factory-made furniture.

Their home eventually became one of the first homes in the county with electric lights, a refrigerator, a kerosene stove and a generator! Plus. Selma Steele was one of the first owners and drivers of a Ford Model-T! Learn more about these technologies and "modern" improvements the Steeles made to their home.

More Information >

#### Young Explorers: The Human Body | Indiana State Museum

Why do you need to blink? How does food get digested in your stomach? Discover the answer to these questions about how your body works and more. In this 90-minute drop-off class, we encourage independence, creativity and exploration in an environment that fosters curiosity and imagination.

More Information >

Jan. 16, 2023

Martin Luther King Jr. Day Program: "Still Rise" Film Viewing | Levi & Catharine Coffin State **Historic Site** 

Explore African American history in the last 50 years through Henry Louis Gates' four-hour series. "Black America Since MLK: And Still I Rise." Joined by leading scholars, celebrities and a dynamic cast of people who shaped these years, Gates examines the victories of the Civil Rights Movement up to today, asking profound questions about the state of Black America - and our nation as a whole.

More Information >

Jan. 21, 2023

The Hygge Gathering at **Culbertson Mansion | Culbertson Mansion State Historic Site** 

Shake off the winter chill and experience a warm evening of community at this unique Hygge Tea. Learn all about Hygge – the Danish concept of taking time away from the daily rush to relax and enjoy the small things in life - and find out how to build connection and coziness in your everyday life.

More Information >

Jan. 28, 2023

#### **Quilting Blocks & Binding Threads** | Levi & Catharine Coffin State **Historic Site**

Quilts and coverlets provided more than just warmth and comfort during the winter months for 19thcentury families like the Coffins. Both were also an expression of creativity and provided social opportunities. Take a special walk through the Coffin House to discover the art and history of quilts and coverlets, then join in a discussion about their history after the tour.

More Information >

**View all Indiana State Museum and Historic** Sites events >

## 2023 On-site Vaccine Clinics

Available vaccines: COVID-19, Flu, Hep A & B, HPV, MMR, Meningitis, Pneumonia, Chickenpox, Shingles.

Who: Available to state employees and dependents, 6 months of age and older, covered by state employee insurance. Contractors working for the state can also be vaccinated at these clinics if they use their own insurance.

Register using the QR code below and select the clinic you wish to attend. Bring your employee badge and insurance ID card. As part of the wellness rewards program, eligible employees can earn \$25 per vaccine, up to \$100. Full details can be found in the ActiveHealth Rewards Center: myactivehealth.com/stateofindiana.

**Dates:** Jan. 19, April 20, July 20, Oct. 19

Time: 8 a.m. to 3 p.m.

Where: IGC-South, Conference Room A

## **Register Today**

Register on your smartphone or computer at: https://patients.vaxcare.com/registration

**Enrollment Code: IN97832** Select the clinic you wish to attend.

Be sure to bring your employee badge and insurance ID card.





