

To: State Board of Education

From: Christy Berger, Director Social Emotional Behavioral Wellness
Robin LeClaire, Chief Academic Officer

Date: January 6, 2020

Subject: Social Emotional Behavioral Wellness (SEBW) Update

The purpose of this memo is to provide an update to the State Board of Education on the work of the Indiana Department of Education (IDOE) in the area of Social, Emotional, Behavioral Wellness. Work and milestones completed in 2019 have been highlighted, and those to be completed in 2020 have been included as part of this comprehensive update. It is important to note that much of this work has been in collaboration with various state agencies and multiple state and national collaboratives.

These projects have contributed to the health and welfare of students, staff, and the entire K-12 school community in the state of Indiana. They are a direct result of IDOE's vision and ESSA's framework for educating the whole child.

Milestones for 2019:

- SEBW team has provided over 65 trainings to educators on SEL competencies from April 2019- December 2019.
- Provided 11 regional Multi-tiered systems of support (MTSS) trainings for schools,
- Currently piloting implementation of MTSS with six districts (Perry Township, Indianapolis Public Schools, Lakeland Community Schools, Crown Point Schools, Garrett Keyser Butler, and Huntington Schools).
- Employability standards are crosswalked with SEL competencies to help with implementation.
- Co-sponsored the first Whole Child Summit 2019 with over 500 educators in attendance.
- Co-hosted eight regional screenings of the documentary Resilience.
- Brought Dr. Anda (one of the co-authors of ACE study) to Pike to share about ACEs.
 - over 1500 people were in attendance
- Creation and release of The Science of Happiness Course.
 - Currently 2,376 educators enrolled

- Creation of toolkit for Chronic Absenteeism
- Expulsion examiner training presented in 3 regional locations to 150+ educators to ensure fairness, consistency, and equity in Indiana regarding due process and expulsion.
- Published Model Positive Discipline Plan which has recently been adopted by CISC and the cultural competency sub committee.
- Completion of Year 1 Project AWARE grant.
- The table below shows the impact of the work conducted by IDOE/DMHA and local LEAs between October 2019 and September 2020 in partnership with The Pacific Institute for Research and Evaluation.

Project AWARE Data Summary	Year 1 Data	Year 1 Goals	Year 2 Goals
The number of individuals who have received training in prevention or mental health promotion.	1361	200	1450
The number of people in mental health and related workforce trained in mental health-related practices/ activities that are consistent with the goals of the grant.	529	50	500
The number of state and local policy changes completed as a result of the grant.	5	10	10
The number of organizations that entered into formal written inter/ intra-organizational agreements to improve mental health-related practices/activities consistent with the goals of the grant	32	4	30

- Hired prevention specialist (October 2019) to support schools with prevention effort such as bullying, suicide, vaping, substance use and child abuse.
 - Three regional vaping training for educators, parents, and communities.

- Provided grant opportunity for two districts to start a Youth Assistance Program (YAP)
 - With Title and Grants team applied for additional funding from CJI for three additional YAP grants.
- Indiana was chosen as one of the National Center on School Mental Health's (NCSMH) National Quality Initiative Collaborative Improvement and Innovation Network (CoIIN) members
- Four IDOE staff members were ACE Interfaced trained (by Dr. Anda)
- Creation of Mental Health Resource map and general community resources posted to website

If you have any additional questions please contact Christy Berger.

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CC: [Send copies to anyone affected by the memo.]