

Indiana Commission to Combat Drug Abuse

February 9, 2018

Minutes

The Indiana Commission to Combat Drug Abuse met on February 9, 2018 at 10:00 A.M., EST at Indiana State Government Center South Building, Conference Room B

Present: Chairman Jim McClelland; Dr. Kristina Box; Superintendent Doug Carter; Commissioner Rob Carter; General Counsel Mike Minglin (Representing IPLA); Deputy General Counsel Sharon Jackson; Deputy Director Bernice Corley (representing IPDC); State Senator Jim Merritt; Deputy Director Devon McDonald (Representing ICJI; Mr. Chris Naylor (Representing IPAC); Mr. Aaron Negangard (Representing the Attorney General); Director Terry Stigdon; State Representative Mara Candelaria Reardon; Director Jacob Sipe; Director Kevin Moore (Representing FSSA); State Representative Cincy Ziemke

Call to Order

Jim McClelland, Chairman

Chairman McClelland called the meeting to order at 10:00 a.m. He noted there were proxies in attendance with a lack of quorum and there would be no votes. He asked for any revisions to November minutes to be incorporated and voted on at the next meeting.

Chairman Remarks

Jim McClelland, Chairman

Chairman McClelland noted the Richard M. Fairbanks Foundation recently announced a \$12 million grant to help Marion County schools identify, implement and sustain proven substance use prevention programs for young people.

He said that Clark County saw a 33% decrease in drug poisoning deaths in 2017, attributed to an increased use of Naloxone, community education and broad-based efforts of Clark County Cares, a three year old community-based coalition.

He then shared an anecdote received by ISDH through the Allen County Department of Health about a young woman who participated in a syringe service program. A treatment provider, Clean Slate, was there to provide information on treatment administered Suboxone within 48 hours. She returned to the syringe service program the next week to turn in all her needles, and said she didn't need them anymore.

McClelland also provided an update on treatment at Life Spring in Austin, located near the syringe service program in that community. The number of people in treatment there has steadily increased over the past two years and now stands at 117 people actively engaged in treatment.

Finally, McClelland said that Brandon George, who spoke at August meeting, recently shared that he celebrated his nine year sobriety anniversary.

The Face of Recovery

Ryan Meyer

Mr. Myer described his shock when he discovered that his brother, who lived with him, was on heroin, then he shared his personal story of addiction that began over two years ago. He said a family member convinced him to seek treatment at a methadone clinic, where the group

environment helped him receive education about drugs and recovery. While he relapsed several times, he eventually found a structured environment away from the bad connections. He has been on Medication Assisted Treatment, steadily reducing dosage. Elliott shared that he is now working on a documentary to share his passion for helping people facing the same struggles he has encountered.

ICJI Report

Sonya Carrico, Indiana Criminal Justice Institute

ICJI Substance Abuse Services Division Director Sonya Carrico said that they now have a new staffer working on community-level engagement. She shared that LCCs expended \$3.1 million in drug free funds in 2017, funding or supporting 75 evidence-based treatment and prevention programs across Indiana. ICJI has been reviewing comprehensive community plans, identifying areas of improvement and creating goals and benchmarks and will be taking plans to local communities next week to increase positive outcomes. ICJI has approved \$841,000 in grants in 2017, supporting 31 evidence-based programs and has placed an emphasis on evidence-based programs. They are also distributing tablets to law enforcement officers to help them identify impaired driving to increase accuracy of reporting. Carrico indicated that 230 police agencies across the state will be conducting sobriety checkpoints, INDOT will be rolling out impaired driving radio ads, and ICJI worked with Cascade High School to produce PSAs.

Updates on Treatment, Cures Act Funding, Humanizing Campaign & 1115 Waiver

Kevin Moore, Director, Division of Mental Health & Addiction, FSSA

Chairman McClelland noted an update on the progress of the INSPECT integration and summary of prescription opioid efforts by the State Department of Health's Division of Trauma and Injury Prevention and introduced Mr. Moore.

Mr. Moore shared information regarding treatment continuum for substance use disorder, self-help groups, Medication Assisted Treatment and recovery residences. He said that DMHA is working to certify health insurance and expand levels of treatment. He said that as of the end of December, they have 200 outpatient providers, 18 opioid treatment programs, and 50 residential treatment programs. The new SUD waiver approved at the federal level will increase the number of treatment facilities. There are currently 251 active addiction providers in state, with five new opioid treatment programs coming online by June 30.

He then provided a RecoveryWorks update. He said they are helping connect felons with treatment and have served over 14,000 people in the past year, many with SUD.

Moore said that through the 21st Century Cures grant funding, residential treatment beds have increased by 26% over the past year to over 1,000 across the state. FSSA has implemented the ECHO project, in partnership with IU, is providing emergency room peer recovery coaches, and will add 65 over the next year. They are supporting PLA's efforts to integrate INSPECT into electronic health records in physicians' offices across the state. He said the funding has also helped them to create two mobile addictions teams, covering 14 counties, to provide a range of addiction services and respond in a crisis, as well as connect individuals with local resources. He shared that they are assisting with Naloxone distribution, distributing 8,500 kits over the past year to State Police, Department of Natural Resources and local health departments. FSSA is

utilizing Cures Act funding to provide workforce training to addiction treatment workers and supporting local recovery-oriented systems of care.

The anti-stigma campaign, “Know the O Facts,” is utilizing Cures dollars and creating awareness through materials and billboards in areas of the state where opioid treatment programs exist or are opening. The “Know the O Facts” campaign delivers the message that addiction is a disease, there is treatment, and recovery is possible. The Know the O Facts website is linked to the Next Level Recovery site.

Moore said that that Indiana received \$10.9 million in Cures Act funding this year, and expected \$10.9 million next year as well. The new HIP waiver from federal Medicaid is bringing up to \$80 million more to Medicaid. The waiver also lifts restraints on Medicaid payment for addiction-related treatment, while extending residential in-patient treatment to people on Medicaid after a clinical assessment, and opening Medicaid funding for larger providers with more than 16 beds.

He discussed legislation potentially impacting physicians who prescribe Medication Assisted Treatment, said FSSA is working on recovery residences, and has created a geo-mapped list of addiction providers, now available on the Next Level Recovery website. A 211/Open Beds partnership will be launching in March, connecting more people to care. Finally, he said they are working with DWD and OCRA on an initiatives with employers to increase support of employees in recovery.

Perspective

**Carl Ellison, President,
Indiana Minority Health Coalition**

Mr. Ellison shared that IMHC exists to eliminate healthcare disparities and operates primarily at the local level, with 21 local minority health coalitions and partners. IMHC serves as a policy resource at the local, state and federal levels and they are working to facilitate relationships and cross-sector communication. He advocated for ensuring that the tools are utilized equitably and consider the voice of minority citizens. He said more comprehensive communication and outreach to minority communities is helpful, so they can realize who is affected and effectively advocate for more resources. In closing, he shared that IMHC is hosting a town hall in the coming week with WFYI to address the minority perspective on the opioid epidemic with an expert panel to engage more minorities; following that, more town halls will be planned for around the state.

Indiana University Grand Challenge

**Dr. Robin Newhouse, Dean
Indiana University School of Nursing**

Dr. Newhouse said that last year, at President McRobbie’s request, IU generated a report identifying five specific areas where they can partner with the state to have a profound impact, and invested \$50 million toward this goal.

The Grand Challenge program’s three main goals are:

- 1.) Reducing the incidence of SUDs

- 2.) Decreasing opioid deaths
- 3.) Decreasing the number of babies born with NAS

She said that IU is partnering with clinical, non-clinical, education, and local governments, and The Grand Challenge is working on five focus areas:

- 1.) Data Sciences and Analysis: establishing a comprehensive Indiana common database.
- 2.) Education, Training and Certification: implementing common, comprehensive curriculum to train clinicians, teachers, etc.
- 3.) Policy Analysis, Economics and Law: policy groups are meeting to determine the best policy solutions to deliver the outcomes needed.
- 4.) Basic, Applied and Translational Research: working to create better treatments for mothers and fathers with SUD and decrease NAS.
- 5.) Community and Workforce Development: partnerships and broad community engagement are necessary, and the community advisors provide valuable input in solving the crisis.

Newhouse shared that IU has selected the first group of shovel-ready projects from over 70 proposals submitted and that the additional resources will allow the recipient organizations to have a greater impact. Finally, she said that scientific leadership teams will be aligned with each of the five priorities and will provide progress reports.

Announcement

**Kevin Brinegar, President, Indiana Chamber
Jennifer Pferrer, Executive Director,
Wellness Council of Indiana**

Mr. Brinegar said that Governor Holcomb asked the Indiana Chamber to be a business partner in the drug effort, as a conduit for business communication, education and training. He said they will be committing resources to that effort. The impact of the epidemic is compounded by low unemployment, as employers struggle to find employees. He said the chamber will encourage strong employer support of employees in recovery from SUD and that the chamber is partnered with its subsidiary, Wellness Council of Indiana. WCI's board of advisors has been looking for ways to make a difference; they provide education, training, information to employers. He then introduced Jennifer Pferrer, Executive Director for the Wellness Council of Indiana.

Ms. Pferrer said she will be working with Mr. Moore at DMHA on workplace education and informing the business community of facts related to the epidemic. WCI will encourage employers to provide adequate, comprehensive insurance that covers treatment for those in recovery. They support expanding drug testing to include prescription drugs, effective employee assistance and wellness programs that promote health and prevent injury. Finally, she shared that WCI is working to promote training for managers and supervisors to assist them in recognizing and responding to substance abuse and connect employees with SUD to appropriate care, with a focus on recovery and return to the workplace.

Meeting adjourned at 11:19 a.m.

Next meeting May 3, 2018 at 10:00 a.m.