<table>
<thead>
<tr>
<th>Product</th>
<th>Nicotine Patch</th>
<th>Nicotine Gum</th>
<th>Nicotine Lozenge</th>
<th>Nicotine Nasal Spray</th>
<th>Nicotine Oral Inhaler</th>
<th>Bupropion SR Tablet</th>
<th>Varenicline Tablet</th>
</tr>
</thead>
<tbody>
<tr>
<td>BRAND NAMES</td>
<td>NicoDerm CQ® generic</td>
<td>Nicorette® generic</td>
<td>Commit® generic</td>
<td>Nicotrol®NS</td>
<td>Nicotrol® Inhaler</td>
<td>Zyban® generic</td>
<td>Chantix®</td>
</tr>
<tr>
<td>AVAILABILITY</td>
<td>OTC &amp; Rx</td>
<td>OTC</td>
<td>OTC</td>
<td>Rx</td>
<td>Rx</td>
<td>Rx</td>
<td>Rx</td>
</tr>
<tr>
<td>PRODUCT STRENGTHS</td>
<td>21 mg</td>
<td>2 mg (&lt;25 cigarettes/day)</td>
<td>2 mg (1st cigarette &gt; 30 mins after waking)</td>
<td>10 mg/ml</td>
<td>10 mg/cartridge (delivers 4 mg/cartridge)</td>
<td>150 mg</td>
<td>0.5 mg and 1 mg</td>
</tr>
<tr>
<td>INITIAL DOSING</td>
<td>1 patch/24 hours</td>
<td>1 piece/1 or 2 hours</td>
<td>1 lozenge/1 or 2 hours</td>
<td>1-2 doses/hour (1 dose = 2 sprays or 1 per nostril)</td>
<td>6-16 cartridges/day</td>
<td>150 mg once daily (days 1-3); then 150 mg twice daily</td>
<td>0.5 mg once daily (days 1-3); 0.5 mg twice daily (days 4-7); then 1 mg twice daily</td>
</tr>
<tr>
<td>MAXIMUM DOSING</td>
<td>same as above</td>
<td>24 pieces/24 hours</td>
<td>5 lozenges/6 hours or 20 lozenges/day</td>
<td>5 doses/hour or 40 doses/day</td>
<td>16 cartridges/day</td>
<td>150 mg twice daily</td>
<td>1 mg twice daily</td>
</tr>
<tr>
<td>TIME TO PEAK PLASMA LEVEL</td>
<td>5-10 hours</td>
<td>20-30 minutes</td>
<td>20-30 minutes</td>
<td>5-7 minutes</td>
<td>15 minutes</td>
<td>3-15 minutes</td>
<td>3-4 hours</td>
</tr>
</tbody>
</table>

**ADVERSE REACTIONS**

- Local skin reaction (Rotate and use steroid cream or try a different brand), headache, sleep disturbances (insomnia, abnormal/vivid dreams)
- Mouth soreness, hiccup, dyspepsia, mild, transient jaw ache (Correct technique)
- Headaches, insomnia, nausea if swallowed or chewed (Correct technique)
- Local transient irritation in nose, throat and eyes (Typically resolved through regular use), dyspepsia
- Dry mouth, insomnia (Avoid use at bedtime), shakiness, skin rash, constipation, seizure risk is 1/1,000 (Instructions for Use 0.1%)
- Nausea, headache, insomnia, constipation, abnormal dreams, neuropsychiatric symptoms (See Precautions, below)

**PRECAUTIONS, CONTRAINDICATIONS AND WARNINGS**

- Pregnancy and breastfeeding, 2-week post myocardial infarction, serious underlying arrhythmia, serious or worsening angina pectoris
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- Severe disorder, current use of Wellbutrin/Buproprion, current or prior bulimia or anorexia nervosa, current or recent use of MAO inhibitors
- See below for FDA warning**
- See below for FDA warning**

**DAILY COST***

| $1.90-$3.89 | $2.16-$4.68 | $3.24-$4.95 | $3.92 | $7.20 | $3.62-$7.78 | $4.70-$4.96 |
| (1 patch) | (9 pieces) | (9 pieces) | (8 doses) | (6 cartridges) | (2 tablets) | (2 tablets) |

**INSTRUCTIONS FOR USE**

- Stop all tobacco use prior to treatment. Apply 1 patch to healthy, clean, dry, hairless skin such as upper arm or hip. Remove and replace daily. Rotate patch site.
- Stop all tobacco use prior to treatment. Chew gum slowly until you notice a peppery taste and a slight tingle. Then park between your cheek and gum. When taste and tingle fade, bite until it starts working again, then park in another part at your mouth. Continue for 30 minutes.
- Stop all tobacco use prior to treatment. Allow lozenges to dissolve slowly over 20-30 minutes without chewing or swallowing. Occasionally, move the lozenge from one side of your mouth to the other.
- Start all tobacco use prior to treatment. Blow nose if it is not clear. If head back slightly, insert tip of bottle until nostril. Breathe through mouth. Spray once in each nostril. Do not sniff or inhale while spraying. If nose runs, gently rotate site. If nose runs, gently rotate site. If nose runs, gently rotate site.
- Stop all tobacco use prior to treatment. Pull off the top of the mouthpiece and insert cartridge until seal breaks. Replace top. Align marks to close. Inhale a short breath to the back of mouth or puff in short bursts. Do not inhale into lungs. The nicotine in a cartridge lasts for about 30 minutes of active puffing.
- Start using bupropion one to two weeks before quitting tobacco use. Take 1 tablet orally (150 mg) each morning for 3 days, then 1 tablet (150 mg) twice daily. Allow at least 8 hours between doses.

*Inclusion of this adult dosage chart is strictly for the convenience of the prescribing provider. Please consult the Physicians’ Desk Reference or the product manufacturer for complete product information and contraindications.

**Assess prior to prescribing and observe patients on Chantix for “serious” neuropsychiatric symptoms, including changes in behavior, agitation, depressed mood, suicidal ideation and suicidal behavior.

**The price ranges are based upon generic and brand availability. The nasal spray, inhaler and Chantix are not yet available in generic form.