

# Indiana State Board of Psychology

July 2012 Edition



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## **2012 Meeting Dates/locations:**

- ❖ September 14
- ❖ November 9

All meetings are held in Conference Room W064 of the Indiana Professional Licensing Agency. 402 W. Washington Street, Indiana Government Center South, Indianapolis, IN 46204.

## **ASPPB News:**

The Association of State and Provincial Psychology Boards (ASPPB) is proud to announce the completion of its *Guidelines for Continuing Professional Development*. A link to these guidelines can be found on the ASPPB website home page or directly at <http://www.asppb.net/files/public/ASPPB%20Guidelines%20for%20Continuing%20Professional%20Development%20012.pdf>

Please note: these guidelines replace the previous *ASPPB Continuing Education Guidelines*.

## **IPA Corner:**

*As a member of the Indiana Psychological Association (IPA) you have probably heard our motto many times - "Promoting Psychology, Supporting Psychologists". There are many different ways that IPA goes about Supporting Psychologists. I wanted to inform you of just one current example to illustrate how IPA benefits its members.*

IPA recently joined with the American Psychological Association Practice Organization (APAPO) and nine other state psychological associations (Colorado, Florida, Georgia, Minnesota, Ohio, South Carolina, Tennessee, Texas and Utah) to advocate on behalf of the over 7,000 psychologists in those states.

On July 6, the APAPO and ten state psychological associations sent a letter to the federal agencies that regulate healthcare parity, the Departments of Health and Human Services, Labor and Treasury. The letter asserts that rate cuts over the last few months by Humana and its behavioral health subsidiary LifeSynch violate the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA).

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The letter responds to Humana's announcement that it will reduce rates for psychologists in those states to \$56 to \$58 for 45-50 minutes of psychotherapy under code 90806. The letter argues that "Humana's deep cuts targeting mental health reimbursement rates violate the non-quantitative treatment limitation (NQTL) provisions of the Interim Final Rule (IFR) under MHPAEA."

The NQTL provisions require that standards for provider admission to participate in a network, including reimbursement rates must be comparable to those standards for medical and surgical services. Absent evidence that Humana is imposing similar cuts to medical/surgical rates or that those rates are as far below the rest of the market, the letter argues that this is a clear parity violation.

The letter asserts, "Humana now has a commanding lead in the nationwide 'race to the bottom' in mental health reimbursement rates, a race started last summer by BCBS of Florida." It continues with data from those cuts which illustrate the impact on patient access to care, and concludes with a pledge to continuing dialogue with the federal agencies to ensure that the intent of parity legislation is carried out.

To read the full letter, [click here for a PDF copy](#), or email [office.ipa@gmail.com](mailto:office.ipa@gmail.com)

*Past efforts by APAPO in similar cases resulted in agency investigations, and you can expect to hear more about this and related cases from APAPO. IPA will also provide you with further information as soon as we are able to do so.*

Kathleen M. Vogler, PhD, HSPP  
President  
Indiana Psychological Association

## **Helpful Links:**

Indiana Psychological Association:  
[www.indianapsychology.org](http://www.indianapsychology.org)

ASPPB: [www.asppb.org](http://www.asppb.org)

National Register: [www.nationalregister.org](http://www.nationalregister.org)

## **What's happening in your profession?**

- The next renewal for psychologists is **August 31, 2012**. Online renewal is quick and easy. [Click here](#) to renew online.
- HSPP endorsed psychologists may retire their HSPP upon written notification to the board. Retirement of the HSPP eliminates the CE requirement. Licensed psychologists who do not hold the HSPP may only practice under the supervision of an HSPP psychologist.

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