# IHCP bulletin

INDIANA HEALTH COVERAGE PROGRAMS

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## Guidance regarding CPR/first aid requirements clarified for HCBS waiver direct service staff

The Indiana Family and Social Services Administration (FSSA), in alignment with the Indiana Department of Health (IDOH), would like to clarify requirements for cardiopulmonary resuscitation (CPR)/first aid for direct service Home- and Community-Based Services (HCBS) waiver providers.

The FSSA requires direct service staff to receive training in first aid and CPR, which includes topics such as emergency precautions and injury and medical emergencies. The FSSA also requires direct service staff to have



demonstrated competency in CPR through CPR certification from an approved entity, such as the American Heart Association or the American Red Cross. The certification should be updated in accordance with these entities.

To certify as a provider of direct services for the HCBS waivers, providers must meet the following requirements:

- CPR/first aid training and certification is required for all direct service staff upon hire, prior to face-to-face interaction with clients. The CPR certification and first aid training are to be stored in the employee's personnel file.
- The provider's personnel policy will include that the agency will require updated training and certification in accordance with an approved entity.
- The provider's personnel policy will include that all direct service staff will be required to have CPR certification and first aid training current and documented in the employee's personnel file.

The FSSA expects direct service staff – direct support professionals (DSPs) and patient care aids (PCAs) – to be trained in CPR/first aid and to administer it, if needed. The IDOH does not regulate direct service staff in HCBS waivers; however, in alignment with IDOH oversight in the state licensed residential care facilities (licensed assisted living), home health agencies and personal service agencies, the FSSA expects CPR/first aid to be provided if needed.

Additional guidance regarding advanced directives will be forthcoming from the Division of Disability and Rehabilitative Services (DDRS) in a companion publication.

#### **QUESTIONS?**

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