

FSSA and Managed Care Collaboration



Indiana Pregnancy Promise Program

2024 IHCP Roadshow

Key Points to Cover



About the Program

Program Goals

Criteria for Participation

How to Refer

Program Components

2nd Annual Report

Success Stories

About the Program

- 5-year grant awarded to the Indiana Family and Social Services Administration (FSSA)
- Indiana was one of 10 states that was awarded this grant
- Four participating MCEs
- Indiana Infant Mortality Rate - one of the 7 worst in the country.*

* Johnson, S. R. (2023, November 1). *10 states with the highest fetal mortality rates | healthiest ... usnews.com*. <https://www.usnews.com/news/health-news/slideshows/10-states-with-the-highest-fetal-mortality-rate>



Indiana Pregnancy Promise Program

Promoting Recovery from Opioid use:
Maternal Infant Support and Engagement

What is the Indiana Pregnancy Promise Program?

The Indiana Pregnancy Promise Program is a free, voluntary program for pregnant Medicaid members who use opioids or have used opioids in the past. The goals of the Pregnancy Promise Program are for participants to:

- Enter prenatal care
- Access opioid treatment needed to achieve sustained recovery
- Receive ongoing support and follow-up care for the mother and infant during and after pregnancy
- Provide hope and set a strong foundation for the future

Why is the Indiana Pregnancy Promise Program important?

- Opioid use disorder during pregnancy is increasing in Indiana and nationwide
- Treatment of opioid use disorder during pregnancy has a high rate of success
- Treating opioid use during pregnancy reduces the risks of harmful effects to mothers and infants

Who can participate?

The Pregnancy Promise Program is available to pregnant individuals in the state of Indiana. To be eligible, participants must meet the following criteria:

- Pregnant or within 90 days of the end of pregnancy
- Identify as having current or previous opioid use
- Be eligible for or receive Medicaid health coverage

What are the Pregnancy Promise Program benefits?

Connection: Participants in the Pregnancy Promise Program will be matched with a case manager. Case managers will offer confidential support during enrollment to be sure parents and infants receive the care and resources they need during and after pregnancy to be healthy and well.

Coordination: Pregnancy Promise Program case managers will work with participants and their team of doctors and providers to coordinate care and identify community resources for families.

Prevention: By connecting pregnant individuals with health care and treatment as early as possible, the Pregnancy Promise Program aims to reduce and prevent the negative impacts of opioid use to the parent and child.



To make a referral for yourself or someone you know, visit www.PregnancyPromise.in.gov, email PregnancyPromise@fssa.in.gov, call 317-234-5336 or call toll-free 888-467-2717.



Indiana Family &
Social Services
Administration

www.PregnancyPromise.in.gov
Toll-Free 888-467-2717 | 317-234-5336
PregnancyPromise@fssa.in.gov

Program Goals



Engaging mothers in prenatal care, continuous OUD treatment both Medication for Opioid Use Disorder and behavioral health care during pregnancy through 12 months postpartum and addressing health-related social needs of the family to achieve sustained recovery.

Four main components to better serve the population and drive positive outcomes for parents and infants.

Implement enhanced case management and care coordination practices for parent and infants.

Screen for health-related social needs of the family; address social determinants of health.

Ensure pregnant individuals receive Medicaid coverage through 12 months after the end of pregnancy (Indiana HB 1140).

Increase workforce capacity to care for the population by providing statewide training and professional development opportunities for the multidisciplinary workforce.

- ▶ Improve outreach to mothers from minority populations
- ▶ Emphasize postpartum follow-up care and access to long-acting reversible contraceptives
- ▶ Address mental health needs of participants
- ▶ Promote provider referrals to the program
- ▶ Continue family preservation and Department of Child Services (DCS) prevention efforts
- ▶ Reduce stigma around treatment for substance use disorder

Program Components



- Continued outreach through 90 days postpartum
- Specific individualized and collaborative care plan
- Specific screening tools and assessments utilized
- Specific and specialized training for care managers
- Outcomes tracking

A FRESH NEW LOOK

Criteria

Pregnant with an Opioid Use Disorder or history.

Be eligible for or receive Medicaid health coverage.

< 90 days postpartum with history/current OUD.

Signed & returned Indiana Pregnancy Promise Program consent. Care Manager (CM) will send this to the member.



***Indiana Pregnancy
Promise Program***

Indiana Pregnancy Promise Program Enrollment Process

Indiana pregnancy promise program screening tools

Required
within 7 Days
of enrollment

HRSN-CMS
AHC

Edinburgh or
PHQ9

Anxiety (GAD-
7)

5 Ps screening
tool

Tobacco

Recommended
again in 3rd
trimester

5 Ps
screening
tool

Tobacco

Required
postpartum
within 60 days

HRSN-CMS
AHC

Edinburgh or
PHQ9

Anxiety (GAD-
7)

5 Ps screening
tool

Tobacco

Indiana pregnancy promise program Social history assessment

- Education status, high school diploma, GED
- Current Relationship status
- Recent substance use
- Prior pregnancy history and birth outcomes
- History of abuse experienced
- Prior children placed outside the home
- Type of health insurance prior to becoming pregnant



BACKGROUND

The Indiana Family and Social Services Administration recognizes substance use disorder is among the top contributing factors to maternal mortality in the state, per the [Maternal Mortality Annual Report](#). To combat this and improve outcomes for mothers and infants, Indiana was one of 10 states to receive a five-year federal award known as the Maternal Opioid Misuse (MOM) Model from the Centers for Medicare and Medicaid Services. FSSA has partnered with the Medicaid managed health plans to offer enhanced case management and care coordination services to remove barriers and improve access to care for pregnant Medicaid members and their infants impacted by opioid use disorder. This report summarizes the preliminary findings from July 1, 2021–June 30, 2023.

QUICK STATS: 543 enrollees, 451 infants born to date, 84 counties with program enrollees and 68 outreach events held across the state in Years 1 and 2 combined

PURPOSE

This is a free, voluntary program for pregnant and postpartum Medicaid members and their infants impacted by OUD. Goals of the program are to:

- » Connect individuals to prenatal, postpartum and other physical health care
- » Address mental health and behavioral health conditions
- » Assist individuals with entering OUD treatment and recovery services
- » Help participants acquire health-related social needs such as safe housing, transportation, nutrition
- » Provide hope and set a strong foundation for the future

Importantly, ANYONE can make a confidential referral to this program at www.pregnancypromise.in.gov.

This publication is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$5,211,309 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government. The findings within are specific to Indiana and do not represent those of the federal evaluation.

OUTCOMES AND IMPACT

PARTICIPANTS

364 enrolled during pregnancy

179 enrolled in the early postpartum period

94% Maintained recovery through 12 months postpartum

89% Engaged in tobacco intervention

88% Engaged in prenatal care

85% Participated in formal OUD treatment

INFANTS

83% Born within a healthy birth weight range

72% Discharged home within five days of birth

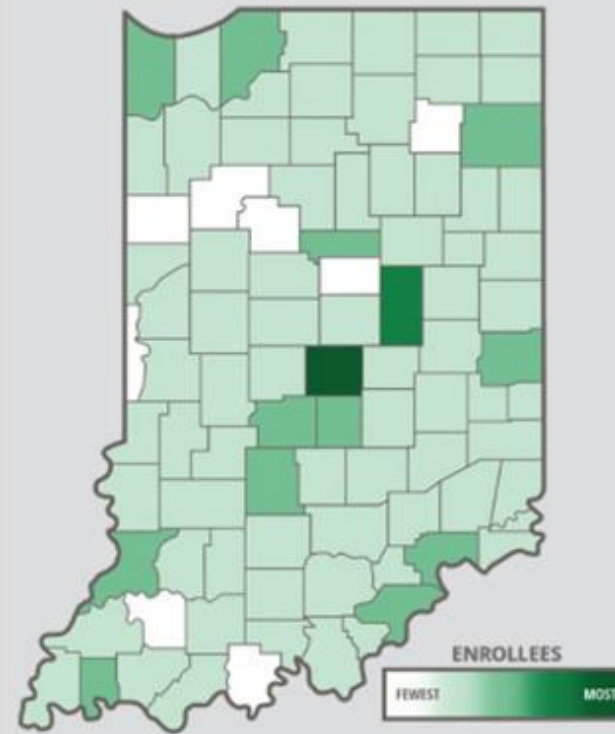
53% Received breastmilk

45 Children benefited from childcare funds resulting from parental participation in the Pregnancy Promise Program



WHAT OUR PREGNANCY PROMISE PROGRAM CASE MANAGERS WANT YOU TO KNOW

"This role allows me to be a nurse, an advocate, a voice, a listening ear, a resource, a lifeline and a cheerleader. I love seeing mothers feel empowered to make changes on their own, something they may have not imagined that they could do. It is inspiring to see these mothers grow into the person they deep down believed they could be but needed support to get there."



PARTICIPANT SUCCESS STORY

"Growing up, I always lived in chaos. I kept a toothbrush in my purse. People were always coming into the home, sometimes to use drugs. Now, with the help of the Pregnancy Promise Program, they helped me get housing and advocated for me. I am so happy to live in peace in my own space with my baby. I have full time custody of him, I work and have help with child care."

2,114 Much of the success of the Pregnancy Promise Program is attributed to helping participants access resources for health-related social needs for family well-being. The Pregnancy Promise Program has made 2,114 referrals for housing, transportation, nutrition and other services on behalf of participants.



1,950 professionals from health care and related disciplines have participated in virtual training sessions developed in partnership between the Pregnancy Promise Program and IU School of Medicine, Department of Psychiatry Project ECHO (Extension for Community Healthcare Outcomes). As a result, professionals have increased their knowledge and ability to provide care, while working to actively understand and reduce stigma associated with substance use disorder during pregnancy.



LOOKING AHEAD: PROGRAM GOALS

- » Improve outreach to mothers from minority populations
- » Emphasize postpartum follow-up care and access to long-acting reversible contraceptives
- » Address mental health needs of participants
- » Promote provider referrals to the program
- » Continue family preservation and DCS prevention efforts
- » Reduce stigma around treatment for substance use disorder



The Pregnancy Promise Program would like to thank the statewide steering committee members and the numerous partners across the state who are dedicated to serving children and families and have greatly contributed to the success of this program.

WEBSITE: WWW.PREGNANCYPROMISE.IN.GOV | EMAIL: PREGNANCY.PROMISE@FSSA.IN.GOV | PHONE: 888-467-2717

Second Annual Report

How to Refer



Members and Providers can
use the FSSA link:

[Pregnancy Promise Program
Enrollment Form: FSSA Public
\(accessgov.com\)](#)

Anyone can use the link above to submit a
secure referral to the program.

Childcare Assistance

- ▶ The Childcare and Development Fund (CCDF) is a federal program that helps low-income families obtain childcare.
- ▶ The purpose of CCDF is to increase the availability, affordability and quality of childcare.
- ▶ Work and education requirements are waived and replaced with the parent's daily OUD treatment and postpartum care follow up needs.
- ▶ As of March 2020, Families can now apply for CCDF using a new, easier-to-use online application called "Early Ed Connect."



MEMBER QUOTE

“Amber helped me want to be there for my baby and stay alive. She was really my only support at that time which is sad, but awesome too.”

SUCCESS STORY

“I referred a member to Life Services to help with gas/mileage reimbursement that the member was incurring due to weekly trips to Indianapolis. Her baby was having growth issues in utero, and she was having weekly testing performed. This was over an hour trip one way for her, and she could not afford to pay for gas. The member had a DCS Caseworker who she saw regularly and catching her was difficult for myself and Life Services. I scheduled a Teams meeting to take place during an appointment with her DCS caseworker and was able to coordinate care for the member. Life services assisted the member in submitting paperwork to obtain mileage reimbursement for her trips which was a great financial help for the member and gave her peace of mind knowing she could obtain the needed testing for her baby without worrying about what the trip was costing her. She delivered a tiny, but healthy, baby girl.”



Questions or for more information:

Please contact the Pregnancy Promise Program with any questions or for more information:

Email PregnancyPromise@fssa.in.gov or call 888-467-2717 or 317-234-5336

IN-MED-P-2715465; Issued Date: 03/26/2024
OMPP Approved: 03/18/2024



***Indiana Pregnancy
Promise Program***