



Strengthening the Substance Use Disorder Delivery System: 2019 End-of-Year Update

Quarters 2-3 Initiatives Summary

Q2-Q3 Updates

- **New SUD inbox:** In order to help our SUD treatment providers and other stakeholders receive consistent, timely responses to inquiries, we created a new dedicated SUD inquiry inbox: SUD.services@fssa.in.gov. The inbox is checked daily, and Office of Medicaid Policy and Planning and Division of Mental Health and Addiction coordinate responses. We ask that all SUD-related inquiries be directed to this inbox.
- **FSSA Received Federal SUD Grant:** FSSA received a federal SUD planning grant to conduct a community-engaged planning process for assessing current provider capacity, improve intra- and inter-agency infrastructure for monitoring, conduct evaluation and planning, and design an action plan that will position the agency to implement strategic solutions for addressing identified gaps in SUD provider capacity. Part of the work will involve a survey and focus groups with SUD providers. Please be on the lookout for more information; your participation is important as we continue to build the continuum of care.
- **Serious Mental Illness /Serious Emotional Disorder 1115 Waiver:** FSSA received federal authority to reimburse for acute inpatient stays in institutions for mental disease for individuals diagnosed with an SMI and/or SED. This waiver is part of broader efforts within the FSSA to ensure a comprehensive continuum of behavioral health services and is intended to improve access to acute care and community-based services. More information on the SMI/SED waiver can be located at HIP.in.gov.
- **Substance Use Disorder Prior Authorizations Review and Transitions of Care Review:** At the July 9 MCE and provider meeting, OMPP's independent 1115 waiver evaluator shared results from their review of 2018 prior authorizations for inpatient and residential SUD treatment. Data from this report will be incorporated into the SUD 1115 monitoring reports required by and shared with CMS. At the October 29 MCE and provider meeting, OMPP's independent 1115 waiver evaluator shared results of a transitions of care review exploring when and where members who had received treatment at an ASAM level 3.1, 3.5, 3.7, or 4.0 facility received follow-on services within 12 weeks of their discharge from the facility.
- **Addiction Provider Meeting:** On August 13, DMHA hosted a meeting for all addiction providers. DMHA presented about addiction treatment expectations and tobacco treatment in behavioral health settings. OMPP and the managed care entities joined one session and spoke with residential and inpatient SUD treatment providers about prior authorization and care coordination. DMHA and OMPP will jointly host another addiction provider meeting on January 24, 2020. Please see the flyer at the end of this document for details.

Quarter 4 and Ongoing Initiatives Update**

Quarter 4 Highlights

- **ASAM Trainings:** FSSA remains committed to helping SUD providers gain expertise and skills for using ASAM criteria in their treatment programs. FSSA held three trainings in early 2019 and three more trainings on October 23-25 in three different regions of the state. Additional ASAM training opportunities through DMHA will be available this year. Please see the registration information later in this document.
- **Improvements to SUD Prior Authorization Denial Letters:** The prior authorization review by OMPP's 1115 waiver independent reviewer and provider feedback both indicated the level of detail on denial letters did not consistently provide enough information for providers to understand why the PA was denied. OMPP's MCE compliance team has been working with the MCEs to improve the content on these letters. The Office's goal is to ensure clear communication to the member and provider. An update on this effort was shared at the



October 29 MCE and provider meeting. OMPP will continue to periodically review the prior authorization process and implement improvements as needed.

- **Draft State of Indiana Levels of Care for Addiction Treatment:** As the State continues to build the SUD continuum of care, DMHA has released draft expectations for addiction treatment based on ASAM levels of care. The expectations are intended to help Indiana addiction providers use ASAM guidelines and to promote high-quality care across the state. Providers are invited to review the draft expectations in advance of the January 24 addiction provider meeting when DMHA will lead a discussion with stakeholders. After the meeting, DMHA will also open a formal comment period before finalizing the guidance. The guidelines will be available on the DMHA website. If you did not receive an emailed copy of the guidelines via DMHA, you may email the SUD inbox to request a copy. FSSA looks forward to your collaboration.

Ongoing and 2020 Initiatives

- **Transitions of Care:** The SUD workgroup is continuing to explore ideas and solutions to help our MCE and provider partners transition members between different treatment settings as the members' needs change or when an assessment. Assisting our clients to transition between treatment providers and within the community remains a key focus area. MCE care coordinators are available to help with transitions, and providers are strongly encouraged to help their client connect with their MCE care coordinator.
- **Telemedicine Opportunities:** In an effort to improve member experience and increase connections between providers, FSSA is continuing to explore telemedicine opportunities, which may allow members to receive more convenient access to qualified specialists when entering the SUD continuum of care.
- **Medication Assisted Treatment Promotion:** FSSA is working with providers to expand access to all evidence-based treatments and is promoting the use of MAT for SUD treatment.

Other ongoing activities include:

- Federal SUD grant
- Strengthening and enhancing communications
- Improvements to prior authorization process
- Provider training and resource development
- Medicaid reimbursement guidance
- Network adequacy initiatives
- 1115 SUD waiver evaluation
- Emergency Department initiated treatment pilot and efforts to enhance the network of providers expert in withdrawal management



SUD Data Highlights

Substance Use Disorder

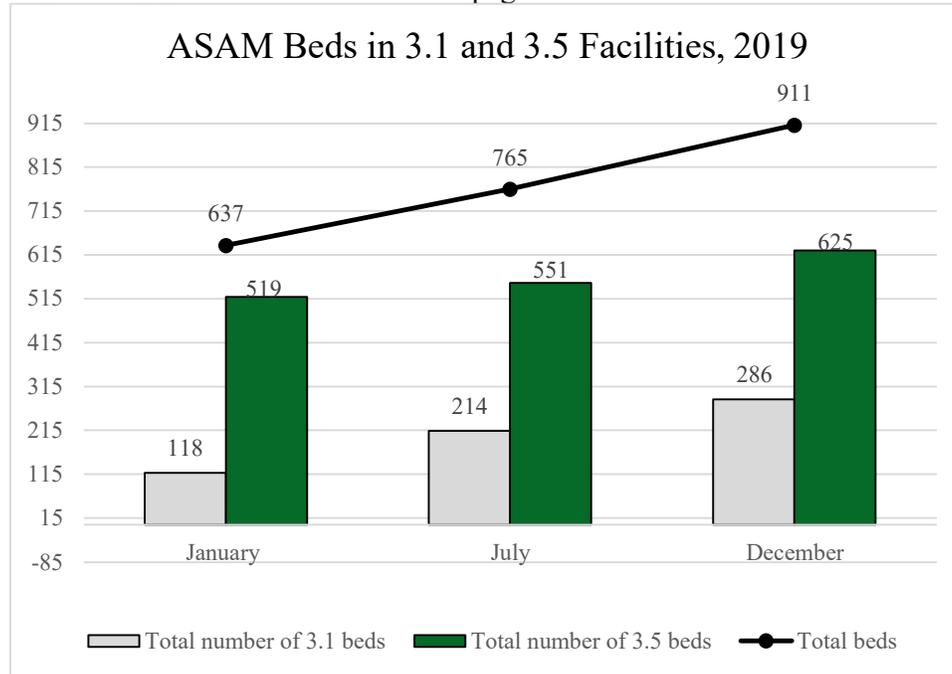
Total number of Medicaid population with a SUD services analysis

Period: January-2018 through December-2019

Substance Use Disorder service: All services

Services	Recipient Count	Claim Count	Amount
Medication Assisted Treatment*	7,558	360,164	\$27,323,293.73
Early Intervention	816	1,200	\$12,733.64
Outpatient Services	41,417	1,718,501	\$201,710,197.41
Intensive Outpatient Services	1,699	13,533	\$1,391,704.89
Partial Hospitalization	60	118	\$89,027.82
Low-Intensity Residential	212	2,407	\$635,397.26
High-Intensity Residential	2,434	26,929	\$13,467,500.01
Inpatient	8,974	12,655	\$59,312,021.76
Peer Support	992	10,998	\$504,156.82
Total	64,162	2,146,505	\$304,446,033.34

Increase in ASAM Designated Residential Treatment Beds: The total number of treatment beds increased from 637 beds in January 2019 to 911 beds in December 2019. Additionally, the number of 3.1 Level ASAM-designated residential units grew from 6 in January 2019, to 15 in December 2019, and the number of 3.5 Level ASAM-designated residential units grew from 25 in January 2019 to 26 in December 2019. A current map (December 2019) of 3.1 and 3.5 facilities is on the final page of this document.





Upcoming Opportunities

Provider and MCE partners may be interested in the following opportunities:

Addiction Provider meeting: January 24, 2020 9:30 a.m. - 12:30 p.m. EST, Indiana Government Center. Agenda items include a review of the draft DMHA addiction provider guidelines (see above), presentations from the MCEs, and updates on 2020 initiatives.

ASAM Trainings: The Division of Mental Health and Addiction is pleased to have the American Society of Addiction Medicine come to Indiana to continue to provide The ASAM Criteria Course. Following on the trainings held in Central Indiana in October 2019, these trainings are located in the Southern region of the state. The following trainings have been set for 2020.

- Vincennes, Indiana: Wednesday, February 5, 2020: https://elearning.asam.org/products/asam-criteria-course-vincennes-indiana-wednesday-february-5-2020#tab-product_tab_overview
- Columbus, Indiana: Thursday, February 6, 2020: https://elearning.asam.org/products/asam-criteria-course-columbus-indiana-thursday-february-6-2020#tab-product_tab_overview
- Lawrenceburg, Indiana: Friday, February 7, 2020: https://elearning.asam.org/products/asam-criteria-course-lawrenceburg-indiana-friday-february-7-2020#tab-product_tab_overview

Three additional ASAM trainings will take place in the Northern region in March or April of 2020. Details are forthcoming.

Others News

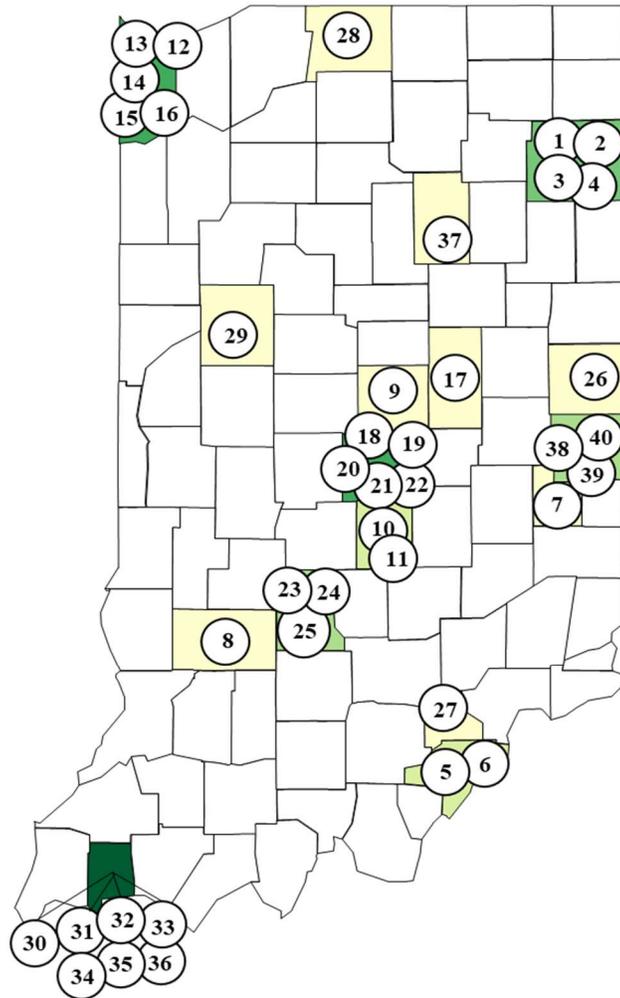
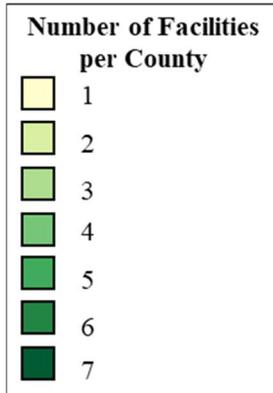
Federal Health and Human Services Loan Repayment Announcement: On October 23, 2019, HHS announced \$319 million in scholarship and loan repayment funds through the National Health Service Corps. This includes targeted funding for those serving individuals with substance use disorder and under served areas. Interested providers and individuals can find more information via HHS' press release located at: <https://www.hhs.gov/about/news/2019/10/23/hhs-awards-319-million-support-health-workforce-providers-caring-underserved.html>

**These activities are subject to change. The State will continue to issue quarterly updates to stakeholders on the latest status of planned SUD activities.



ASAM 3.1 and 3.5 Residential Facilities in Indiana

As of December 2019



- | | | |
|---|--|--|
| 1. Park Center Care (3.5) | 17. Bridges of Hope (3.5) | 30. Peppiatt House (3.1) |
| 2. Choices Treatment Center (3.1) | 18. Fairbanks (3.5) | 31. N.O.W. Counseling Services Men (3.1) |
| 3. Harriet House (3.1) | 19. Harbor Light (3.5) | 32. N.O.W. Counseling Services Women (3.1) |
| 4. Hope House (3.1) | 20. Fresh Start Recovery Center (3.5) | 33. Stepping Stone (3.5) |
| 5. Turning Point (3.5) | 21. Turning Point Men's (3.5) | 34. Stepping Forward for Men (3.1) |
| 6. Sunrise Recovery, LLC (3.5) | 22. Turning Point Women's (3.5) | 35. Stepping Forward for Women (3.1) |
| 7. Reid Health Care Pavilion (3.1) | 23. Amethyst House Men's (3.1) | 36. Evansville House (3.5) |
| 8. The NewDay Center (3.5) | 24. Amethyst House Women's (3.1) | 37. White's Residential & Family Services (3.1) |
| 9. Landmark Recovery of Carmel (3.5) | 25. Centerstone Recovery Center – Bloomington (3.5) | 38. Centerstone Recovery Center – Richmond (3.5) |
| 10. Alcohol and Drug Treatment Center - Men's Campus (3.5) | 26. Winchester House (3.5) | 39. Addiction and Recovery Center – Richmond (3.5) |
| 11. Alcohol and Drug Treatment Center- Women's Campus (3.5) | 27. Centerstone Recovery Center – Lexington (3.5) | 40. Recovery Works – Cambridge City (3.5) |
| 12. Rapid Access Center (3.1, 3.5) | 28. YWCA North Central Indiana (3.1) | |
| 13. Recovery Matters (3.1) | 29. Addiction and Recovery Center – West Lafayette (3.5) | |
| 14. Recovery Matters (3.5) | | |
| 15. Recovery Works – Merrillville (3.5) | | |
| 16. Strawhun Center (3.5) | | |