

FOR IMMEDIATE RELEASE

August 8, 2025

Tipton County Health Department Launches New Online Mental Health Platform

CredibleMind now available FREE for all Tipton County residents!

Tipton, IN – The Tipton County Health Department is proud to announce the launch of CredibleMind, a new online mental health platform now available to all Tipton County residents at no cost. This innovative resource provides comprehensive, confidential, and easily accessible tools to support mental well-being for individuals and families throughout the community.

CredibleMind brings together trusted information and self-guided tools covering over 100 mental health topics—from managing stress and anxiety to building resilience, improving sleep, and more. Users can explore videos, articles, podcasts, self-assessments, and other interactive resources designed to support mental wellness anytime, anywhere.

The platform is available in five different languages and is completely confidential, making it easier than ever for residents to take charge of their mental health in a private and supportive way.

Launch Giveaway – Now Through August 23, 2025

To celebrate the Tipton County Health Department launch, CredibleMind is offering a special giveaway. All users who create a free CredibleMind account and complete the “What’s Your Mental Health Profile?” assessment by August 23, 2025, will be entered to win a \$100 Gift Card.

Tipton County residents can access the platform and enter the giveaway by visiting:
<https://tipton.crediblemind.com/>

This initiative is made possible through Health First Indiana, a statewide public health program dedicated to improving the health and well-being of Hoosiers by expanding access to essential services and innovative tools like CredibleMind.

“Mental health is health,” said Lindsey Ogden, Director of the Tipton County Health Department. “We’re excited to offer a resource that empowers Tipton County residents to explore and improve their mental well-being in a way that’s easy, safe, and supportive. Whether you’re seeking help or just curious to learn more, CredibleMind meets people where they are.”

For more information, visit <https://tipton.crediblemind.com> or contact the Tipton County Health Department at 765-675-8741.

Contact:

Tipton County Health Department

765-675-874

logden@tiptoncounty.in.gov

<https://www.in.gov/localhealth/tiptoncounty/>