

Adverse Childhood Experiences (ACEs)

60%

The number of Hoosier adults that have at least 1 Adverse Childhood experience, which can lead to an increased risk of long-term health and behavioral challenges.

ACEs can have a lifelong impact on health, but are preventable and their health risks are treatable.

Have you experienced any of the types of ACEs?

The three types of ACEs include

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse



Divorce

Source: Centers for Disease Control and Prevention
Credit: Robert Wood Johnson Foundation

*Ask your doctor about Adverse Childhood Experiences
Visit our website for more information*