

# FREE

Pregnancy / Postpartum  
Health & Wellness Program



# NOW ONLINE!\*

Everything you need to know...

## MATERNAL & INFANT HEALTH EDUCATION CLASSES

Weekly on Thursdays, 5:30-6:30pm

...anything you want to talk about

## POSTPARTUM PEER SUPPORT GROUP

2nd and 4th Thursdays, 6:30-7:30pm

## PARTICIPANTS RECEIVE:

Entry into weekly & monthly raffles

AND **BABE** coupons!  
STORE



**\*Participants must register in advance.**

Scan the QR code or visit the link to register! →



For more information:



(574)-235-9750 Opt. 8



<https://redcap.link/sjcember>