

Health First St. Joseph County 2025 Awardees



CULTIVATE CULINARY SCHOOL

\$75,000

Core Public Service Area:

School Wellness

Project Summary:

Continuation and expansion of their Weekend Backpack program which serves elementary school children who face food insecurity at home, especially over the weekends when they do not receive breakfast or lunch at school.

DR. ANGIE'S DENTAL HEALTH EXCHANGE

\$50,000

Core Public Service Area:

Access and Linkage to Clinical Care

Project Summary:

Project "Fill The Gap" will allow them to add tooth replacement for individuals who are missing teeth.

HEALTH PLUS INDIANA

\$65,000

Core Public Service Area:

Infectious Disease Surveillance and Prevention

Project Summary:

Continuation and expansion of their testing, treatment, and prevention services of HIV, HEP C, and other STIs in St. Joseph County.

MENTAL HEALTH AWARENESS MICHIANA

\$23,125

Core Public Service Area:

Maternal and Child Health

Project Summary:

To enhance the workforce dedicated to serving the perinatal population, particularly through from historically marginalized and underserved communities to increase access to care.

NORTHERN INDIANA MATERNAL AND CHILD HEALTH NETWORK, INC.

\$60,000

Core Public Service Area:

Infectious Disease Surveillance and Prevention

Project Summary:

Continuation of their Reproductive Health Education and Access Program that takes a multifaceted approach to reproductive and contraceptive outreach, access, and education through STI testing and education.

PLAY LIKE A CHAMPION TODAY, INC.

\$40,500

Core Public Service Area:

School Wellness

Project Summary:

Continuation and expansion to providing affordable, safe, fun, and nurturing sports and recreational programming for elementary students.

PORTAGE TOWNSHIP

\$65,000

Core Public Service Area:

Chronic Disease Prevention

Project Summary:

Continuing to develop their education health campaign “Eating Healthy on a Budget”, also known as “NOURISH”, which targets low-income individuals, students, families, and seniors to help curb chronic health issues and other co morbidities that arise from being overweight or having a poor diet in Portage Township.

PURDUE UNIVERSITY COOPERATIVE EXTENSION SERVICE

\$15,000

Core Public Service Area:

School Wellness

Project Summary:

Continuation and expansion of their Junior Master Gardener program that teaches students how to plant, maintain, and harvest a garden. Students will be shown how to prepare the produce and discuss its nutritional value.

REAL SERVICES

\$82,328

Core Public Service Area:
Chronic Disease Prevention
Project Summary:

Continuing to empower older adults to age well through community education and programming - helping seniors engage in self-management for their chronic conditions.

ST. JOSEPH REGIONAL MEDICAL CENTER, INC.

\$60,000

Core Public Service Area:
Tobacco Prevention and Cessation
Project Summary:

Continuation and expansion of their Tobacco Cessation Coordinator and Youth Vaping Prevention Coordinator.

ST. JOSEPH REGIONAL MEDICAL CENTER, INC.

\$293,014

Core Public Service Area:
Maternal and Child Health
Project Summary:

Launch the Healthy First Year postnatal maternal-child home visiting program to promote the health and well-being of mothers and newborns in St. Joseph County.

ST. JOSEPH REGIONAL MEDICAL CENTER, INC.

\$185,000

Core Public Service Area:
Chronic Disease Prevention
Project Summary:

Continuation and expansion of their Community Health and Well-Being program which promotes health and reduces chronic disease by conducting health screenings like blood pressure, glucose, and cholesterol.

ST. MARGARET'S HOUSE

\$108,558

Core Public Service Area:
Chronic Disease Prevention
Project Summary:

Continuation and expansion of their food program to ensure on site meals, analyze the nutritional value of current menu items, provide take home groceries for guests, acquire and preserve minimally processed meats/vegetables, and programming/field trips related to nutrition and health.

UNITY GARDENS

\$108,058

Core Public Service Area:
Chronic Disease Prevention

Project Summary:

Continuation and expansion of improving community wellness and prevention of chronic disease through connecting St. Joseph County to fresh produce, nature, and one another.

WOMEN'S CARE CENTER

\$100,000

Core Public Service Area:
Maternal and Child Health

Project Summary:

Continuation and expansion of their CARE program by providing additional education and one-to-one support for participating pregnant women and families.