

Health First St. Joseph County 2024 Awardees



BEACON HEALTH SYSTEM

\$83,750

Core Public Service Area:

Maternal Child Health

Project Summary:

Initiative to address hypertension (high blood pressure) during pregnancy.

E BLAIR WARNER FAMILY MEDICINE CENTER

\$5,000

Core Public Service Area:

Maternal Child Health

Project Summary:

Comprehensive prenatal education and activities to support positive birth outcomes.

NORTHERN INDIANA MATERNAL AND CHILD HEALTH NETWORK

\$67,140

Core Public Service Area:

Maternal Child Health

Project Summary:

Increase awareness of reproductive health care and access to care for all people.

UNIVERSITY OF NOTRE DAME

\$65,000

Core Public Service Area:

Maternal and Child Health

Project Summary:

Implement a pop-up pregnancy/family village program supporting those at highest risk for infant mortality.

WOMEN'S CARE CENTER

\$75,003

Core Public Service Area:

Maternal Child Health

Project Summary:

Creation of a one-on-one CARE program addressing mom's needs through all 4 trimesters of pregnancy.

ST JOSEPH REGIONAL MEDICAL CENTER

\$57,851

Core Public Service Area:

Tobacco Prevention and Cessation

Project Summary:

Continuation and expansion of smoking cessation classes and youth vaping prevention.

BIKE MICHIANA COALITION

\$10,640

Core Public Service Area:

Chronic Disease Prevention

Project Summary:

Create and implement a bike safety education program in St. Joseph County.

INDIANA UNIVERSITY SCHOOL OF MEDICINE SOUTH BEND

\$63,442

Core Public Service Area:

Chronic Disease Prevention

Project Summary:

Development of the Heart Improvement Project.

PORTAGE TOWNSHIP

\$65,000

Core Public Service Area:

Chronic Disease Prevention

Project Summary:

Development and implementation of Healthy Eating on a Budget program focused on reducing obesity by creating awareness around proper nutrition.

REAL SERVICES

\$80,763

Core Public Service Area:
Chronic Disease Prevention
Project Summary:

Implement the Chronic Disease Self-Management Program and Stay Active and Independent for Life program targeting older adults.

ST. MARGARET'S HOUSE

\$46,046.46

Core Public Service Area:
Chronic Disease Prevention

Project Summary:

Expansion and overhaul of their food program.

UNITED HEALTH SERVICES

\$27,750

Core Public Service Area:
Chronic Disease Prevention
Project Summary:

Creation of Prevention: Health First program – screening, intervention, and prevention program for chronic diseases associated with obesity: hypertension and obesity.

UNITY GARDENS

\$89,940

Core Public Service Area:
Chronic Disease Prevention
Project Summary:

Educational Expansion program to grow more food and increase access to nature and shade.

HEALTHLINC, INC.

\$50,000

Core Public Service Area:
Infectious Disease Surveillance
Project Summary:
Expand Hep C testing and treatment.

STREET MEDICINE SOUTH BEND

\$15,014

Core Public Service Area:

Infection Disease Surveillance

Project Summary:

Expand Hep C testing and treatment with unhoused individuals.

CULTIVATE FOOD RESCUE

\$50,000

Core Public Service Area:

School Wellness

Project Summary:

Expand the Backpack Weekend Meal Program.

MENTAL HEALTH AWARENESS MICHIANA

\$10,416

Core Public Service Area:

School Wellness

Project Summary:

Creation of programming focused on mental wellbeing and healthy relationships.

PURDUE EXTENSION ST. JOSEPH COUNTY

\$3,000

Core Public Service Area:

School Wellness

Project Summary:

Pilot a Junior Master Gardeners class and nutrition education at a local elementary school

SOUTH BEND EMPOWERMENT ZONE

\$108,000

Core Public Service Area:

School Wellness

Project Summary:

Post-pandemic wellness intervention program to focus on student and staff mental wellbeing and provide supports for students.