

# Health First St. Joseph County 2024 Awardees



## **BEACON HEALTH SYSTEM**

\$83,750

Core Public Service Area:

Maternal Child Health

Project Summary:

*Initiative to address hypertension (high blood pressure) during pregnancy.*

## **E BLAIR WARNER FAMILY MEDICINE CENTER**

\$5,000

Core Public Service Area:

Maternal Child Health

Project Summary:

*Comprehensive prenatal education and activities to support positive birth outcomes.*

## **NORTHERN INDIANA MATERNAL AND CHILD HEALTH NETWORK**

\$67,140

Core Public Service Area:

Maternal Child Health

Project Summary:

*Increase awareness of reproductive health care and access to care for all people.*

## **UNIVERSITY OF NOTRE DAME**

\$65,000

Core Public Service Area:

Maternal and Child Health

Project Summary:

*Implement a pop-up pregnancy/family village program supporting those at highest risk for infant mortality.*

**WOMEN'S CARE CENTER**

\$75,003

Core Public Service Area:

Maternal Child Health

Project Summary:

*Creation of a one-on-one CARE program addressing mom's needs through all 4 trimesters of pregnancy.*

**ST JOSEPH REGIONAL MEDICAL CENTER**

\$57,851

Core Public Service Area:

Tobacco Prevention and Cessation

Project Summary:

*Continuation and expansion of smoking cessation classes and youth vaping prevention.*

**BIKE MICHIANA COALITION**

\$10,640

Core Public Service Area:

Chronic Disease Prevention

Project Summary:

*Create and implement a bike safety education program in St. Joseph County.*

**INDIANA UNIVERSITY SCHOOL OF MEDICINE SOUTH BEND**

\$63,442

Core Public Service Area:

Chronic Disease Prevention

Project Summary:

*Development of the Heart Improvement Project.*

**PORTAGE TOWNSHIP**

\$65,000

Core Public Service Area:

Chronic Disease Prevention

Project Summary:

*Development and implementation of Healthy Eating on a Budget program focused on reducing obesity by creating awareness around proper nutrition.*

**REAL SERVICES**

\$80,763

Core Public Service Area:  
Chronic Disease Prevention

Project Summary:

*Implement the Chronic Disease Self-Management Program and Stay Active and Independent for Life program targeting older adults.*

**ST. MARGARET'S HOUSE**

\$46,046.46

Core Public Service Area:  
Chronic Disease Prevention

Project Summary:

*Expansion and overhaul of their food program.*

**UNITED HEALTH SERVICES**

\$27,750

Core Public Service Area:  
Chronic Disease Prevention

Project Summary:

*Creation of Prevention: Health First program – screening, intervention, and prevention program for chronic diseases associated with obesity: hypertension and obesity.*

**UNITY GARDENS**

\$89,940

Core Public Service Area:  
Chronic Disease Prevention

Project Summary:

*Educational Expansion program to grow more food and increase access to nature and shade.*

**HEALTHLINC, INC.**

\$50,000

Core Public Service Area:  
Infectious Disease Surveillance

Project Summary:

*Expand Hep C testing and treatment.*

**STREET MEDICINE SOUTH BEND**

\$15,014

Core Public Service Area:

Infection Disease Surveillance

Project Summary:

*Expand Hep C testing and treatment with unhoused individuals.*

**CULTIVATE FOOD RESCUE**

\$50,000

Core Public Service Area:

School Wellness

Project Summary:

*Expand the Backpack Weekend Meal Program.*

**MENTAL HEALTH AWARENESS MICHIANA**

\$10,416

Core Public Service Area:

School Wellness

Project Summary:

*Creation of programming focused on mental wellbeing and healthy relationships.*

**PURDUE EXTENSION ST. JOSEPH COUNTY**

\$3,000

Core Public Service Area:

School Wellness

Project Summary:

*Pilot a Junior Master Gardeners class and nutrition education at a local elementary school*

**SOUTH BEND EMPOWERMENT ZONE**

\$108,000

Core Public Service Area:

School Wellness

Project Summary:

*Post-pandemic wellness intervention program to focus on student and staff mental wellbeing and provide supports for students.*