

St. Joseph County Department of Health

"Promoting physical and mental health and facilitating the prevention of disease, injury and disability for all St. Joseph County residents"

Robert M. Einterz, MD Burnett, PhD, MPH Health Officer Mark D. Fox, MD, PhD, MPH

President, Board of Health

Jason Marker, MD

Heidi Beidinger -

FOR IMMEDIATE RELEASE December 4, 2020

CONTACT: Jenny Parcell (574) 235-9573

COVID-19 Cases Update

St. Joseph County- As of today, St. Joseph County is reporting 3,910 active cases (red as it relates to County metrics), and an average of 308 cases per day (red) over the last seven days. Test positivity rate is 12.1% (as of 11/27/2020) (red). The R0 is 1.26 (as of 11/28/2020) (yellow).

The CDC and the St. Joseph County Department of Health still recommend a 14-day quarantine following an exposure to a confirmed case of COVID-19; however, the length of quarantine may be shortened for individuals who have <u>NEVER</u> exhibited any_symptoms under the following circumstances:

- Quarantine can end after Day 10 without any COVID testing
- Quarantine can end after Day 7 with a negative test (PCR or antigen) performed on Day 5, 6, or 7 following a known exposure. Due to current testing demands, this strategy for testing out of quarantine may not be feasible in most circumstances.

Regardless of quarantine duration, daily symptom monitoring should continue for the full 14 days following exposure. Everyone is encouraged to continue to follow all recommended mitigation strategies, such as handwashing, physical distancing, and mask wearing.

	New cases per day in SJC, based on a 7-day rolling average	Active cases in SJC (cases diagnosed in preceding 14- day period)	Percent positivity of tests in SJC (from ISDH website)	R0 Estimate (available at (http://metrics.covid19- analysis.org/)
Red	308	3,910	12.1% (as of 11/27/2020)	
Yellow				1.26 (as of 11/28/2020)
Green				

The St. Joseph County Department of Health urges the continuation of the following actions:

- Wear a facial covering (should fit snuggly over the mouth and nose) <u>anytime</u> you are around people <u>not</u> in your household.
- Practice extreme physical distancing.
 - o Maintain at least 6ft between individuals.
 - Wearing a mask does NOT eliminate the need for physical distancing.
- Practice frequent and proper hand hygiene & cough etiquette.
 - o Wash hands often, for at least 20 seconds, with soap & water; coughing and sneezing into your sleeve.
- Avoid social gatherings and assemblies outside of your immediate family/household.
- Stay home if ill.

For all COVID-19 testing sites in St. Joseph County, you can view an interactive map at https://www.coronavirus.in.gov/2524.htm. Please be aware each site may have different criteria for testing and may not be up to date.

For more information on COVID-19, visit the Indiana State Department of Health at www.in.gov/isdh and the Centers for Disease Control and Prevention at www.cdc.gov. For general questions as it relates to COVID-19 infection, please call 2-1-1.

###