



ST. JOSEPH COUNTY
DEPARTMENT OF HEALTH
Prevent. Promote. Protect.

St. Joseph County Department of Health

"Promoting physical and mental health and facilitating the prevention of disease, injury and disability for all St. Joseph County residents"

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COVID-19 Cases Update

St. Joseph County- As of today, the county's total number of confirmed cases is at 3,217. St. Joseph County is reporting 619 active cases (red as it relates to school re-opening guidance) and is averaging 47.1 cases per day (red) in the last seven days. The county's R0 estimate is 0.78 (yellow). Test positivity rate is 4.7% (as of 7/29/2020) (green).

Repeat testing for COVID 19 is **NOT recommended** if you meet **all** the following conditions:

- You tested positive for COVID-19
- More than 10 days have passed since you tested positive
- Your symptoms have resolved
- You have not had any fever for at least 24 hours
- You have not been taking any fever reducing medicines in the last 24 hours (e.g. Tylenol, acetaminophen, ibuprofen, etc)
- You were not hospitalized for COVID-19

If you meet **all** these conditions, you may return to work and usual activities without having to retest.

The problem with repeat testing is that such testing might detect *remnants* of virus which are no longer infectious.

For all COVID-19 testing sites in St. Joseph County, you can view an interactive map at <https://www.coronavirus.in.gov/2524.htm>. Please be aware each site may have different criteria for testing.

The St. Joseph County Department of Health urges the continuation of the following actions:

- **Practice extreme physical distancing.**
 - Maintain at least 6ft between individuals.
 - Wearing a mask does NOT eliminate the need for physical distancing.
- **Practice frequent and proper hand hygiene & cough etiquette.**
 - Wash hands often, for at least 20 seconds, with soap & water; coughing and sneezing into your sleeve.
- **Stay home if ill.**
- **Abide by the current Public Health Order, requiring face coverings when going into an enclosed public space or business and when 6 feet of physical distance cannot be maintained within the enclosed public space or business.**

For more information on COVID-19, visit the Indiana State Department of Health at www.in.gov/isdh and the Centers for Disease Control and Prevention at www.cdc.gov. For general questions as it relates to COVID-19 infection, please call 2-1-1.

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