



ST. JOSEPH COUNTY
DEPARTMENT OF HEALTH
Prevent. Promote. Protect.

St. Joseph County Department of Health

"Promoting physical and mental health and facilitating the prevention of disease, injury and disability for all St. Joseph County residents"

Robert M. Einterz, MD
Health Officer

Mark D. Fox, MD, PhD, MPH
Deputy Health Officer

Heidi Beidinger-Burnett, PhD, MPH
President, Board of Health

Jason Marker, MD
Vice President, Board of Health

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CONTACT: Jenny Parcell
(574) 235-9573

COVID-19 Cases Update

St. Joseph County- As of today, the county's total number of confirmed cases is 138. The turn-around time for test results continues to improve. The average time to result for all tests is just over five days, but for most recent tests, the results have been available in 1-2 days.

As we mark one month of COVID-19 in our community, we still anticipate our peak COVID-19 activity is several weeks away. To slow the spread of the virus within our community, it is imperative that individuals adhere to quarantine and isolation requirements. Individuals who have been tested and are awaiting results **MUST** stay home and self-isolate. For individuals who are confirmed cases of COVID-19 should remain in isolation until at least seven days have passed since symptom onset **AND** they are free of fever for 72 hours (without fever-reducing medicines), **AND** their respiratory symptoms have improved. Household contacts of confirmed cases should remain in quarantine for 14 days. These measures are the best ways to reduce the spread of this infection.

The St. Joseph County Department of Health urges the continuation of the following actions:

- **Practice extreme physical distancing.**
 - Maintain at least 6ft between individuals.
- **Practice frequent and proper hand hygiene & cough etiquette.**
 - Wash hands often, for at least 20 seconds, with soap & water; coughing and sneezing into your sleeve.
- **Stay home if ill.**
- **Adhere to the current Stay-at-Home order which has been extended through April 20, 2020.**

For more information on COVID-19, visit the Indiana State Department of Health at www.in.gov/isdh and the Centers for Disease Control and Prevention at www.cdc.gov. For general questions as it relates to COVID-19 infection, please call 2-1-1.

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