



ST. JOSEPH COUNTY
DEPARTMENT OF HEALTH
Prevent. Promote. Protect.

St. Joseph County Department of Health

"Promoting physical and mental health and facilitating the prevention of disease, injury and disability for all St. Joseph County residents"

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COVID-19 Cases Update

St. Joseph County- As of today, the county's total number of confirmed cases is 135. Of these cases, more than half are under the age of 50. Through Friday, more than 1900 people have been tested for COVID-19 in St. Joseph County.

Last week the Centers for Disease Control and Prevention recommended every person should consider wearing a cloth mask when going out into the public where physical distancing measures cannot be maintained (e.g. grocery stores, pharmacies). While someone may choose to wear a mask when venturing out in to public spaces, this measure should be in addition to continued attention to physical distancing measures and hand hygiene. In addition, care must be taken in wearing and removing the mask to avoid contamination, and they must be laundered regularly in hot water.

If you choose to wear a mask, they should:

- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change

The St. Joseph County Department of Health urges the continuation of the following actions:

- **Practice extreme physical distancing.**
 - Maintain at least 6ft between individuals.
- **Practice frequent and proper hand hygiene & cough etiquette.**
 - Wash hands often, for at least 20 seconds, with soap & water; coughing and sneezing into your sleeve.
- **Stay home if ill.**
- **Adhere to the current Stay-at-Home order.**

For more information on COVID-19, visit the Indiana State Department of Health at www.in.gov/isdh and the Centers for Disease Control and Prevention at www.cdc.gov. For general questions as it relates to COVID-19 infection, please call 2-1-1.

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