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April is National Healthy Homes Month!

Spring is a great time to improve your home. Here are some tips:

- Change your air filter
- Schedule a spring HVAC check up
- Open windows, and use exhaust fans
- Vacuum carpets regularly with a HEPA-equipped vacuum
- Check your Smoke and Carbon Monoxide detectors
- Clean up water leaks and moisture to prevent mold growth
- Store food in sealed containers and take out trash regularly to prevent spring pests
- Use wet cleaning methods to remove dust instead of stirring it up
- Use essential oil diffusers instead of candles
- Use vinegar, baking soda, and lemon for cleaning instead of harsh chemicals

