

# Zac Mago Foundation

The Porter County Health Department and the Zac Mago Foundation are collaborating to make heart screenings more accessible to local teenagers and young adults.

This joint effort aims to identify and address potential heart conditions early on, helping to prevent Sudden Cardiac Arrest and improve the overall health of Porter County.

The Zac Mago Foundation is a non-profit organization dedicated to:

- Raising awareness about heart health.
- Providing education on preventing Sudden Cardiac Arrest.
- Offering affordable echocardiograms and electrocardiograms (ECGs) to teens and young adults.

## Why Heart Screenings Matter:

These tests can identify various potential heart conditions such as:

- **Congenital heart defects:** Structural abnormalities present at birth
- **Valve disease:** Abnormalities in the heart valves that control blood flow
- **Rhythm disorders:** Irregular heartbeats.
- **Pericardial effusion:** Fluid buildup in the sac surrounding the heart.

And More.

