

Tobacco Education & Prevention

Coalition for Porter County

The Porter County Health Department (PCHD) partners with Tobacco Education and Prevention Coalition for Porter County (TEPCPC) to allow nicotine vaping prevention programming to be offered directly to students in Porter County schools and other youth organizations. PCHD and TEPCPC share a public health educator to accomplish this task.

CATCH My Breath is an evidenced-based youth vaping prevention program for grades 5-12 that is taught in Porter County by our public health educator. The approach empowers students with the knowledge and skills needed to make an informed decision about e-cigarettes and resist social pressures to vape.



More information about this program can be found at:

<https://catch.org/program/vaping-prevention/>

ASPIRING TO BE A TOBACCO-FREE PORTER COUNTY

