



LETTER OF AGREEMENT

This agreement is entered into by and between Community Change Center and Porter County Health Department so as to memorialize and document certain agreements and understandings which have been reached between the parties regarding the expansion of programs offered to the residents of Porter County. The agreement is as follows:

1. Community Change Center is dedicated to improving lives and communities by providing resources and support to some of the most vulnerable members of our society.
2. Porter County Health Department is a government agency providing public health care services to all residents of Porter County, Indiana with an emphasis on addressing the unmet needs of underserved populations.
3. That both parties are entering into this agreement to promote and protect the health and wellbeing of the citizens of Porter County.
4. Porter County Health Department agrees to provide support and funding to ensure the successful implementation of Strength in Stillness. We will reimburse for the expense of necessary equipment including mats, and yoga straps along with the facilitation of up to 30 sessions at \$125/session.
5. Community Change Center with their partners, The Porter County Sheriff's Office, Recovery Connection and yoga instructor Samantha Aguilar will offer yoga sessions to all Porter County first responders twice a month at the Sheriff's Department, and individuals in the reentry/recovery communities, two to three times a month at Recovery Connection. Classes at Recovery Connection will be open for the public to attend.
6. Classes will be held at County Sheriff's Department on the first and second Monday of each month and at Recovery Connection on the third, fourth and fifth (if applicable) Thursday of each month. The goal of this program is to support mental, emotional and physical well-being of all participants, as well as reduce social stigma surrounding substance use disorder and justice-involved individuals.
7. Community Change Center shall submit a monthly invoice to Porter County Health Department within ten (10) days of the end of each month during the term, along with metrics on the total attendees of the programs, as well as new participants and any success stories that come from the program. Porter County Health Department shall remit payment within thirty (30) days of invoice receipt.
8. That the initial term of this agreement shall continue through the end of 2025.
9. This agreement may be terminated upon notification by either party with thirty (30) days' written notice, which shall specify the effective date of termination.
10. This Agreement may be changed or modified only in writing and must be signed by both parties.

Community Change Center

By: Latha Dey

Title: Executive Director

Date: 4/10/2025

Porter County Health Department

By: Carrie Ashburn

Title: Administrator

Date: 4/10/2025