# Indiana Retail Food Code 410 IAC 7-26 – Top Changes At-a-Glance



Spring 2025

The following list encompasses the most impactful changes to the Indiana Retail Food Establishment Sanitation requirements (410 IAC 7-26). They consist of five categories:

- Definitions
- Employee health and hygiene
- Food
- Equipment and facility requirements
- Compliance and enforcement

Each topic provides a brief overview of the regulation change, how it affects the operator, and how public health is protected. This list is not all-inclusive of code changes.

#### **DEFINITIONS**

# **TCS** food

Time temperature control for food safety or TCS – 410 IAC 7-26-125

What has changed: This revision redefines potentially hazardous foods as TCS foods (time/temperature control for food safety).

**How this will affect operators:** This does not change any requirements for most food items but classifies cut tomatoes and cut leafy greens as TCS foods. It also provides a method of determining if food is non-TCS based on the food's water activity and pH and defines products that need a product assessment. The tables are found under the definitions.

# Priority, priority foundation, or CORE

**Priority, priority foundation, or CORE** – 410 IAC 7-26-25 (CORE); 410 IAC 7-26-92 (Priority); 410 IAC 7-26-93 (priority foundation)

**What has changed:** This revision replaces the violation designation formerly known as "critical" and "non-critical" with priority (**P**), priority foundation (**Pf**), and CORE (**CORE**).

**How this will affect operators:** This classifies code provisions based on the impact they have on operational risk control factors.

- Priority (P) items directly contribute to foodborne illness or injury such as cooking, reheating, cooling, and handwashing.
- **Priority foundation (Pf) items** facilitate or enable one or more priority items such as personnel training, equipment maintenance, documentation or record keeping, and labeling.
- **CORE (CORE) items** include items that are usually related to general sanitation, operational controls, sanitation standard operating procedures (SSOPs), facilities or structures, equipment design, or general maintenance.

# **Highly susceptible population**

**Highly susceptible population (HSP)** – 410 IAC 7-26-59

**What has changed:** A highly susceptible population is now defined as people who are more likely than others in the general population to experience foodborne diseases because they are:

- Immunocompromised, preschool age children, or older adults; and
- Obtaining food at a facility that provides services such as custodial care, health care, or assisted living such as a child or adult day care center, kidney dialysis center, hospital, nursing home, or senior center.

**How this will affect operators:** Formerly, 410 IAC 7-24-46 defined adults as 65 years or older and children 9 years or younger in a facility that served juice. Under 7-26, offering certain types of raw/undercooked foods and barehand contact with ready-to-eat foods will be prohibited in some establishments that serve a highly susceptible population.

**How this will protect public health:** Special food safety precautions are added to protect individuals with an increased risk of foodborne illness and for whom the implications of such illness can be fatal.

# Cut leafy greens and leafy greens

| Cut leafy greens – 410 IAC 7-26-30 | <b>Leafy greens</b> – 410 IAC 7-26-68        |
|------------------------------------|--|
| Cut leafy greens means fresh leafy | Iceberg lettuce; romaine lettuce; leaf       |
| greens whose leaves have been cut, | lettuce; butter lettuce, baby leaf lettuce   |
| shredded, chopped, or torn. (or    | (immature lettuce or leafy greens, escarole; |
| otherwise further processed)       | endive, spring mix; spinach; cabbage; kale;  |
|                                    | arugula, and chard                           |
|                                    | The term "leafy greens" does not include     |
|                                    | herbs such as cilantro or parsley.           |

**What has changed:** Indiana has chosen to provide a distinction between cut leafy greens and leafy greens to accommodate the home-based vendor law where whole uncut greens are exempt from registration.

**How this will affect operators:** Processed leafy green plant foods fall under the definition of TCS foods. This will now include iceberg, romaine, leaf, butter leaf, escarole, endive, spring mix, spinach, cabbage, kale, arugula, chard, and cut tomatoes that have been cut, chopped, diced, sliced, shredded, torn, or processed further from its original harvest cut. It does not include herbs such as cilantro and parsley.

# **EMPLOYEE HEALTH AND HYGIENE**

# **Employee health management**

Employee health management - 410 IAC 7-26-137-139 (new)

Major pathogens addressed: hepatitis A virus, Shiga toxin-producing *Escherichia coli (STEC)*, norovirus, shigella spp., *Salmonella* Typhi, and nontyphoidal *Salmonella* 



How this will affect operators: New provisions were added for conditional employees, highly susceptible populations, and restriction/exclusion rules. Operators will need to revise employee illness policies and procedures, and retrain employees as needed. In some instances, employees may be able to continue working in situations that do not involve food handling. Food handlers have a responsibility to make sure they do not contaminate food.

**How this will protect public health:** Biological hazards include bacteria, viruses, and parasites. Bacteria and viruses are responsible for most foodborne illnesses. This code section helps to ensure employers and food handlers take the necessary steps to help prevent the spread of foodborne illness.

# Clean up of vomiting and diarrheal events

Clean up of vomiting and diarrheal events – 410 IAC 7-26-153 (new)

**How this will affect operators:** Operators must have written procedures for how to clean up vomit and fecal matter that is discharged onto surfaces of the food establishment. This includes having the proper disinfectant equipment on-site. The procedures must address specific actions employees must take to minimize the spread of contamination and exposure of employees, consumers, food, and surfaces to vomitus and fecal matter.

How this will protect public health: Proper response to vomiting and diarrheal events in a timely manner can help reduce the potential spread of harmful bacterial or viral pathogens, particularly norovirus.

# FOOD

# Thawing of food

Reduced oxygen packaged frozen fish – 410 IAC 7-26-210(b) (updated)

**How this will affect operators:** This revision establishes a process for thawing frozen, reduced oxygen packaged fish. Frozen fish in reduced oxygen packaging shall be removed from the ROP environment prior to:

- (a) Thawing under refrigeration; or
- **(b)** Upon completion of the thawing which utilizes the process of submerging the product under cold, running water.

**How this will protect public health:** This ensures that harmful anaerobic bacteria do not form under favorable conditions during the thawing process.

# Non-continuous cooking of raw animal foods

Non-continuous cooking of raw animal foods - 410 IAC 7-26-77 (defined); 410 IAC 7-26-201 (new)

**How this will affect operators:** This revision establishes a process for noncontinuous cooking of raw animal foods if the establishment has a written procedure and obtains prior regulatory approval (LHD). This will allow operators to halt the cooking process if specific time, cooking, and cooling parameters are met. The initial heating of raw food can be no longer than 60 minutes and cooling must take place immediately after initial heating. Once cooled, the food must be properly cold held at or below 41°F and the food must be cooked to the appropriate internal temperature before final sale or service.



**How this will protect public health:** This ensures that food does not stay, for extended periods of time, within temperature ranges that favor microbial growth.

# **Manufacturer cooking instructions**

**Manufacturer cooking instructions** – 410 IAC 7-26-202

**How this will affect operators:** Commercially packaged foods that bear a manufacturer's cooking instructions shall be cooked according to those instructions. The product shall be cooked before use in ready-to-eat foods or offered in unpackaged form unless the manufacturer's instructions specify that the food may be consumed without cooking.

**How this will protect public health:** Ensures food that has not been treated earlier to destroy pathogens in the food supply chain can still be served safely under certain conditions.

# Variance requests for special processes

**Variance requests for special processes** – 410 IAC 7-26 217 (new); related 410 IAC 7-26-121 (new); 410 IAC 7-26-129 (new)

**How this will affect operators:** Variance requirements for specialized processing methods (including anything deemed a special process by the regulatory authority) are described. This revision will require variances to be obtained for special processes as determined by the Indiana Department of Health.

**How this will protect public health:** Special processing methods require approval by the Indiana Department of Health to ensure that food safety hazards are controlled to eliminate risks associated with approved process deviation.

#### Take home food container re-use

**Refilling returnables** – 410 IAC 7-26-188 (updated)

**How this will affect operators:** Empty returnable and consumer-owned take-home containers, including beverage containers, returned to a retail food establishment or vending machines may be refilled with food if the container meets the specifications in 410 IAC 7-26-188.

**How this will protect public health:** The design of the container and of the rinsing equipment and the nature of the beverage, when considered together, allow effective cleaning at home or in the food establishment.

#### Consumer advisory

**Consumption of raw or undercooked foods of animal origin** – 410 IAC 7-26-223; 410 IAC 7-26-59 (affected 7-24-46)

**How this will affect operators:** This revision will outline specific requirements for establishments and additional requirements for HSP facilities to inform customers of potential health risks from eating raw or undercooked food offered for sale. Children's menus may no longer offer undercooked meat or fish.

**How this will protect public health:** Consumers are empowered to make an informed choice about the food they eat due to being aware of the increased risk of foodborne illness after eating raw or undercooked meat, poultry, seafood, shellfish, or eggs.

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# Allergen control

Allergen control – 410 IAC 7-26-221 and 410 IAC 7-26-222(b) (updated)

**How this will affect operators:** Foods containing or in contact with milk, egg, fish, and crustacean shellfish (crab, lobster, shrimp, prawns), tree nuts, wheat, peanuts, soybeans, and sesame must be identified by their common name for the public in the retail setting.

**How this will protect public health:** Allergenic potential exists even after heating, so avoidance is essential. There are currently no thresholds, so avoidance is needed by people with allergies.

# **EQUIPMENT AND FACILITY REQUIREMENTS**

#### Dish machines - thermometer

Temperature measuring devices ware washing - 410 IAC 7-26-280 (updated)

**How this will affect operators:** When hot water mechanical ware washing is used, an irreversible registering temperature indicator shall be provided and accessible to measure the utensil surface temperature. Options to meet this requirement include reusable min-max registering thermometers or single-use temperature-sensitive stickers.

**How this will protect public health:** These devices provide a method to verify that food contact surfaces reach a minimum temperature to destroy pathogens that may remain on surfaces after cleaning.

# Handwashing signage

Handwashing signage – 410 IAC 7-26-432

How this will affect operators: A poster or sign must be posted.

**How this will protect public health:** Posted visual reminders can increase good handwashing behaviors and potentially reduce the likelihood of the spread of pathogens to food from food handlers.

#### Pest control

Controlling pests – 410 IAC 7-26-450 (updated)

**How this will affect operators:** The language is changed to state that food establishments are expected to be free of pests following at least <u>one</u> of the pest control maintenance requirements identified below:

- (1) Routinely inspecting incoming shipments of food and supplies;
- (2) Routinely inspecting the premises for evidence of pests;
- (3) Using methods, if pests are found, such as trapping, devices or other means of pest control as specified in sections 459, 467 and 468 of this rule; or
- (4) Eliminating harborage conditions

**How this will protect public health:** Pests can carry disease-causing pathogens and are considered sources of contamination. Operators shall take the necessary steps to ensure retail food establishments are free of pests.



#### Service sinks

**Service sinks** – 410 IAC 7-26-353

**How this will affect operators:** At least one service sink or one curbed cleaning facility equipped with a floor drain shall be provided and conveniently located. The hot water temperature is 100°F. Toilets and urinals may not be used as a service sink for disposal of mop water and similar waste.

**How this will protect public health:** Utilizing appropriate facilities will ensure effective and efficient disposal of mop water and liquid waste.

#### COMPLIANCE AND ENFORCEMENT

# Timely correction for priority and priority foundation items

Timely corrections – 410 IAC 7-26-475

**How this will affect operators:** The owner or operator shall at the time of inspection correct a violation of a priority item or priority foundation item of this document and implement corrective actions for a HACCP plan provision that is not in compliance with its critical limit. For non-HACCP related priority (P) and priority foundation (Pf) out of compliance items see corrective actions below:

- (1) 72 hours after the inspection, for the owner or operator to correct violations of a priority item; or
- (2) 15 calendar days after the inspection, for the owner or operator to correct violations of a priority foundation item or HACCP plan deviations.

**How this will protect public health:** Violation correction dates place emphasis on duties of the regulatory authority and operator to ensure follow-up and compliance.

# **Timely correction for CORE items**

Timely corrections – 410 IAC 7-26-476

**How this will affect operators:** The owner or operator shall correct core items by a date and time agreed to or specified by the department but no later than 90 calendar days after the inspection.

(b) The regulatory authority may approve a compliance schedule that extends beyond the time limits specified under (a) of this section if a written schedule of compliance is submitted by the permit holder and no health hazard exists or will result from allowing an extended schedule for compliance.

**How this will protect public health:** Violation correction dates place emphasis on duties of the regulatory authority and operator to ensure follow-up and compliance.

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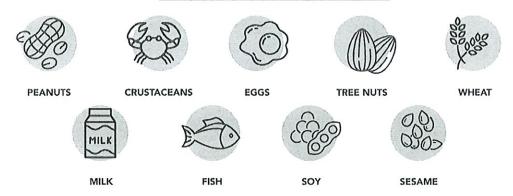


# Food Service Employee Allergen Awareness



Symptoms of food allergies (allergic reactions) occur when individuals consume one or more food allergens. Symptoms are not universal and do not present uniformly in everyone. Various factors such as the amount of food allergen consumed will determine the severity of the reaction. Food allergens present a serious health risk and may even cause death if not handled cautiously. Taking simple actions can assure that you and your customers are fully informed, and that everyone has a safe experience.

# 9 Major Food Allergens



# Symptoms of an Allergic Reaction

- Hives
- Flushed skin or rash
- · Coughing or wheezing
- Difficulty breathing
- Swelling of face, tongue, and/or lip
- · Dizziness and/or faintness
- Loss of consciousness
- Tingling or itchy sensation in mouth
- · Vomiting and/or diarrhea
- Abdominal cramps
- Swelling of throat and/or vocal cords

# Response to an Allergic Reaction

# Call 911 and seek emergency medical attention!

- Tell the person experiencing any of these symptoms to stop eating the food immediately.
- If the person has emergency medication and needs to use it, trained food service employees may assist the person to administer the medication.

# ((911))

# Procedures for Preventing an Allergic Reaction

## Food Service Employee Awareness:

- Listen to the customer's allergen request.
- · Familiarize yourself with the menu.
- Be able to identify all major food allergens used in the establishment.
- · Read all labels.
- Take all necessary allergen training.

## **Prevent Cross-Contact of Allergens:**

- Use different cutting surfaces before and after handling food with allergens.
- Clean and sanitize equipment and food contact services before and after handling food with allergens.
- Wash hands and change gloves before and after handling potential food allergens.

# Food Allergy Risk Factors

- Cross-contact of allergens with food not containing allergens
- Age

- · Lack of menu information
- Asthma
- Family history

- · Lack of knowledge
- Other allergies

# FAQs - Allergens



February 2025

# What are the major food allergens?

As of Jan. 1, 2023, the nine major food allergens recognized in the United States are milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans, and sesame.

# What is the allergen labeling requirement?

The Food Allergen Labeling and Consumer Protection Act of 2004 (FALCPA) and Food Allergy Safety, Treatment, Education, and Research (FASTER) Act of 2021 require that food labels clearly identify the food source names of any ingredients that are one of the nine major food allergens or contain protein derived from a major food allergen.

# How are the major food allergens listed on food labels?

They are listed using the common or usual name an of ingredient (e.g., buttermilk) which identifies the allergen's food source name (i.e., milk). Otherwise, the allergen's food source name must be declared either 1) in parentheses following the name of the ingredient in the ingredient list (example: "flour (wheat)") or 2) immediately after or next to the list of ingredients in a "contains" statement (example: "contains wheat").

# What is an allergic reaction?

An allergic reaction occurs when a person's immune system reacts to a substance inside of the body that their body has identified as harmful.

# What are the symptoms of an allergic reaction?

Symptoms of an allergic reaction (also known as food allergies) can include hives, tingly or itchy sensation in the mouth, abdominal cramps, difficulty breathing, vomiting and/or diarrhea, and swelling of the face, tongue, lip, throat, and/or vocal cords. Symptoms are not always present, are not the same for every person, and can depend on various factors including the amount of food allergen consumed.

# Fast Facts

- Before sesame was added in 2023, there had not been any updates to major food allergens since 2004
- An allergic reaction can happen within seconds to minutes of exposure to an allergen
- There is a difference between food intolerances and food allergens
- Consumers must be notified of the presence of major food allergens by written notification

For additional information on allergens: <a href="https://www.in.gov/health/food-protection/retail/">https://www.in.gov/health/food-protection/retail/</a>



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# **Vomit and Diarrhea Cleanup Procedure**



# Overview

This procedure brings awareness to the updated requirement of having a written procedure to address vomit and diarrheal events in a retail food establishment. Proper planning and training on this procedure can lead to the establishment being cleaned and disinfected both quicky and correctly in the event of contamination, controlling the spread of Norovirus.

# Cleanup response kit materials

- Safety signs/cones
- Eye protection
- Disposable gloves
- Disposable masks
- Disposable aprons
- Disposable bags
- Disposable shovels/scrapers

- Paper towels
- Spray bottles
- Disinfectant
- Sanitizing solution
- Absorbent powder/solidifier
- Mop with disposable mop head
- Mop bucket

# Cleanup procedures

Before cleanup, use the ABC method.

- Ask all individuals within a 25-foot radius to remove themselves from the area and wash their hands immediately.
- **B**lock off the contaminated area, and if applicable, dispose of all uncovered food and single-use equipment within a 25-foot radius.
  - o If multi-use equipment is contaminated, follow wash, rinse, disinfect and sanitize procedures.
- Clothe yourself in personal protective equipment prior to cleaning.

## **During** cleanup:

- Cover the contaminated area with an absorbent powder or paper towels, soaking up the excessive soil.
- Remove the hardened powder or dampened paper towels and any solid matter, immediately
  placing them in a disposable bag.
  - o Double bagging is recommended.
- Wash all contaminated surfaces with a soapy water solution, including all nearby surfaces and additional surface areas as necessary.
  - Minimize the spread of infectious material by working from the cleanest area towards the most contaminated area.
- Rinse the soapy water solution with clean water.
- Saturate all washed surfaces with an approved disinfectant.

- Avoid application via excessive force or focused stream to prevent aerosolizing any remaining viral particles.
- On floor surfaces, apply the disinfectant with a disposable towel or disposable mop head for the recommended amount of time (found on manufacturer's label), allowing surfaces to air dry.
- Saturate all dried, disinfected surfaces with an approved sanitizing solution.
  - o Wash, rinse, disinfect and sanitize all surfaces as necessary.
  - o Replace disposable towel or disposable mop head with each cleaning interval.

# After cleanup:

- Remove all personal protective equipment and place in disposable bag. Avoid touching any surfaces that were disinfected and sanitized.
- Remove all waste from the facility according to local, state or federal regulations.
- Wash hands thoroughly before performing any other duties.
- · Reopen the affected area after it dries.
- Remember, although it may not have been directly impacted, it is important to clean common areas with high potential for hand contact. This may include restrooms and drinking fountains. It is common for sick individuals to use these facilities following an incident.

# Disinfecting solution requirements

Use registered antimicrobial products effective against norovirus as <u>recommended by the Environmental Protection Agency</u> (EPA). Always use the product according to manufacturer's specifications.

Sources: <u>Cleaning and Disinfecting with Bleach</u> (CDC, 2024), <u>Norovirus Response and Cleanup</u> (National Parks Service, 2023).



# **Employee Health and Hygiene**



# Reporting agreement

The purpose of this agreement is to inform the employee of their responsibility to take appropriate steps of prelusion by accurately reporting current health conditions as it pertains to food-related illness and the transmission of foodborne illness.

The employee will report the following to the Person in Charge (PIC).

- 1. An onset of the following symptoms, including the date and location of onset
  - a. Diarrhea
  - b. Vomiting
  - c. Jaundice
  - d. Sore throat with fever
  - e. Exposed/infected cuts, burns or wounds with pus

If the employee experiences these symptoms at work, he or she should stop working immediately, report the symptoms to the PIC and see a health practitioner.

If the employee experiences the symptoms at home, they should notify management and avoid working until the designated time has passed based on diagnosis.

# 2. A medical diagnosis, including:

- a. Norovirus
- b. Typhoid fever (salmonella typhi)
- c. Shigellosis (shigella spp.)
- d. E. Coli 0157:H7 or other Shiga toxin-producing E. Coli (STEC) infection
- e. Nontyphoidal salmonella
- f. Hepatitis A

If the employee is restricted from work, they are permitted to work in limited capacities (non-food handling, non-utensil handling).

If the employee is excluded from work, they are not permitted to work and cannot return until approval from a health practitioner is received.

- 3. Exposure to or suspicion of causing any confirmed disease outbreak of norovirus, typhoid fever, shigellosis, *E. Coli* 0157:H7, hepatitis A or other STEC infection.
- 4. A household member diagnosed with norovirus, typhoid fever, shigellosis, hepatitis A or other STEC infection.
- 5. A household member attending or working in a setting experiencing a confirmed disease outbreak of norovirus, typhoid fever, shigellosis, *E. Coli* 0157:H7, hepatitis A or other STEC infection.

I have read [or had explained to me] and understand the requirements concerning my responsibilities under the Food Code and this agreement. I understand these safety procedures are in place to protect me, other employees, the establishment and consumers. I understand that failure to comply with the terms of this agreement could lead to action being taken by the food establishment or the regulatory authorities. I understand that noncompliance with this agreement may jeopardize my employment.

| Employee Name:         | Date: |
|------------------------|-------|
| Signature of Employee: | Date: |
| Printed PIC Name:      | Date: |
| Signature of PIC:      | Date: |

Source: U.S Food and Drug Administration Employee Health and Personal Hygiene Handbook 2020.

