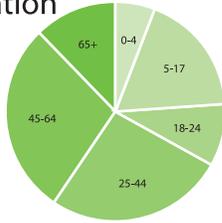


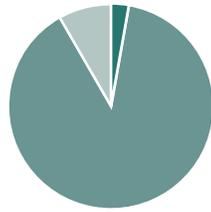
Porter County

Lead agency:
Valparaiso University

Total Population
164,343



Population by age group



Population by race

Hispanic
White
African American

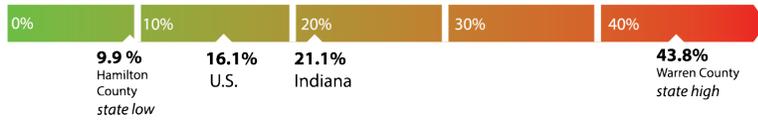
1700 Chapel Dr.
Valparaiso, IN 46383
Ph: (219) 464-6722
Fx: (219) 464-5425



TOBACCO AND HEALTH IN PORTER COUNTY

Percent of adults who smoke

21.1% = 26,235 smokers



Lung cancer deaths per 100,000 residents

46.3



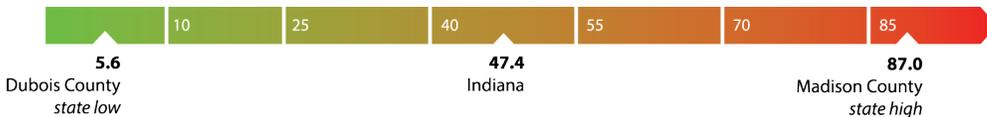
Cardiovascular disease deaths per 100,000 residents

209.3



Asthma related emergency room visits per 10,000 residents

44.0



Smoking and pregnancy

Births affected by smoking 176

low birth weight, SIDS, reduced lung function

Cost of smoking related births \$239,008

Percent of pregnant women who smoke

Indiana 11.5%
Porter County..... 8.5%

Smoking deaths

Deaths attributable to smoking
283

Deaths due to secondhand smoke
34

Economic burden of secondhand smoke: \$54.9 million

Smoking related illness

8,498

TOBACCO CONTROL FUNDING

\$225,000

Funding in Porter County for July 2019- June 2021.

\$6.1 billion

Economic cost in Indiana due to smoking.

\$903 per Indiana household

State and federal tax burden from smoking-caused government expenditures.

TOBACCO FREE POLICIES

Hospitals and Health Care Facilities:

- Porter-Portage Hospital Campus • Porter-Valparaiso Hospital Campus • Regency Hospital of Porter County • Hilltop Community Health Center • Porter-Starke Services • Regional Mental Health Center

Colleges and Universities:

- Ivy Tech - Valparaiso • Ivy Tech - Portage • Valparaiso University

School Districts:

- Duneland School Corporation • East Porter Community School Corporation • M S D of Boone Township • Portage Township Schools • Porter Township School Corporation • Union Township School Corporation • Valparaiso Community School

Multi-Unit Housing:

- Housing Opportunities • East Pointe Apartments

COMMUNITY-BASED TOBACCO CONTROL COALITION

- | | | |
|---|---|--|
| • Portage Township Schools | • Dr. John Johnson and Associates | • Mittal Steel |
| • Valparaiso Community Schools | • Porter-Starke Services | • Urshel Labs |
| • Duneland School Corp | • Mental Health America | • Smith Readymix |
| • Porter County Education Inter-local | • St. Mary Medical Center | • Steelworkers Union #6787 |
| • Valparaiso University | • St. Anthony Medical Center | • Anthem |
| • Ivy Tech Community College | • Heartland Christian Church | • GMW Consultants, Inc. Western and Southern Insurance |
| • East Porter County Schools | • United Methodist Church | • Portage YMCA |
| • Union Township Schools | • Porter County Step Ahead | • Valparaiso YMCA |
| • Hebron High School | • Porter County Substance Abuse Council | • Boys & Girls Club of Porter County |
| • Porter Hospital | • American Cancer Society | • Duneland School Corp |
| • Porter County Health Department | • American Heart Association | • Portage Township Schools |
| • HealthLinc Community Health Center | • United Way of Porter County | • Union Township Schools |
| • Northshore Health Clinic | • Society of Human Resource Managers | • East Porter County Schools |
| • Society for Nurses in Advanced Practice | • Centier Bank | • Heartland Christian Church |
| • WebMD | • Opportunity Enterprises | • Geminus Head Start |
| | | • Housing Opportunities |

COMMUNITY INDICATORS

Protect and maintain local tobacco control coalition infrastructure needed to combat tobacco use, as well as working with community organizations to reduce tobacco use among those groups most impacted by tobacco

Decrease adult smoking rates by:

- Promoting the Indiana Tobacco Quitline (1-800-QUIT NOW) throughout the community
- Working with healthcare providers to ensure they ask, advise, and refer their patients to tobacco cessation resources
- Supporting employers to create a healthier workforce through providing tobacco employer-sponsored cessation resources to their employees

Decrease youth smoking rates by:

- Supporting community efforts for counter tobacco point-of-sale strategies at the local level

Protect Hoosiers from exposures to secondhand smoke by:

- Supporting local or statewide smoke-free air ordinances for worksites, including restaurants, bars and gaming facilities
- Working toward smoke-free policies in multi-unit housing

