This resource guide is intended to help connect Hoosiers with resources about asthma and available services in the community. This resource guide is not intended to provide medical advice.

If you are currently having a medical emergency or difficulty breathing, please call your doctor or 9-1-1.

**General Information on Asthma**

National organizations and Websites that provide information on common asthma symptoms, triggers, and treatments.

**Phone Numbers for Asthma Questions**

Phone numbers that may help with asthma management (smoking cessation, medication assistance, etc).

**Local Asthma Programs and Resources**

Local asthma programs, support groups and camps.

**Environmental Components of Asthma**

Organizations and tools to help learn about indoor and outdoor asthma triggers.

**Prescription Assistance Programs**

Prescription assistance programs to offset cost of medication and supplies.

**Health Insurance Programs**

Asthma health insurance programs and plans (Medicaid/Hoosier Healthwise and the Healthy Indiana Plan).

**Recent Indiana Publications**

Recent publications provided by the Indiana State Department of Health Chronic Respiratory Disease Section.

**Asthma Activities and Books for Children**

Websites, activities, and books to assist children in learning about asthma.
General Asthma Information

Allergy & Asthma Network Mothers of Asthmatics (AANMA)
8201 Greensboro Drive,
Suite 300
McLean, VA 22102
www.aanma.org/
P: (800) 878-4403
F: (703) 288-5271
8AM-5PM ET M-TH
9AM-12PM ET Friday
Services: Provides consumer and physician information, educational resources, research information, etc.

American Academy of Allergy Asthma & Immunology (AAAAI)
555 East Wells St.
Suite 1100
Milwaukee, WI 53202-3823
Find an Allergist/Immunologist
P: (414) 272.6071
F: (414) 272-6070
http://aaaai.execinc.com/edibo/FindAnAllergist
Hours: Monday - Friday, 8AM - 5PM, Central
www.aaaai.org/
Services: Provides useful patient information, professional education and physician referral services. To find an allergist in your area, visit the Web site or call the Patient Information and Physician Referral Line.
• Note: The AAAAI cannot answer individual questions relating to the diagnosis or treatment of allergies and asthma.

American Association for Respiratory Care
9425 N. MacArthur Blvd.
Suite 100
Irving, TX 75063-4706
P: (977) 243-2272
F: (972) 484-2720
Email: info@aarc.org
http://www.aarc.org/
Services: Professional society for respiratory therapists, cardiopulmonary services and respiratory trainers.

American College of Allergy, Asthma and Immunology (ACAAI)
85 West Algonquin Road
Suite 550
Arlington Heights, IL 60005
P: (847) 427-1200
F: (847) 427-1294
Email: mail@acaai.org
http://www.acaai.org
Services: Information pertaining to treatment, diagnosis, medication, shots, allergist care for persons with asthma and allergies.

American Family Physician- Asthma Editorial Office
11400 Tomahawk Creek Pkwy.
Leawood, KS 66211-2672
P: 913-906-6205
F: 913-906-6086
Email: afpjournal@aafp.org
Services: Articles and editorials related to allergens, beta agonists, chronic cough, exercise–induced bronchoconstriction, inhalers, and wheezing.

American Academy of Pediatrics
141 Northwest Point Blvd.
Elk Grove Village, IL 60007-1098
P: (847) 434-4000
F: (847) 434-8000
http://www.healthychildren.org/
Services: Healthychildren.org provides information covering asthma and allergy causes, medication, devices, triggers, and ways to control symptoms.
American Lung Association of Indiana (ALA-I)
Indianapolis Office
115 West Washington St.
Suite 1180 South
Indianapolis, IN 46204
P: (317) 819-1181 or (800) LUNG-USA
F: (317)819-1187
www.lungin.org/
Services: General information on lung diseases and risk factors such as air quality, asthma, COPD, influenza, tobacco, and tuberculosis. More specific information about services and programs offered in Indiana.

American Lung Association (ALA) - National Headquarters
1301 Pennsylvania Ave. NW
Suite 800
Washington, DC 20004
P: (202) 785-3355
F: (202) 452-1805
www.lungusa.org/
Hours: Monday - Friday, 7AM – 7PM, Central
Services: General information on lung diseases and risk factors (such as air quality, asthma, tobacco control, environmental health, COPD and influenza) and programs offered by the ALA.
- To speak with a lung health professional, call the American Lung Association Lung HelpLine at 1-800-548-8252. The Call Center is staffed by Registered Nurses and Registered Respiratory Therapists.
- To locate the American Lung Association nearest you, call (800) LUNGUSA
- To contact the National Headquarters of The American Lung Association, call (212) 315-8700

Association of Asthma Educators
3493 Lansdowne Drive
Suite 2
Lexington, KY 40517
P: 888-988-7747
F: 859-271-0607
Email: info@asthmaeducators.org
http://www.asthmaeducators.org/
Services: Promote asthma education and increase competence of health care providers who provide asthma education, provide information on Asthma events, resources, AAE National Educator Certification Review Courses.

Asthma and Allergy Foundation of America
8201 Corporate Drive
Suite 1000
Landover, MD 20785
P: (800) 7-ASTHMA
Hotline Hours: Monday – Friday, 10AM - 3 PM, Eastern
www.aafa.org/
Email: info@aafa.org
Services: Provides general information on asthma and allergies certifies products as asthma and allergy friendly, ranks Asthma and Allergy Capitals of the U.S. and creates educational programs. Hotline helps patients and caregivers learn more about asthma and allergies.

Asthma Community Network.org
www.AsthmaCommunityNetwork.org
Email: networksupport@asthmacommunitynetwork.org
Services: Interactive network for community based asthma programs and organizations that sponsor them. Provides information on finding a program, discussion forums, blogs, videos, podcasts, webinar archives, event calendar, and resource bank.
Centers for Disease Control and Prevention
1600 Clifton Rd.
Atlanta, GA 30333, USA
P: (800) CDC-INFO (800-232-4636) TTY:
(888) 232-6348
8:00 AM-8:00PM Monday-Friday Eastern
Contact CDC-INFO
http://www.cdc.gov/asthma/
Services: Provides accurate, timely, consistent, and science-based information.
Representatives available to answer questions in English and Español.
▪ Note: CDC does not see patients and is unable to diagnose your illness, provide treatment, prescribe medication, or refer you to specialists.
If you have a medical emergency, please see your health care provider or the nearest emergency room. If you are a health care provider, please contact your state epidemiologist or local health department.

Environmental Protection Agency (EPA)
U.S. EPA/Office of Radiation and Indoor Air Indoor Environments Division
1200 Pennsylvania Ave. NW
Washington, DC 20460
P: (202) 272-0167
TTY (speech-and hearing impaired) (202) 272-0165
http://www.epa.gov/asthma/index.htmlwww.noattacks.org
Services: Tools for Schools, Air Quality Index and Smoke-free Home Pledge Campaign.

Environmental Protection Agency Region 5
(IL, IN, MI, MN, OH, WI)
77 West Jackson Blvd.
Chicago, IL 60604-3507
P: (312) 353-2000
F: (312) 353-4135
Toll free within Region 5: (800) 621-8431
http://www2.epa.gov/aboutepa/epa-region-5-great-lakes
Services: Provides general information on asthma and indoor asthma triggers, as well as descriptions of EPA’s community outreach programs.

Global Initiative for Asthma (GINA)
Contact available only through website.
http://www.ginasthma.com/
Services: Provides general information on asthma, asthma guidelines for health care professionals and information about World Asthma Day (celebrated each year on the first Tuesday of May).

Indiana State Department of Health
Asthma Program
2 N. Meridian St., 6B
Indianapolis, IN 46204
P: (317) 233-7299
http://www.in.gov/isdh/healthy%20people%20.htm
Services: Provides general information, state asthma publications, asthma data and statistics, educational materials, and services for controlling asthma in Indiana.
▪ Note: The ISDH Asthma Program cannot answer individual questions relating to the diagnosis or treatment of asthma.

National Athletic Trainers’ Association
2952 Stemmons Freeway #200
Dallas, TX 75247
P: (214) 637-6282
F: (214) 637-2206
Career Center (800) 437-5700
http://www.nata.org/
Services: Professional membership for certified athletic trainers and those who support the athletic profession
National Heart, Lung and Blood Institute
National Asthma Control Initiative: Healthcare Professionals
NHLBI Health Information Center
Attention: Website
P.O. Box 30105
Bethesda, MD 20824-0105
P: (301) 592-8573
F: (301) 592-8563
Email: nhlbiinfo@nhlbi.nih.gov
Services: Information for Health Care Professionals including links to Guidelines for the Diagnosis and Management of Asthma, Guidelines Implementation Panel (GIP): Partners putting Guidelines into Practice, NACI Demonstrations Projects, and Evidence Based Asthma Best Practices.

National Institute of Allergy and Infectious Diseases
NIAID Office of Communications and Government Relations
6610 Rockledge Dr. MSC 6612
Bethesda, MD 20892-6612 (Zip Code for Courier: 20817)
P: (301) 496-5717  Toll Free: (866) 284-4107
TDD: (800) 877-8339 (for hearing impaired)
F: (301) 402-3573
Services: Conducts and provides information for consumers to aid in understanding, treating, and ultimately preventing infectious, immunologic, and allergic diseases.

National Institute of Environmental Health Sciences
111 T.W. Alexander Dr.
Research Triangle Park, NC 27709
P: (919) 541-3345
F: (301)480-2978
http://www.niehs.nih.gov/health/topics/conditions/asthma/index.cfm
Services: Provides health studies and clinical trial information concerning asthma.

United States Department of Health and Human Services
National Health Information Center
200 Independence Ave S.W.
Washington, D.C. 20201
Services: Current health information Tools for finding local services, such as Myhealthfinder (health recommendations based on age, sex, and pregnancy status). Information concerning Health Care reform.
Telephone Contacts for Asthma Questions

Centers for Disease Control and Prevention
1600 Clifton Rd.
Atlanta, GA 30333, USA
P: (800) CDC-INFO (800-232-4636) TTY: (888) 232-6348
8:00 AM-8:00PM Monday-Friday Eastern
**Services:** Provides accurate, timely, consistent, and science-based information. Representatives available to answer questions in English and Español.
- Note: CDC does not see patients and is unable to diagnose your illness, provide treatment, prescribe medication, or refer you to specialists.

Hotline from the Asthma and Allergy Foundation of America
P: (800) 7-ASTHMA
Hotline Hours: Monday – Friday, 10AM - 3 PM, Eastern
**Services:** Helps patients and caregivers learn more about asthma and allergies.

Indiana Tobacco Quitline from Indiana Tobacco Prevention and Cessation
P: (800) QUIT-NOW (800-784-8669)
Hours: Sunday – Saturday, 8AM - Midnight, Eastern
**Services:** Trained Quit Coaches provide tobacco users with customized quit plans. Services are also available for former smokers who need support to prevent relapse and friends and relatives who want to offer support to tobacco users during the quit process.

Lung Line from the National Jewish Medical Center
P: (888) 222-LUNG
Hours: Monday - Friday, 8AM - 4:30PM, Eastern, messages can be left at anytime
**Services:** Registered Respiratory Nurses answer your lung health questions.

Indiana Family Helpline from the Indiana State Department of Health
P: (800) 433-0746
Hours: Monday – Friday, 7:30AM – 5:00PM, Eastern
For Additional Information, contact Mary Bisbecos, M.S., C.I.R.S.
Business Phone: (800) 433-0746
Voice Mail: (317) 233-1230
**Services:** Connects individuals to local resources for various health issues and social services including prescription assistance, Medicaid, smoking cessation, etc.

Physician Referral Line from the American Academy of Allergy Asthma & Immunology (AAAAI)
Find an Allergist/Immunologist
P: (414) 272-6071
Hours: Monday-Friday, 8 AM-5 PM, Central
**Services:** Links individuals to local allergists. Note The AAAAI cannot answer individual questions relating to the diagnosis or treatment of allergies and asthma.
Local Asthma Programs and Resources

All About Asthma St. Joseph County
Robin Meleski, MPH, CHES
Director of Health Education
St. Joseph County Health Department
227 W. Jefferson Blvd.
8th Floor- County City Building
South Bend, IN 46601
P: (574) 245-6749
F: (574) 245-6666
Cell: (574) 876-1997
rmeleski@co.st-joseph.in.us

Services: Provide literature on health related topics. Lending library allows community educators to borrow materials related to a variety of health topics. Presentations at schools, community centers and private organizations. Innovative health programming. Universal precautions training program. Work with other community organizations on health related task forces.

Asthma Alliance of Indianapolis (AAI)
Marion County Health Department
3838 N. Rural St.
Indianapolis, IN 46205
P: (317) 221-2473
http://www.asthmaindy.org
Email: rcostley@hhcorp.org

Services: Provides asthma in-services for school and early child care staff, educational programs for parents, environmental assessments for homes and schools in Marion County and support for community events and policies regarding asthma.

Boone County Healthy Coalition
Tobacco Free Boone County
P.O. Box 214
Lebanon, IN 46052
P: (765) 482-3942
F: (765) 483-4450
Email: tfbcvoice@gmail.com

Services: Educate the public as well as smokers and disparately-affected families about asthma as it ties in with secondhand smoke. Promote asthma awareness in Indiana across health professionals, public health educators, school nurses, as well as families who encounter the respiratory disease.

Cameron Memorial Community Hospital
Respiratory Therapy
416 E. Maumee St.
Angola, IN 46703
P: (260) 655-2141
F: (260) 665-2879
http://www.cameronmch.com

Services: Pulmonary function testing, Methacholine Challenge, Overnight Oximetry

Clark County Health Department
Mold and Air Quality
1320 Duncan Ave.
Jeffersonville, IN 47130
P: (812) 282-7521
F: (812) 288-2711

Services: Information concerning mold and moisture, printable list of indoor air quality testing in Southern Indiana.
Family and Social Services Administration  
**Breathe Easier**  
402 W. Washington St.  
P.O. Box 7083  
Indianapolis, IN 46207-7083  
P: (800) 403-0864  
http://www.in.gov/fssa/2404.htm  
http://www.in.gov/fssa/files/BreathingEasier.pdf  
**Services:** Provides information for making child care asthma friendly. Talking points for parents, reducing triggers, and other general information for caregivers.

Healthy Communities of Clinton County Coalition  
**Asthma Education Program**  
Purdue Extension Office  
1111 S. Jackson St.  
Frankfort, IN 46041  
P: (765) 659-6380  
http://healthyclintoncounty.org/index.html  
**Services:** Educational program which uses Radical Randy® the teaching doll to enable children learn about the lungs by touch and feel.

Franciscan Alliance  
- **Franciscan St. Anthony Health**  
1201 S. Main St.  
Crown Point, IN 46307  
P: (219)757-6144  
http://www.franciscanalliance.org/hospitals/crownpoint/services/respiratory/Pages/default.aspx  
- **Franciscan St. Anthony Health**  
Michigan City  
301 W. Homer St.  
Michigan City, IN 46360  
http://www.franciscanalliance.org/hospitals/michigan-city/services/respiratory/Pages/default.aspx  

Franciscan St. Margaret Health  
5454 Hohman Ave.  
Hammond, IN 46320  
P: (219) 933-2014, (708) 895-1650  
http://www.franciscanalliance.org/hospitals/hammond/services/respiratory/Pages/default.aspx  
**Services:** Inpatient and outpatient respiratory care for children and adults including diagnostic, therapeutic and critical care treatment.

Franciscan Medical Specialists - Munster Medical Center - Allergy & Asthma  
761 45th Ave.  
Munster, IN 46321  
P: (219) 922-5416  
F: (219) 922-3745  
**Services:** Comprehensive evaluation, spirometry, and allergy skin testing.

Healthy Shelby County  
150 W. Washington St.  
P.O. Box 1189  
Shelbyville, IN 46176  
P: (317) 398-5240  
Email: dholland@majorhospital.org  
www.healthyshelbycounty.org  
**Services:** Provides information concerning current community health data, health and wellness resources, directory listing for resources located in Shelby County, and healthy tools.
Hendricks County Coalition for Tobacco Intervention and Prevention Hendricks Regional Health
998 E. Main St.
Suite 103
Danville, IN 46112
P: (317) 828-9248
F: (317) 745-9218
http://www.co.hendricks.in.us/health_tobacco Intervention.html
Services: Information concerning tobacco intervention. Links to additional tobacco intervention and lung health resources.

Hoosier Uplands Economic Development Corporation
500 W. Main St.
Mitchell, IN 47446
P: (812) 849-4447 Toll Free (800) 333-2451
F: (812) 849-4467
www.hoosieruplands.org

Indiana Hospital Directory
Hospital Directory
Services: Searchable site by county with addresses and contact information for all hospitals in Indiana. When calling, ask for the respiratory care educator.

Indiana State Department of Health Asthma Program
2 N. Meridian St., 6B
Indianapolis, IN 46204
P: (317) 233-7299
http://www.in.gov/isdh/24965.htm
Services: Provides general information, state asthma publications, asthma data and statistics, educational materials, and services for controlling asthma in Indiana.

Indiana Department of Education
South Tower
Suite 600
115 W. Washington St.
Indianapolis, IN 46204
P: (317) 232-6610
F: (317) 232-8004
http://www.in.gov/idem/
Services: In partnership with the Indiana Department of Education, the Chronic Respiratory Disease Section conducts several asthma related trainings for school nurses each year. The trainings cover asthma basics, asthma medications, and how to handle an asthma emergency at school.

Indiana Department of Environmental Management
5-Star Environmental Recognition Program
Community Environmental Health
100 N. Senate Ave. IGCN 1315
Indianapolis, IN 46204-2251
P: (317) 233-5555 Toll Free: (800) 451-6027
F: (317) 233-6647
http://www.in.gov/idem/
Services: The 5-Star Environmental Recognition Program for Child Care Facilities, a program created by the Indiana Department of Environmental Management (IDEM), ensures that child care providers have taken steps to reduce and eliminate hazards that can cause permanent, long term developmental problems in young children.

Indiana University Health Morgan Hospital
Respiratory Therapy/Sleep Center
2209 John R Wooden Dr.
Martinsville, IN 46151
P: (765) 342-8411
http://iuhealth.org/morgan/respiratory-therapy-sleep-center/
Services: Provides education to patients on disease management, medications, and recovery goal setting.
Major Hospital
Cardiopulmonary Department
Outpatient services
150 W. Washington St.
Shelbyville, IN 46176
P: (317) 421-1900
http://www.majorhospital.com
Services: Pulmonary Function, Test, Pulse Oximetry, Stress Testing, Methacholine Challenge Electrocardiograms, Holter Monitor Application & Scanning, Cardiac Event Monitors Sputum Induction for Diagnostic Purposes, Echocardiograms, Pulmonary rehabilitation for inpatients, outpatients and their families,
Better Breathers Support Group (meets the 1st Wednesday of each month at 12:30 p.m.)

Parkview Integrated Community Nursing
2200 Randallia Dr
Fort Wayne, IN 46805
P: (260) 373-4000
Deb Lulling, RN, BSN
Asthma Educator/Community Nurse
Email: Deb.Lulling@parkview.com
Services: The Parkview Asthma Call Back Program provides a series of phone calls by an asthma health educator to check on an individual’s health status. The program also provides home visits as needed to help reduce asthma triggers in the home, and assists individuals in receiving asthma medications at a reduced cost.

Partnership for a Healthier Johnson County Asthma Coalition
1125 W. Jefferson St.
Suite V
P.O. Box 549
Franklin, IN 46131
P: (317) 736-2657
F: (317) 346-3738
Email: partnership@johnsonmemorial.org
http://www.healthierjc.org/asthmaeducation.htm
Services: Provide presentations and educational sessions to local schools and adult groups. Also maintain asthma-related supplies and educational materials to distribute to community members and groups.

Purdue Extension
Purdue University
West Lafayette, IN 47907
P: (765) 494-4600
http://www.purdue.edu/hhs/extension/default.aspx
Services: Provides expertise and resources to address the needs of Children and families. Food and Health, Home and Money and Health and Human Services. Office locations available in each county.

Putnam County Hospital - Respiratory Care
1542 S. Bloomington St.
Greencastle, IN 46135
P: (765) 653-5121 Toll free: (800) 394-9338
http://www.pchosp.org/therapy/respiratory/
Services: Treatment of chronic, acute and emergency respiratory illness. Provides aerosolized medications, oxygen, percussion and postural drainage exercises. Arterial Blood Gas sampling, Electrocardiograms, Pulmonary Function Testing, and a sleep lab are also provided.

Rush Memorial Hospital
Respiratory Services
1451 N. Garden St.
Rushville, IN 46173
P: (765) 932-7565
http://www.rushmemorial.com
Services: Provides aerosol therapy, home oxygen qualification, emergency procedures, patient education, smoking cessation, and Pulmonary Function Testing.

St. Mary’s Respiratory Care School Outreach
St. Mary’s Health System
3700 Washington Ave.
Evansville, IN 47750
P: (812)485-4000
http://www.stmarys.org/respiratory-care-outreach
Services: Provides a Registered Respiratory Therapist, and Asthma Awareness classes.
St. Joseph Regional Medical Center  
5215 Holy Cross Pkwy.  
Mishawaka, IN 46545  
P: (574) 2475400  
F: (574) 247-5401  
http://www.sjmed.com/asthma-education  

Services: Educational classes for people with asthma for the proper use of asthma medications and devices including: inhalers, spacers, and peak flow meters. Child education featuring Radical Randy® teaching tool.  
Pulmonary Function Testing including FeNO testing. Personalized asthma action plans are completed at the end of the class.

St. Vincent Health  
P: (317) 338-CARE  
http://www.stvincent.org/Default.aspx  

Asthma Programs  
- **Anderson:** Regional - [www.stvincent.org/Saint-Johns/Medical-Services/Respiratory-Care.aspx](http://www.stvincent.org/Saint-Johns/Medical-Services/Respiratory-Care.aspx)  
- **Brazil:** Clay- [http://www.stvincent.org/St-Vincent-Clay/Medical-Services/Respiratory-Care.aspx](http://www.stvincent.org/St-Vincent-Clay/Medical-Services/Respiratory-Care.aspx)  
- **Kokomo:** St. Joseph- [http://www.stvincent.org/St-Joseph/Medical-Services/Respiratory-Care.aspx](http://www.stvincent.org/St-Joseph/Medical-Services/Respiratory-Care.aspx)  

Services: Provides full range of respiratory services. Includes pulmonary function studies, oximeter evaluations, pulmonary rehab, and home therapy education, and Bronchial Thermoplasty. Asthma Clinic provided for increased management skills for individuals with Asthma. Some services provided as outpatient service.

South Bend Clinic  
Allergy and Immunology  
Main Campus  
211 N. Eddy St.  
South Bend, IN 46617  
P: (574) 237-9217  

Elkhart Campus  
500 Arcade Ave  
Suite 300  
Elkhart, IN 46514  
P: (574) 295-6776  
http://www.southbendclinic.com  

Services: Comprehensive care for respiratory and allergic diseases including allergic rhinitis, sinus disease, asthma, food allergies, headaches, insect stings and medications.

Stay Active in Life from Riley Hospital for Children  
705 Riley Hospital Dr.  
Indianapolis, IN 46202  
P: (317) 944-5000 Toll Free (800) 248-1199  
http://rileychildrenshospital.com/sail  

Services: Program for children addressing nutrition, physical activity, asthma education and being yourself.

Support Groups – Better Breathers from the ALA  
http://www.lungin.org  
(Click Programs, then Better Breathers Clubs)  

Services: Support group for adults with asthma or other chronic respiratory illnesses.

Union Hospital-Pulmonary and Lung Health  
1606 N. 7th St.  
Terre Haute, IN 47807  
P: (812) 238-7822  
F: (812) 238-4994  
Monday-Friday 8 AM-4:30 PM  
Email: acottrell@uhhg.org  
jimmckanna@uhhg.org  
http://www.myunionhospital.org  

Services: Provides asthma action plans, as well as asthma management, Better Breathers Club, and free educational workshops.
Environmental Components of Asthma

Clark County Health Department
Environmental Health Program
Mold and Air Quality
1320 Duncan Ave.
Jeffersonville, IN
P: (812) 282-7521
F: (812) 288-2711
Air Quality Testing Companies
http://www.clarkhealth.net/pdf/indoor_air_testing.pdf
Services: Provides a list of companies that conduct air quality testing in Southern Indiana

Environmental Protection Agency (EPA)
U.S. EPA/Office of Radiation and Indoor Air
Indoor Environments Division
1200 Pennsylvania Ave. NW
Washington, DC 20460
P: (202) 272-0167
TTY (speech-and hearing impaired) (202) 272-0165
http://www.epa.gov/asthma/index.html
www.noattacks.org

Environmental Protection Agency Region 5
(IL, IN, MI, MN, OH, WI)
77 W. Jackson Boulevard
Chicago, IL 60604-3507
P: (312) 353-2000
F: (312) 353-4135
Toll free within Region 5: (800) 621-8431
http://www2.epa.gov/aboutepa/epa-region-5-great-lakes
Services: Provides general information on asthma and indoor asthma triggers, as well as descriptions of EPA’s community outreach programs. EPA has several resources and tools that can be downloaded including Tools for Schools, Air Quality Index and Smoke-free Home Pledge Campaign. Learn more about reducing indoor asthma triggers by visiting the No Attacks Web site.

Improving Kids Environment (IKE)
1915 W. 18th St.
Indianapolis, Indiana 46202
P: (317) 253-1312
http://www.ikecoalition.org/
Services: Work to improve children’s health by reducing environmental threats. Support efforts to improve air quality, such as the Smart Schools Don’t Idle Program, hold annual conference on healthy homes and have evaluated asthma awareness among Indiana builders and remodelers to facilitate asthma-friendly practices.

Indiana Department of Environmental Management (IDEM)
Indiana Government Center North
100 N. Senate Ave.
Indianapolis, IN 46204
P: (317) 232-8603 Toll Free (800) 451-6027
F: (317) 233-7745
http://www.in.gov/idem/

Office of Air Quality (OAQ) (Compliance)
http://www.in.gov/isdh/24347.htm
Services: The Office of Air Quality (OAQ) protects the public health and the environment through the fulfillment of its responsibilities as set forth in the Environmental Acts

Smog Watch
(http://www.in.gov/apps/idem/smog)
Services: provides an easy-to-read forecast of air quality in different regions of Indiana.

Integrated Pest Management (IPM)
Purdue University, Department of Entomology
901 W. State St.-Smith Hall
West Lafayette, IN 47907-1158
Email: luck@purdue.edu
http://www.entm.purdue.edu/entomology/ outreach/schoolipm
Services: Provides regulations and policies for schools and child care facilities, training opportunities, and additional resources.
Knozone
http://www.knozone.com
Services: Air quality forecasts for Indianapolis area and information about the health effects of ozone and fine particles for persons with asthma.

Vanderburgh County Health Department
Evansville Environmental Protection Agency (EPPA)
C.K. Newsome Community Center
100 E. Walnut St.
Suite 100
Evansville, IN 47713
P: (812) 435-6145
F: (812) 435-6155
Email: eepa@evansvillegov.org
Hours: Monday-Friday, 8A-5P
http://www.evansville.in.gov/index.aspx?page=52
Prescription Assistance Programs

**Hoosier Rx**
http://www.in.gov/fssa/ompp/2669.htm

**Services:** Help paying the monthly Part D premium, up to $70 per month, for members enrolled in a Medicare Part D Plan working with HoosierRx

**National Association of Counties**
http://www.nacorx.org/

**Services:** Free service that provides prescription coverage to Indiana residents who do not have prescription coverage (may also cover prescriptions that are not covered under other insurance plans). Simply print a card and present to a participating pharmacy with valid prescription. There are no limits on how many times the card can be used, and provides coverage for all family members including provisions for pets.

**NeedyMeds**
www.needymeds.org/

**Services:** Assistance with prescription costs. Newsletters, discount drug cards, webinars, and links to government programs

**Partnership for Prescription Assistance**
http://www.pparx.org/en/about_us

**Services:** Assists qualifying patients without prescription drug coverage get the medicines they need for free or nearly free.

**RxAssist**
http://rxassist.org/

**Services:** Offers comprehensive database of patient assistance programs, practical tools, and articles of current information.

**Rx for Indiana**
http://rxforindiana.org/resources/

**Services:** Help for low-income, uninsured Indiana residents get access to patient assistance programs where they qualify for free, or nearly free, prescription medicines.

**Wisconsin Asthma Coalition-Children’s Health Alliance of Wisconsin Prescription Assistance Program**

**Services:** List of prescription programs created to assist patients nationwide in receiving asthma medications. Assistance programs provided by the drug manufacturer.
Health Insurance Plans

Children’s Special Health Care Services (CSHCS)
2 N. Meridian St.
Indianapolis IN 46204
P: (317) 233-1351 Toll Free (800) 475-1355
Email: cshcscarecoordinatio@isdh.in.gov.
http://www.in.gov/isdh/19613.htm

Services: Supplemental insurance program that helps eligible families of children with serious, chronic medical conditions pay for treatment related to their child’s condition.

Hoosier Healthwise Active Health Plans:
Hoosier Healthwise

Anthem Blue Cross Blue Shield
120 Monument Circle
Indianapolis, IN 46204
P: (866) 408-6131 (Customer Care Center)
Customer Care Center Hours: Monday – Friday, 7AM – 7PM, Eastern
www.anthem.com/wps/portal/ahpmember?content_path=member/in/f3/s0/t0/pw_ad084720.htm&label=State%20Sponsored%20Plans&state=in&rootLevel=0 or www.anthem.com

MDWise
P.O. Box 441423
Indianapolis, IN 46244-1423
P: (317) 630-2831 or (800) 356-1204
Customer Service Line Hours: 24 hours a day, 7 days a week
http://www.mdwise.org/
Español

Services: Provides health coverage and information for vulnerable populations in Indiana.

Healthy Indiana Plan (H.I.P.)
Indiana family and Social Services Administration
402 W. Washington St.
P.O. Box 7083
Indianapolis, IN 46207-7083
P: (877) GET-HIP-9 (877) 438-4479
Hours: Monday-Friday, 8AM-PM Eastern Saturday, 8AM-1 PM Eastern
www.hip.in.gov

Services: State-sponsored health plan for uninsured low-income Hoosiers between the ages of 19 and 64 years of age.

Indiana Medicaid/Hoosier Healthwise
Indiana Family & Social Services Administration
P: (800) 457-8283
http://www.in.gov/fssa/index.htm

Services: Health insurance program for Indiana children, pregnant women and low-income families.

State Health Insurance Assistance Program (SHIP)
http://www.in.gov/idoi/2495.htm
Services: free and unbiased insurance counseling program.
Recent Indiana Asthma Publications

Fact Sheets

Minority Health and Asthma Fact Sheet
Information on asthma burden and management in Indiana’s minority populations.

Healthy People 2020 Indiana Brief: Asthma Update
A brief update on Healthy People 2020 asthma objectives in Indiana adults aged 65 and older.

Asthma and Women Fact Sheet
A fact sheet on how asthma affects women.

Asthma and the Flu Fact Sheet
Information on flu prevention for people with asthma.

2012 Asthma Fact Sheet
The latest information about asthma in Indiana.

2011 CDC - Asthma in Indiana
This CDC fact sheet shows Indiana asthma data.

Work-Related Asthma
Provides information on work-related or occupational asthma and ways to reduce asthma triggers in the workplace.

Data

2011 Age-Adjusted Emergency Department and Hospitalization Rates by County
Detailed rates for each county.

2007-2011 Age-Specific Child Emergency Department and Hospitalization Rates
Rates for Indiana children, by county.

Reports

Indiana Plan to Improve Asthma Outcomes
The current State Plan.

2011 Burden Report
Describes the burden of asthma in Indiana.

Data Request Form

To request data from the Chronic Respiratory Disease Section, please fill out this form and return to abrandt@isdh.in.gov
Asthma Activities for Children

AIRNOW from the EPA /KID’S AIR
U.S. EPA Office of Air Quality Planning and Standards (OAQPS)
Information Transfer Group
Mail Code E143-03
Research Triangle Park, NC 27711
F: (919) 541-0242
http://www.airnow.gov/index.cfm?action=aqikids_home.index
Services: Online games about outdoor air quality for kids ages 5-6 and 7-10.

Camp Eeze-the-Wheeze
Indiana University
2300 S. Washington St.
Kokomo, IN 46902
P: (765) 455-9308
www.asthmacamps.org
Camp description: Day camp for 6-13 year olds. Additional camp information dates, and fees can be found by using the contact information above.

Camp Not A Gonna Wheeze
St. Mary’s
1901 Lynch Rd.
Evansville, IN 47711
P: (812) 435-8279
http://www.asthmacamps.org
Camp description: Day camp for elementary students. Camp information and dates can be found using the contact information above.

Children’s Special Health Care Services (CSHCS)
2 N. Meridian St. 7B
Indianapolis IN 46204
P: (317) -233-1351 or (800)-475-1355
Email: cshcsarecoordinatio@isdh.in.gov
http://www.in.gov/isdh/19613.htm
Services: Supplemental insurance program that helps eligible families of children with serious, chronic medical conditions pay for treatment related to their child’s condition.

Consortium of Children’s Asthma Camps
490 Concordia Ave
St. Paul, MN 55103
P: (651) 227-8014
www.asthmacamps.org
Email: Jill.Heins@lungmn.org
Services: Provides a list of asthma camps by state, including dates and contact information. Also provides asthma camp toolkit, health history forms, parent curriculum, and other resources.

Dusty’s Asthma Fun book from the EPA
U.S. EPA/Office of Radiation and Indoor Air
Indoor Environments Division
1200 Pennsylvania Ave. NW
Mail Code 6609J
Washington, DC 20460
P: (202) 343-9370
http://www.epa.gov/asthma/publications.html#Dusty
Services: Printable pdfs featuring mazes, word searches, coloring activities, etc. to learn about asthma triggers. Available in English and Español.

Happy Hollow Asthma Camp
615 N. Alabama St.
Suite 228
Indianapolis, IN 46204
P: (317) 638-3849
www.asthmacamps.org
http://www.happyhollowcamp.net/
Camp description: Overnight camp for 7 – 14 year olds. Additional camp information dates and fees can be found using the contact information above.
Just for Kids from the AAAAI
555 East Wells St.
Suite 1100
Milwaukee, WI 53202-3823
P: (414) 272-6071
F: (4140 272-6070
http://www.aaaai.org/patients/just4kids/default.stm

Services: Word searches, mazes, ideas for school project, game, coloring book, children’s story books (English/Español)

Kid’s Health
Contact only available through Web site.
http://kidshealth.org/

Services: Resources for parents, kids, and teens including movies, personal stories and informative articles on asthma.

Nick Jr.com
http://www.nickjr.com/kids-health/asthma/

Services: This website features asthma related crafts, games, activities and information for parents of preschool age children.

Starlight Starbright Children’s Foundation and Quest for the Code Asthma Game
2049 Century Park East
Suite 4320
Los Angeles, CA 90067
P: (310) 479-1212
http://asthma.starlight.org/

Services: Quest for the Code is an online asthma game for 7-15 year olds voiced by celebrities such as Cuba Gooding, Jr. and Shaquille O’Neal. The Starlight Web site also hosts an online network for young people with chronic conditions and their siblings to connect with others.
Asthma Books for Children

Abby’s Asthma and the Big Race: Theresa Golding (Author), Margeaux Lucas (Illustrator) [Paperback]

Breathe Easy, Young People’s Guide to Asthma: Jonathan H. Weiss (Author), Michael D. Chesworth (Illustrator) [Paperback]

Ella The Elephant – Educating Children about Asthma: Shelly Weiss (Author), Christopher Harmon (Illustrator) [Paperback]

He Huffed and He Puffed But… A Tale of A Wolf With Asthma: Anderson, Bauman, Davis, Goshert, Granger, Keiper (Authors), Coxx, Mc Farland (Illustrators)

I Have Asthma (Let’s Talk About It Books): Jennifer Moore-Mallinos (Author), Marta Fabrega (Illustrator) [Paperback]

Peter, the Knight with Asthma: Janna Matthies (Author), Anthony Lewis (Illustrator)

Maggie Braves the Waves with Asthma (Bilingual Edition): Mari R McEowen (Author) [Paperback]

Sportercise! A Story About Exercise-Induced Asthma: Kim Gosselin (Author), Terry Ravanelli (Illustrator) [Paperback]

The ABC’s of Asthma: An Asthma Alphabet Book for Kids of All Ages: Kim Gosselin (Author), Terry Ravanelli (Illustrator) [Paperback]

The Lion Who Had Asthma (Albert Whitman Concept): Jonathon London (Author), Nadine Bernard Westcott (Illustrator) [Paperback]

Why Is It So Hard to Breathe? A First Look at Asthma (First Look at Books): Pat Thomas (Author), Leslie Harker (Illustrator) [Paperback]

Taking Asthma to School (Special Kids in Schools), Second Edition (Special Kids in Schools Series): Barbara Mitchell (Author), Moss Freedman (Illustrator) [Paperback]
TOOLKITS

www.epa.gov/region7/citizens/schools/toolkit.htm