



Indiana State
Department of Health

LONG TERM CARE NEWSLETTER

Conference Location

Sagamore Ballroom
Indiana Convention Center
100 South Capitol Avenue
Indianapolis, IN 46225
<https://www.icclos.com/>

To Register Online

www.in.gov/isdh/23260.htm

To Obtain Registration Form for Fax/Mail

[Registration Form](#)

Questions

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Expressive Arts

Indiana Healthcare Leadership Conference

Thursday, October 22, 2015

8:30am - 3:15pm

*Indiana Convention Center
Indianapolis, Indiana*

About the Leadership Conference

The Indiana Healthcare Leadership Conference is an initiative of the Indiana State Department of Health (ISDH). The ISDH plans two Leadership Conferences per year - one in the spring and one in the fall. Each conference is a one-day conference focusing primarily on a single issue.

The Leadership Conferences, which began in June 2007, have grown in attendance from 720 participants to over 1200 participants. Attendees have been treated to outstanding presentations on falls management, reduction of pressure ulcers, behavior management and reduction of restraints, emergency preparedness planning, managing incontinence care, staffing issues, and healthcare associated infections. A variety of educational and practical resources on all these topics were provided at each conference.

The conferences are intended to bring together statewide healthcare leaders to promote important quality of care issues. This conference will include providers from long term care, state surveyors, healthcare organizations, and individuals with significant interests in health care.

Invited Participants

The ISDH invites each comprehensive care facility (nursing home) to send two representatives to the conference. Each facility may select the individuals attending the conference on behalf of their facility. The ISDH recommends individuals such as the facility administrator, director of nursing, activity director, or other members of your patient safety team. Corporate offices of facilities are also invited to send appropriate representatives.

The ISDH will also be inviting selected professional organizations and individuals to attend the conference. Invited organizations will include the Alzheimer's Association of Greater Indiana, QSource, Hoosier Owners and Providers for the Elderly, Indiana Health Care Association, Indiana Hospital Association, Leading Age Indiana, Indiana Ombudsman, patient safety coalitions and centers, regional collaborative, and United Senior Action. The ISDH will also be inviting academic and legislative partners. ISDH long term care surveyors will be attending.

Conference Location

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100 South Capitol Avenue
Indianapolis, IN 46225
www.icclos.com/maps-and-directions.aspx

Conference Funding

The conference is primarily funded through the ISDH civil money penalty fund. A small registration fee of \$50 will be charged to pay for meeting costs that cannot be paid by the civil money penalty fund.

Hotel Information

There are numerous hotels in the immediate vicinity of the Indiana Convention Center. Visit www.visitindy.com for a list of hotels and to check availability. Participants are responsible for making their hotel reservations and any incurred expenses.

Conference Agenda

7:30 a.m. - 8:30 a.m. Conference Registration

A continental breakfast will be available for conference participants.

8:30 a.m. - 8:35 a.m. Welcome and Announcements

Speaker: Terry Whitson, Assistant Commissioner, Indiana State Department of Health

8:35 a.m. - 10:00 a.m. The Expressive Arts: Brain-Wise Approaches to Long-Term Care

Speaker: Cathy A. Malchiodi, PhD, ATR-BC, LPAT, LPCC, REAT

Topic: Dr. Malchiodi will discuss the background of the expressive arts and its application to people in all situations

including long term care. Much research has been done and is being conducted regarding the value and applicability of the expressive arts to older adults and those with dementia. She will also provide an overview of integrating the expressive arts into your facilities for the benefit of the residents.

10:00 a.m. - 10:15 a.m.

Break

10:15 a.m. - 12:00 p.m.

"Music First"

Speakers: Timothy Brimmer, DA, MM, Professor of Music, Butler University, Indianapolis, Indiana. John M. Plewes II, MD, Forensic Psychiatrist

Topic: Active music listening offers innumerable benefits for all humans. Dr. Brimmer will focus on using music as a first intervention before drugs for those residents with behaviors and for the improvement of quality of care and life for nursing home residents. He will also discuss the important benefits that music has for nursing home staff.

12:00 p.m. - 1:10 p.m.

Lunch

Lunch will be provided for conference participants in the 500 Ballroom, Indiana Convention Center.

1:10 p.m. - 1:50 p.m.

Keeping Memory Alive through Writing

Speaker: Dr. Elizabeth Weber, PhD, MFA, Professor of English, University of Indianapolis

Topic: Dr. Weber will share writing prompts that she has used in workshops to help people to write about their lives and gain insight into their experiences. Participants will have a chance to do these exercises themselves and then discuss their discoveries. The purpose is to give participants tools that they can then use with their clients to help keep memory alive through writing.

1:50 p.m. - 2:30 p.m.

Art Therapy

Speaker: Juliet King, Director of Art Therapy, MA, ATR-BC, LPC, Herron School of Art and Design, Indianapolis, Indiana

Topic: Ms. King will discuss art therapy from a scientific, evidence based approach. She will discuss how it is used at Joy's House and give examples of the care giver groups used there. She will also include her current research focus on the integration of art therapy and neuroscience.

2:30 p.m. - 3:15 p.m.

Improving the Quality of Care and Quality of Life through the Expressive Arts

Speaker: Angela Hunt, RPT, MS, Executive Director, The Cedars, Portland, Maine

Topic: Ms. Hunt will discuss the arts-based programming at the Cedars designed to achieve certain therapeutic goals. These programs have helped to drop the use of anti-psychotic drugs dramatically at their facility. She will explain how the Cedars integrated expressive arts programming and the benefits for the residents and the staff.

3:15 p.m.

Adjourn

Continuing Education and Contact Hours

Continuing Education credit will be available for social workers and health facility administrators. Those seeking the credit should complete the forms provided and return them to conference staff at the close of the conference.