



Indiana State
Department of Health

LONG TERM CARE NEWSLETTER

Conference Location

Sagamore Ballroom
Indiana Convention Center
100 South Capitol Avenue
Indianapolis, IN 46225
<http://www.icclos.com/conv/index.aspx>

Register by Fax/Mail

[Registration Form](#)

Questions

317-841-7171
info@conventionmanagers.com

[REGISTER ONLINE](#)

Invitation to the March 31, 2011 Leadership Conference

The Indiana State Department of Health (ISDH) invites you to attend the Indiana Healthcare Leadership Conference, March 31, 2011 in Indianapolis. The ISDH is planning an outstanding program focusing on the nutrition of the residents of long term care. The ISDH invites you to join us as we address this important issue.

[Register Online](#)

Conference Topic: "Improving Nutrition"

This Indiana Healthcare Leadership Conference will focus on nutrition for long term care residents. Good nutritional status of long term care residents is key to their health and welfare. This Conference will provide tools and resources to help you improve the nutrition of these residents.

About the Leadership Conference

The Indiana Healthcare Leadership Conference is an initiative of the Indiana State Department of Health (ISDH). The ISDH plans two Leadership Conferences per year – one in the spring and one in the fall. Each conference is a one-day conference focusing primarily on a single issue.

The Leadership Conferences, which began in June 2007, have grown in attendance from 720 participants to over 1200 participants. Attendees have been treated to outstanding presentations on falls management, reduction of pressure ulcers, behavior management and reduction of restraints, emergency planning, managing incontinence care, staffing issues, healthcare associated infections, and Alzheimer's disease and dementia. A variety of educational and practical resources on all these topics were provided at each conference.

The conferences are intended to bring together statewide healthcare leaders to promote important quality

of care issues. This conference will include providers from long term care, state surveyors, healthcare organizations, and individuals with significant interests in health care.

Invited Participants

The ISDH invites each comprehensive care facility (nursing home) to send two representatives to the conference. Each facility may select the individuals attending the conference on behalf of their facility. The ISDH recommends individuals such as the facility administrator, director of nursing, or compliance officer. Corporate offices of facilities are also invited to send appropriate representatives.

The ISDH will also be inviting selected professional organizations and individuals to attend the conference. Invited organizations will include HealthCare Excel, Hoosier Owners and Providers for the Elderly, Indiana Health Care Association, Indiana Hospital Association, Indiana Homes and Services for the Aging, Indiana Assisted Living Federation, Indiana Ombudsman, patient safety coalitions and centers, and United Senior Action. The ISDH will also be inviting academic and legislative partners. All ISDH long term care surveyors will be attending.

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Conference Funding

The conference is primarily funded through the ISDH civil money penalty fund. A small registration fee of \$40 will be charged to pay for meeting costs that cannot be paid by the civil money penalty fund.

Hotel Information

There are numerous hotels in the immediate vicinity of the Indiana Convention Center. Visit www.visitindy.com for a list of hotels and to check availability. Participants are responsible for making their hotel reservations and any incurred expenses.

Conference Agenda: March 31, 2011

All sessions and breaks will be in the Sagamore Ballroom, Indiana Convention Center.
Lunch will be served in the 500 Ballroom, Indiana Convention Center

7:30 – 8:30 am

Conference Registration

A continental breakfast will be available for conference participants.

8:30 – 8:45 am

Welcome and Announcements

Speaker: Terry Whitson, Assistant Commissioner, Indiana State Department of Health

8:45 – 10:10 am

Nutrition Issues in Older Adults

Speaker: Ronni Chernoff, PhD, RD, LD, CSG, FADA, Associate Director for Education/Evaluation for the Geriatric Research Education and Clinical Center at the John L. McClellan Memorial Veterans Hospital, Little Rock, Arkansas

Topic: Dr. Chernoff will address the physiologic changes associated with aging and how these changes impact on nutritional needs in older adults, in both health and disease. Potential risk factors for nutritional insufficiency in this population will be explored, along with reversible causes of inadequate nutritional intake as well as irreversible factors such as chronic disease. Assessing nutritional status using reliable and valid measures is a major issue in addressing the needs and potential interventions for older people.

10:10 – 10:30 am

Break

10:30 – 11:00 am

Indiana's Comprehensive Nutrition and Physical Activity Plan

Speaker: Laura Hormuth, MS, RD, CD, Public Health Nutritionist, Division of Nutrition and Physical Activity, Indiana State Department of Health

Topic: Ms. Hormuth will give an overview of the new state plan with particular emphasis on the senior population.

11:00 am– 12:00 pm

Regulation and Survey Process Related to Nutrition

Speakers: Brenda Buroker, R.N. Survey Manager , Indiana State Department of Health Donna Downs, R.N. Area Supervisor, Indiana State Department of Health

Topic: Ms. Buroker and Ms. Downs will address the regulations related to nutrition and hydration in the long term care facility. They will also present the state surveyors approach to determining compliance with these regulations. The Quality Indicator Survey (QIS) process related to nutrition and hydration will also be discussed.

12:00 – 1:15 pm

Lunch

Lunch will be provided for conference participants in the 500 Ballroom.

1:15 – 3:00 pm

Implementing "Best Practice" Tools and Resources to Improve Nutrition

Speaker: Brenda Richardson, MA, RD, LD, CD, Brenda Richardson Associates, Inc.

Topic: Ms. Richardson will present examples of proactive tools and resources to improve nutrition in their facilities. Examples of effective nutrition teams and current "best practice" tools and resources will be shared for implementation in long term care.

3:00 pm

Adjourn

Continuing Education Units

Continuing education units will be available for social workers and health facility administrators. Participants requiring continuing education units should complete continuing education forms and return to conference staff at the close of the conference.

Save the Date for the next Leadership Conference

The Indiana State Department of Health is planning the next Indiana Health Care Leadership Conference for October 27, 2011. The conference will focus on Care Coordination and Transitions. Make plans to attend!