

ISDH Long Term Care
Newsletter Issue # 09-22
July 2, 2009

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Announcement of Quality Improvement Resources



The Indiana State Department of Health (ISDH) is very excited to announce three new health care quality improvement resources. These resources have been in development for over a year and the result of a collaborative effort between the ISDH and its health care partners.

First, the ISDH announces the release of six online education modules on preventing pressure ulcers. These six educational modules were developed as part of the Indiana Pressure Ulcer Quality Improvement Initiative and have been in development for the past year. The modules are intended to be used by health care facilities as a part of staff orientations or continuing education. The modules are directed primarily at aides but may be useful for other staff or families that are unfamiliar with pressure ulcers. The modules will be housed on the ISDH Web site.

Second, the ISDH announces the release of the Indiana Health Care Quality Resource Center. The Resource Center is an online information center located on the ISDH Web site. The Resource Center will be organized around health care topics faced by health care facilities. The Resource Center will house information, toolkits, and resources to assist health care facilities in improving health care quality.

Third, the ISDH announces the release of a Pressure Ulcer Consumer Brochure. The brochure was developed as part of the Indiana Pressure Ulcer Quality Improvement Initiative. The brochure was developed based on input from a Consumer Advisory Council consisting of nursing home residents and families participating in the Initiative. The brochure discusses what pressure ulcers are and how they develop; talks about the impact of a pressure ulcer; and outlines how residents, patients and families can be partners in care with staff.

Preventing Pressure Ulcers Education Modules



The Indiana State Department of Health (ISDH) is pleased to present the ISDH Pressure Ulcer Education Modules. The education modules were created as part of the Indiana Pressure Ulcer Quality Improvement Initiative.

The intent of the Indiana Pressure Ulcer Quality Improvement Initiative was to significantly reduce the number of pressure ulcers throughout health care settings in Indiana. A key component was providing education to caregivers on the six essential elements of pressure ulcer prevention. The modules were developed based on input from a number of health care professionals and wound care experts and designed to provide information about pressure ulcers and the six essential elements of pressure ulcer prevention. These education courses support Indiana's commitment to "know the facts" and "take action" to prevent pressure ulcers.

Audience

The ISDH Pressure Ulcer Education Modules are primarily directed at aides (certified nurse aides and home health aides) and other caregivers. The modules but may be useful for other staff, patients, residents, or families that are unfamiliar with pressure ulcers and would like to learn basic information.

Using the Education Modules

The education modules will be housed on the ISDH Web site in the Indiana Health Care Quality Resource Center as part of the Pressure Ulcer Resource Center. The modules have many interactive components to include a short test at the end of each module. Once a module is selected to review, the module will guide the viewer through the information. Each module takes between 15 and 30 minutes to complete and provides basic information about the prevention of pressure ulcers.

The modules are intended to be used by health care facilities as a part of staff orientations or continuing education activities. Education programs may find the modules beneficial for their students in introducing the topic of pressure ulcers.

The ISDH Pressure Ulcer Education Modules

The ISDH Preventing Pressure Ulcer Educational Modules are based on six essentials of pressure ulcer prevention. The following are the six courses:

- Course 1: Preventing Pressure Ulcers: The Pressure Ulcer Story
- Course 2: Preventing Pressure Ulcers: Assessment Process
- Course 3: Preventing Pressure Ulcers: Observation and Communication
- Course 4: Preventing Pressure Ulcers: Pressure, Shear, and Friction
- Course 5: Preventing Pressure Ulcers: Moisture, Hydration, and Nutrition
- Course 6: Preventing Pressure Ulcers: Care Coordination

To visit the ISDH Pressure Ulcer Resource Center and access these modules, go to <http://www.in.gov/isdh/24558.htm>.

Indiana Health Care Quality Resource Center



The Indiana Health Care Quality Resource Center is intended to provide tools and resources to assist health care facilities and agencies in providing quality health care. The information may also be educational to patients, residents, and families who wish to learn more about health care issues. The Resource Center will house educational materials such as the Preventing Pressure Ulcer Educational

Modules.

The ISDH hopes that the Indiana Health Care Quality Resource Center will provide useful tools and resources to promote health care quality improvement. The Resource Center is designed around health care topics. Each health care topic is organized using a common framework that provides definitions, library, links to related organizations, resource materials and toolkits, related regulations, and other resources. The Resource Center will include resources from quality improvement initiatives and activities of the ISDH Health Care Quality and Regulatory Services Commission.

The Resource Center will initially include the topic of pressure ulcers. This topic will include many of the resources developed through ISDH health care quality improvement initiatives. The ISDH expects to add resources to this topic and expand the center in the near future to include other topics such as Alzheimer's, emergency preparedness, restraints, and incontinence.

The Resource Center may be navigated from the ISDH Home Page via a link under Health Care Licensing. To directly access the Indiana Health Care Quality Resource Center, go to <http://www.in.gov/isdh/24555.htm>.

Pressure Ulcer Consumer Brochures



The ISDH is pleased to present the ISDH Pressure Ulcer Consumer Brochure. The brochure was created as part of the Indiana Pressure Ulcer Quality Improvement Initiative. The brochure was developed based on input from a Consumer Advisory Council consisting of a number of nursing home residents and families participating in the Initiative. The brochure discusses what pressure ulcers are and how they develop; talks about the impact of a pressure ulcer; and outlines how residents, patients and families can be partners in care with staff.

The ISDH Pressure Ulcer Consumer Brochure was published in April 2009. Facilities participating in the Indiana Pressure Ulcer Quality Improvement Initiative were provided copies of the brochure at the second learning session and given a presentation on its use.

Ordering Brochures

The ISDH Pressure Ulcer Consumer Brochure is available to Indiana health care facilities, organizations, and individuals at no cost. The brochures come in packets of 50 brochures or single copies. To order brochures, contact Nancy Gilbert of the Indiana State Department of Health at (317) 233-7616 or ngilbert@isdh.in.gov.

Creation of the Brochure

One of the unique features of the Indiana Pressure Ulcer Quality Improvement Initiative was the inclusion of residents and families in the planning process. A Consumer Advisory Council was formed to advise the Collaborative Team on resident and family issues related to pressure ulcers. The residents and families on the Council requested that a consumer brochure be created to provide basic information on the prevention of pressure ulcers. Consumer Advisory Council members were adamant that the brochure convey the seriousness of pressure ulcers and how quickly they can form. Members emphasized that most people do not know what a pressure ulcer looks like and therefore cannot assist in identifying potential problems. As a result, the brochure contains real pictures of pressure ulcers from stage one through stage four.

To access information on the ISDH Pressure Ulcer Consumer Brochure, go to <http://www.in.gov/isdh/24612.htm>.



It seems appropriate to release these new resources around the 4th of July. For our health care partners who have collaborated on these projects, it is certainly a time for celebration and an occasion for fireworks. The ISDH is very proud of these efforts to improve health care quality and thanks the many

people who have contributed time and expertise. The Indiana Pressure Ulcer Quality Improvement Initiative is one of the largest quality improvement initiatives undertaken by a state health agency and could not have been completed without the interest and support of the Indiana's health care community. The ISDH hopes that these resources will assist in achieving quality health care for all Hoosiers.

Have a safe and enjoyable Independence Day.

Terry Whitson
Assistant Commissioner
Indiana State Department of Health