African American Mental Health

Data shown from 2017

African American suicide rates of white Hoosiers in 2017

African Americans died by suicide in 2017

African American Hoosiers die by suicide

African Americans face many cultural, societal, and personal differences when it comes to depression and anxiety. There are multiple reasons as to why African American are more likely to develop mental health illnesses. African Americans are less likely to be screened for mental health problems. Not everybody is affected by mental illness the same. In fact, African Americans have been historically misrepresented and underserved when it comes to mental health care. African Americans are more likely to experience serious psychological distress stemming from their mental health issues than whites [2]. The following information highlights discrepancies among suicide statistics for African Americans in Indiana.

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