



Mitchell E. Daniels, Jr.  
Governor

Gregory N. Larkin, M.D., F.A.A.F.P.  
State Health Commissioner

**DATE:** March 21, 2011  
**TO:** All Local Health Departments  
Attn: Chief Food Inspection Officer  
**FROM:** A. Scott Gilliam, MBA, CP-FS  
Director, Food Protection Program  
**SUBJECT:** Universal Nutrition Recall

**SUGGESTED**

**ACTION:** Unclassified Recall; **Whey protein, has the potential to be contaminated with *Salmonella*; Recommend notification of affected stores via phone, fax or e-mail.**

From the information provided by FDA, the products being recalled may have been distributed in the State of Indiana. The voluntary recall for the aforementioned products extends to all fifty states and the products were offered through a variety of distribution channels including health food stores, gyms, and internet-based, e-commerce sites. Detail information is not available at this time. In addition, if any recalled products are found, please notify this office at 317-233-7360.

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**Recall -- Firm Press Release**

FDA posts press releases and other notices of recalls and market withdrawals from the firms involved as a service to consumers, the media, and other interested parties. FDA does not endorse either the product or the company.

**Universal Nutrition Voluntarily Recalling Several Protein-Based Supplements Due To Possible *Salmonella* Contamination**

**Contact:**  
(732) 545-3130

**FOR IMMEDIATE RELEASE** - March 17, 2011 - Universal Nutrition of New Brunswick, NJ is voluntarily recalling specific lot numbers for Gain Fast, LAVA, Real Gains, Super Whey Pro, Torrent, Ultra Mass 4500, Ultra Whey Pro and Uni-Syn because one ingredient, whey protein, has the potential to be contaminated with *Salmonella*, an organism which can cause serious and sometimes fatal infections in young children, frail or elderly people, and others with weakened

immune systems. Healthy persons infected with *Salmonella* often experience fever, diarrhea (which may be bloody), nausea, vomiting and abdominal pain. In rare circumstances, infection with *Salmonella* can result in the organism getting into the bloodstream and producing more severe illnesses such as arterial infections (i.e., infected aneurysms), endocarditis and arthritis.

The voluntary recall for the aforementioned products extends to all fifty states and the products were offered through a variety of distribution channels including health food stores, gyms, and internet-based, e-commerce sites.

The following are lot numbers involved in this voluntary recall:

Universal Gain Fast, Vanilla Shake, 2.55 lb plastic bottle, Lot # 180104 with Exp. Date 02/10/2014, UPC 039442012159

Universal LAVA, Orange Slush, 2.75 lb plastic bottle, Lot # 180013 with Exp. Date 02/10/2014, UPC 039442011503

Universal Real Gains, Chocolate Ice Cream, 6.85 lb plastic bucket, Lot # 179922 A, B with Exp. Date 02/01/2014, UPC 039442011992

Universal Super Whey Pro, Vanilla, 1 lb bag, Lot # 179881 with Exp. Date 02/01/2014, UPC 039442015945

Universal Torrent, Cherry Berry Blast, 3.28 lb plastic bottle, Lot # 180069 with Exp. Date 02/09/2014, UPC 039442048141

Universal Torrent, Green Apple Avalanche, 3.28 lb plastic bottle, Lot # 179883 with Exp. Date 02/07/2014, UPC 039442048165

Universal Torrent, Cherry Berry Blast, 6.1 lb plastic bottle, Lot # 180071 with Exp. Date 02/09/2014, UPC 039442048158

Universal Torrent, Green Apple Avalanche, 6.1 lb plastic bottle, Lot # 180072 with Exp. Date 02/10/2014, UPC 039442048172

Universal Torrent, Sour Citrus Rush, 6.1 lb plastic bottle, Lot # 180002 with Exp. Date 02/09/2014, UPC 039442048196

Universal Ultra Mass 4500, Vanilla Shake, 9.3 lb plastic bucket, Lot # 180100 B with Exp. Date 02/09/2014, UPC 039442013507

Universal Ultra Mass 4500, Chocolate Shake, 9.3 lb plastic bucket, Lot # 180099 B with Exp. Date 02/10/2014, UPC 039442013590

Universal Ultra Whey Pro, Cookies & Cream, 5 lb plastic bottle, Lot # 179951 with Exp. Date 02/07/2014, UPC 039442016126

Universal Uni-Syn, Strawberry, 76 g packet, Lot # 179911 A, B, C with Exp. Date February 2014, UPC 039442051783

Universal Nutrition is conducting this voluntary recall in conjunction with the recall being performed by the manufacturer of the whey protein itself. The manufacturer did not find *Salmonella* in any of the whey protein lots used by Universal Nutrition. Universal Nutrition tested the whey protein upon receiving it and again after the issue arose. In both instances, the tests proved negative for *Salmonella*. Further, Universal Nutrition performed over 40 analytical tests on the specific lot numbers in question with negative results for *Salmonella* in each and every case.

To date, there have been no positive tests for *Salmonella* contamination at Universal Nutrition or any reports of illness related to the products. Despite this, Universal Nutrition is conducting this voluntary recall as an extra precautionary measure to ensure the utmost safety of its consumers. The manufacturer of the whey protein has suspended shipments and is working with the FDA to rectify this matter.

Consumers who purchased any one of the affected lot numbers in question are asked to return the product to the place of purchase for a full refund or credit. Consumers with questions may contact Universal Nutrition directly at (732) 545-3130, Monday through Friday, from 9:00 AM to 5:00 PM, Eastern Standard Time.

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