Substance abuse is a risk for TBI
TBI is a risk for substance abuse.

Risk factors include:

TBI & PAIN
72% of hospital discharges were prescribed an opioid.

CHRONIC PAIN
51.5% of people with TBI develop chronic pain.

Pre-TBI SUBSTANCE ABUSE
37-66% of people with TBI have a pre-injury history of substance misuse.

DEPRESSION
42-72% of people with TBI develop depression.

Opioids & TBI: An Unrecognized Relationship Webinar: this 2-hour on-demand webinar is an introduction to TBI-specific issues related to prescribing opioids and opioid misuse. There is no cost to view, to access go to www.train.org/indiana, create an account and register for the course by selecting Training Plan ID: 4122, or search by name.

TBI & Opioid-Use Toolkit
This toolkit was developed for the Indiana State Department of Health to help promote awareness of this risk, and to give people with TBI, their families and caregivers, and provides tools to prevent opioid overdose.

https://www.in.gov/isdh/28599.htm

Patient/Family Resources
Resources including checklist for risk factors for opioid misuse.

Provider Resources
Resources include strategies to accommodate the effects of TBI.

TBI TRAINING
Learn how to screen for lifetime exposure to TBI and make accommodation for its effects.

Opioid & Pain Resources
Resources include prescribing guidelines, diagnostic criteria, and pain management.

Primary Literature
Links to published research on TBI and Opioids.

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