

## Prompted Voiding Protocol

1. Contact each resident every two hours from 8 a.m. to 4 pm (i.e., four times per day).
2. Focus the resident's attention on voiding by asking whether he or she is wet or dry.
3. Check resident for wetness and give feedback on whether the resident's self-report was correct or incorrect (e.g., "Yes, Mrs. Jones, you are dry.")
4. Whether wet or dry, ask the resident if he or she would like to use the toilet (or urinal).
  - a. If yes:
    1. Assist him/her with toileting.
    2. Record the results on the bladder record.
    3. Give the resident positive reinforcement by spending an extra minute or two conversing with him or her.
  - b. If no:
    1. In the event they have not attempted to void in the last four hours, repeat the request to use the toilet once or twice before leaving, and follow step 4(a) if an affirmative response is received.
    2. If the resident is wet and declines to use the toilet, change him or her.
    3. Inform the resident that you will be back in two hours and request that the resident try to delay voiding until then.
5. Record results of each wet check and toileting attempt on the following form.