Indiana Nurse Aide Training Requirements

The Indiana Administrative Code (IAC 16.2-3.1-14CNA) requires a nurse aide working in a health facility to have successfully completed a nurse aide training program approved by the ISDH. The ISDH also serves as the State Survey Agency for the Centers for Medicare and Medicaid Services (CMS) Health Care Facility Survey and Certification Program. Federal regulations at 42 CFR § 483 require the ISDH provide oversight for nurse aide training and competency programs. This Nurse Aide Curriculum was developed by the ISDH as the ISDH Approved Curriculum in compliance with state and federal regulations.

In July 1998, the ISDH Division of Long Term Care created the Nurse Aide Curriculum. The curriculum was a product of the ISDH in conjunction with Professional Resources and input from the Indiana Health Facilities Council Advisory Sub-committee. The curriculum was based on the standards of practice for nurse aides at that time.

The care provided today at Indiana nursing homes has a higher acuity level than in the past. Nurse aides play an increasing important role in the delivery of quality health care. In 2012 the ISDH began a project to update the nurse aide curriculum to better reflect current standards of care. The curriculum was reviewed by the ISDH Division of Long Term Care, ISDH Division of Healthcare Education and Training, academic institutions, nurse aide training programs, and long term care provider associations. The updated nurse aide curriculum was completed and released in September 2013. Nurse aide training programs were to implement by January 1, 2014.

The ISDH will further update the curriculum as changes or corrections are identified. Nurse aide training programs should check the ISDH Web site periodically for any changes to the curriculum.
Indiana Nurse Aide Curriculum

The Indiana *Nurse Aide Curriculum* is organized into thirty (30) “lessons”. The curriculum establishes the minimum standards for an approved program. Each lesson provides objectives, terms, content, and review questions. Each nurse aide training program is expected to include this content as part of their course.

The training entity shall utilize the lesson plans as a basis for training and may complement the lessons using a text of choice. It is the responsibility of the training entity to ensure that, if a text is utilized, any variance in the content of the text from the Indiana Nursing Assistant Scope of Practice shall be identified to prevent misinformation as to the duties of the nursing assistant.

The nurse aide lesson plans serve as a “guide” for classroom lecture. Resident care procedures should be introduced and demonstrated during lecture and then reinforced during the clinical experience.

Should a standard of practice, at any time, be revised by an applicable regulatory entity, the training entity shall be responsible to update the lesson plan accordingly without waiting for an update and/or revised curriculum to be distributed by the Indiana State Department of Health.
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I. Nervous System
II. Conditions that Affect Nervous System
III. Normal Nervous System Changes with Age
IV. Role of the CNA
Circulatory System
I. Circulatory System
II. Conditions that Affect the Circulatory System
III. Normal Circulatory Changes with Age
IV. Role of the CNA
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I. Musculo-Skeletal System
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V. Role of CNA

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Lesson 30 – Protecting Your Profession
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APPENDIX A
Resident Care Procedures
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2. Final Steps
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9. Seizures*
10. Fire*
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12. Oral Temperature (Electronic)
13. Axillary Temperature
14. Pulse and Respiration
15. Blood Pressure
16. Height
17. Weight
18. Assist Resident to Move to Head of Bed
19. Supine Position
20. Lateral Position
21. Fowler’s Position
22. Semi-Fowler’s Position
23. Sit on Edge of Bed
24. Using a Gait Belt to Assist with Ambulation
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68. Palm Cones
69. Nasal Cannula Care
70. Assisting with Hearing Aids
71. Elastic/Compression Stocking Application
72. Post Mortem Care*

* May be simulated in lab if clinical experience is not available

*** Please note – bolded steps in the RCP’s indicate Critical Steps

Updated: January 15, 2014