INDIANA

2011

Pregnancy Nutrition Surveillance System
2010 (prior year) national PNSS data are presented.

Contributors included 29 states, the District of Columbia, 3 Indian Tribal Organizations, and 1 U.S. territory.
Source of data

Percentage

State

Nation

* Special Supplemental Nutrition Program for Women, Infants and Children.

2011 IN PNSS Table 1C
Racial and ethnic distribution

State

Nation

Percentage

0 10 20 30 40 50 60 70 80 90 100

White
Black
Hispanic
American Indian
Asian
Multiple
Other
Trends in racial and ethnic distribution

2011 IN PNSS Table 14C
Age distribution

State

Nation

Percentage

<15 Years
15-17 Years
18-19 Years
20-29 years
30-39 Years
≥40 Years

2011 IN PNSS Table 1C
Trends in age distribution

- <15 Years
- 15-17 Years
- 18-19 Years
- 20-29 Years
- 30-39 Years
- 40+ Years

Year:

2002 2003 2004 2005 2006 2007 2008 2009 2010 2011

Percentage:

0 20 40 60 80

2011 IN PNSS Table 15C
Education level

State

Nation

Percentage

2011 IN PNSS Table 1C
Migrant status

State

Nation

Percentage

0 10 20 30 40 50 60 70 80 90 100

Yes

No

2011 IN PNSS Table 1C
Household income
reported as percent poverty level

State

Nation

Percentage

0 10 20 30 40 50 60 70 80 90 100

0-50
51-100
101-130
131-150
151-185
186-200
Over 200
Adj. Eligibility

2011 IN PNSS Table 1C
Program participation at initial prenatal visit

- WIC*: Special Supplemental Nutrition Program for Women, Infants, and Children.
- SNAP**: Supplemental Nutrition Assistance Program.
- Medicaid
- TANF***: Temporary Assistance for Needy Families.

2011 IN PNSS Table 1C
Timing of WIC enrollment and medical care

WIC Enrollment

- 1st Trimester
- 2nd Trimester
- 3rd Trimester
- Postpartum

Medical Care

- 1st Trimester
- No Care

Percentage

State • Nation

2011 IN PNSS Table 2C
Trends in WIC enrollment and medical care

Year

Percentage

2002 2003 2004 2005 2006 2007 2008 2009 2010 2011

Medical Care 1st Trimester  No Medical Care  1st Trimester WIC Enrollment
Trends in first trimester WIC enrollment by race and ethnicity

Year
Percentage
White
Black
Hispanic
American Indian
Asian
Multiple
Total

2002 2003 2004 2005 2006 2007 2008 2009 2010 2011
Prevalence of prepregnancy underweight and overweight*

* Underweight (BMI < 18.5); overweight (BMI = 25.0-29.9); and obese (BMI ≥ 30.0).
Prevalence of prepregnancy underweight* 
by race and ethnicity

* BMI < 18.5.
Prevalence of prepregnancy overweight* by race and ethnicity

* BMI $\geq 25.0$ (includes overweight and obese women).
Prevalence of less than ideal maternal weight gain* by race and ethnicity

* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

2011 IN PNSS Table 9C
Prevalence of greater than ideal maternal weight gain* by race and ethnicity

* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.
Prevalence of less than ideal, ideal and greater than ideal maternal weight gain*

* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

2011 IN PNSS Table 2C
Maternal weight gain* by prepregnancy BMI**

* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

** Underweight (BMI < 18.5); overweight (BMI = 25.0-29.9); and obese (BMI ≥ 30.0).

2011 IN PNSS Table 13C
Trends in prevalence of prepregnancy overweight and underweight*

* Underweight (BMI < 18.5); overweight (BMI ≥ 25.0; includes overweight and obese).
Trends in prevalence of less than ideal and greater than ideal weight gain*

Trends in the prevalence of less than ideal maternal weight gain* by race and ethnicity

* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.
Trends in the prevalence of greater than ideal maternal weight gain* by race and ethnicity

* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.
Prevalence of anemia* by timing of program enrollment

*Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.
Prevalence of third-trimester anemia*
by race and ethnicity

* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.
Prevalence of postpartum anemia* by race and ethnicity

* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.
Trends in prevalence of third trimester anemia*
by race and ethnicity

* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.
Trends in the prevalence of postpartum anemia* by race and ethnicity

* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.
Prevalence of smoking and smoking in the household by pregnancy status

![Bar chart showing the prevalence of smoking and smoking in the household by pregnancy status. The chart includes data from 3 months prior to pregnancy, during pregnancy, last 3 months of pregnancy, and postpartum. The bars are color-coded for state (blue) and nation (orange). The chart indicates higher prevalence during pregnancy and postpartum compared to other periods.]

2011 IN PNSS Table 2C
Smoking changes during pregnancy among women who reported smoking three months prior to pregnancy.

![Graph showing smoking changes during pregnancy among women who reported smoking three months prior to pregnancy. The graph compares the percentage of women who quit smoking by their first prenatal visit and those who stayed off cigarettes. The data is presented for state and national levels with a bar chart for both categories.](2011 IN PNSS Table 2C)
Trends in prevalence of smoking during the last 3 months of pregnancy by race and ethnicity

Year

Percentage

2002 2003 2004 2005 2006 2007 2008 2009 2010 2011

White Black Hispanic American Indian Asian Multiple Total

2011 IN PNSS Table 22C
Trends in the prevalence of smoking in the household* by race and ethnicity

* During the prenatal period.
Prevalence of maternal drinking

- **3 Months Prior to Pregnancy**
  - State: [Percentage]
  - Nation: [Percentage]

- **Last 3 Months of Pregnancy**
  - State: [Percentage]
  - Nation: [Percentage]

2011 IN PNSS Table 2C
Prevalence of medical conditions during pregnancy*

* Woman reports being told by doctor she had diabetes prior to and/or during pregnancy.
Woman reports being told by doctor she had hypertension prior to and/or during pregnancy.

2011 IN PNSS Tables 2C
Prevalence of diabetes during pregnancy* by race and ethnicity

* Includes diabetes mellitus and gestational diabetes.
Prevalence of hypertension during pregnancy* by race and ethnicity

* Includes chronic hypertension and pregnancy-induced hypertension.
Prevalence of multivitamin use prior to and during pregnancy*

* Multivitamin use prior to pregnancy is a proxy for folic acid consumption. Multivitamin use during pregnancy is a proxy for iron consumption.
Prevalence of multivitamin use prior to pregnancy* by race and ethnicity

* Multivitamin use prior to pregnancy is a proxy for folic acid consumption.
Prevalence of multivitamin use during pregnancy* by race and ethnicity

*Multivitamin use during pregnancy is a proxy for iron consumption.
Prevalence of low birthweight and high birthweight *

* VLBW < 1500 g; LBW = 1500 - < 2500 g; HBW > 4000 g.

2011 IN PNSS Table 2C
Prevalence of selected birth outcomes*

*Preterm: < 37 weeks gestation. Full term low birthweight: 37 or more weeks and < 2500 g.

2011 IN PNSS Table 2C
Prevalence of low birthweight* by race and ethnicity

* Low birthweight includes VLBW < 1500 g and LBW = 1500-<2500 g.
Prevalence of low birthweight* by selected health indicators

*Low birthweight includes VLBW < 1500 g and LBW = 1500-<2500 g.
Prevalence of high birthweight* by race and ethnicity

*High birthweight > 4000 g.
Prevalence of preterm delivery*
by race and ethnicity

* Preterm: < 37 weeks gestation.
Trends in the prevalence of low birthweight* by race and ethnicity

* < 2500 g.
Trends in the prevalence of high birthweight* by race and ethnicity

* > 4000 g.

2011 IN PNSS Table 23C
Trends in the prevalence of preterm delivery* by race and ethnicity

* < 37 weeks gestation.

2011 IN PNSS Table 23C
Percentage of infants ever breastfed* by race and ethnicity

*Includes infants currently breastfeeding or ever breastfed as reported by mother at postpartum visit.
Trends in the percentage of infants ever breastfed* by race and ethnicity

* Reported by mother at postpartum visit.
Maps

State Maps of County Data

2009-2011
Pregnancy Nutrition Surveillance System
Percentage of pregnancies among females aged ≤ 17 years, by county

2009-2011 IN PNSS Table 4B
Percentage of women enrolling in WIC during their first trimester, by county

2009-2011 IN PNSS Table 6B
Prevalence of prepregnancy underweight*, by county

* BMI < 18.5.
Prevalence of prepregnancy overweight*, by county

* BMI ≥ 25.0.

2009-2011 IN PNSS Table 5B
Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

Prevalence of < ideal weight gain*, by county

* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.
Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

Prevalence of > ideal weight gain*, by county

0 - < 50
50 - < 54
54 - < 58
58 +
No Data

* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

2009-2011 IN PNSS Table 5B
Prevalence of smoking during the last 3 months of pregnancy, by county

2009-2011 IN PNSS Table 7B
Incidence of gestational diabetes*, by county

* Postpartum woman reports being told by doctor she had gestational diabetes during her most recent pregnancy.

2009-2011 IN PNSS Table 7B
Prevalence of hypertension during pregnancy*, by county

* Postpartum woman reports being told by doctor she had hypertension during her most recent pregnancy.

2009-2011 IN PNSS Table 7B
Prevalence of multivitamin use prior to pregnancy*, by county

* Multivitamin use prior to pregnancy is a proxy for folic acid consumption.
Prevalence of multivitamin use during pregnancy*, by county

* Multivitamin use during pregnancy is a proxy for iron consumption.
Prevalence of low birthweight*, by county

* < 2500 grams.

2009-2011 IN PNSS Table 8B
Prevalence of high birthweight*, by county

* > 4000 grams.

2009-2011 IN PNSS Table 8B
Prevalence of preterm delivery*, by county

* < 37 weeks gestation.
Percentage of infants ever breastfed*,
by county

* Reported by mother at postpartum visit.