Correctional Health is Community Health

Abby Abram, MPH
Erika Chapman, MPH, CPH, CHES
John Cocco, MSW, LCSW
Andrea Janota, MPH
Deborah Nichols, MS, MPH
Project ECHO Origin Story:
Hepatitis C in New Mexico
Project ECHO Outcomes

Research demonstrates that Project ECHO can:

- Increase provider knowledge, competence, & confidence in treating patients with complex conditions
- Improve access to care
- Improve patient health
- Increase job satisfaction & retention

echo.unm.edu
Treating provider retains responsibility for managing patient.
IUPUI ECHO Center

HCV ECHO, Year 2
1st/3rd Thursdays, 12:30-2:00p

LGBTQ+ ECHO, Year 2
2nd/4th Wednesdays, 2:30-4:00p

HIV ECHO
2nd Thursdays, 8:30-10:00a
4th Thursdays, 12:30-2:00p

Cancer ECHO
1st/3rd Tuesdays, 12-1:30p

Integrated Pain Management ECHO
1st /3rd Fridays, 8:30a-10a
ECHO (Extension for Community Healthcare Outcomes) is a movement to connect local primary care teams with inter-disciplinary specialist teams to improve treatment for complex and chronic health conditions. ECHO uses technology to facilitate mentoring and knowledge sharing, enabling local primary care clinicians to provide best practice care for patients when they need it, close to home.

echo.iu.edu
The New Mexico Peer Education Project (NMPEP)
INPEP ECHO Partner Organizations

StepUP INC.

Project ECHO®

IUPUI RICHARD M. FAIRBANKS SCHOOL OF PUBLIC HEALTH

Indiana State Department of Health
Correctional Industrial Facility- Pendleton, IN
Plainfield Correctional Facility- Plainfield, IN
Indiana Women’s Prison- Indianapolis, IN
Pendleton Correctional Facility- Pendleton, IN
# Four Components of INPEP ECHO

<table>
<thead>
<tr>
<th>Component</th>
<th>Description</th>
</tr>
</thead>
</table>
| 40-Hour Training        | • Selected individuals are trained as peer health educators  
                           • Peer educators develop presentation and professional skills                                                                                   |
| 10-Hour Workshops       | • Peer educators train the general population about health education and disease prevention  
                           • People who are incarcerated develop skills to protect themselves and their peers                                                             |
| Monthly Site Visits     | • Ongoing support is provided to peer educators by Fairbanks School of Public Health, Step-Up, Inc., and ISDH                                                      |
| TeleECHOs               | • All peer educators connect with each other and INPEP ECHO staff  
                           • Peer educators receive continuing education and participate in case-based learning                                                       |
10-Hr Workshop Training Topics

• Germs
• Handwashing
• Hepatitis C
• Substance Use Disorders
• Harm Reduction
• Tuberculosis
• Staph/MRSA
• HIV and AIDS
• Hepatitis A and B
• STIs
• Diabetes
INPEP ECHO Stats (May 2019-Now)

- 5 40-Hour Workshops
- 64 Peer Educators Trained
- 14 Site Visits
- 503 Students Educated
We're all in this together
Empower and give back
Making lives better
To change stereotypes
Prison will not define me, my past is my past
Do something positive with my time here
I believe there can be a better world
I want to lead by example
To help people like me
We are all human and we all have value
I am eager to teach
I have grown so much
I want to live in a safer environment
Give people information to save their life
I became a survivor
Knowledge is power
People will listen to me
Help other people in my community
I have discovered I am important too
I am passionate about empowering women
I want to let people know they are not alone
In the dark, I want the chance to be the light
To help others recognize the importance of change
INPEP ECHO Peer Educator Panel

Bradley Wagnor  Plainfield Correctional Facility
Jeffery Allen  Correctional Industrial Facility
Lara Campbell  Indiana Women's Prison
Marvel Harper  Pendleton Correctional Facility
Thank You!

### Step-Up, Inc.
- Abby Abram  
  aabram@stepupin.org
- John Cocco  
  jcocco@stepupin.org

### Fairbanks School of Public Health at IUPUI
- Andrea Janota  
  ajanota@iu.edu

### Indiana State Department of Health
- Deborah Nichols  
  denichols@isdh.IN.gov
- Erika Chapman  
  echapman@isdh.IN.gov