

Indiana Well-Integrated Screening and Evaluation for Women Across the Nation (IN-WISEWOMAN) Program Provider Training

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WISEWOMAN

- ▶ Established in 1993
- ▶ Consists of 21 CDC-Funded Programs
- ▶ Extends preventive care services to all IN-BCCP eligible patients

Program Focus Areas

- ▶ Identify and communicate risk factors for CVD, stroke, diabetes, and other chronic diseases
- ▶ Encourage healthy lifestyle choices to reduce CVD risk factors
- ▶ Link with community partners to create healthy lifestyle opportunities for WISEWOMAN participants

IN-WISEWOMAN Eligibility

- ▶ Women that are 40-64 years of age
- ▶ 200% or less of the federal poverty guidelines
- ▶ Underinsured or uninsured

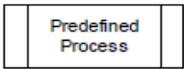
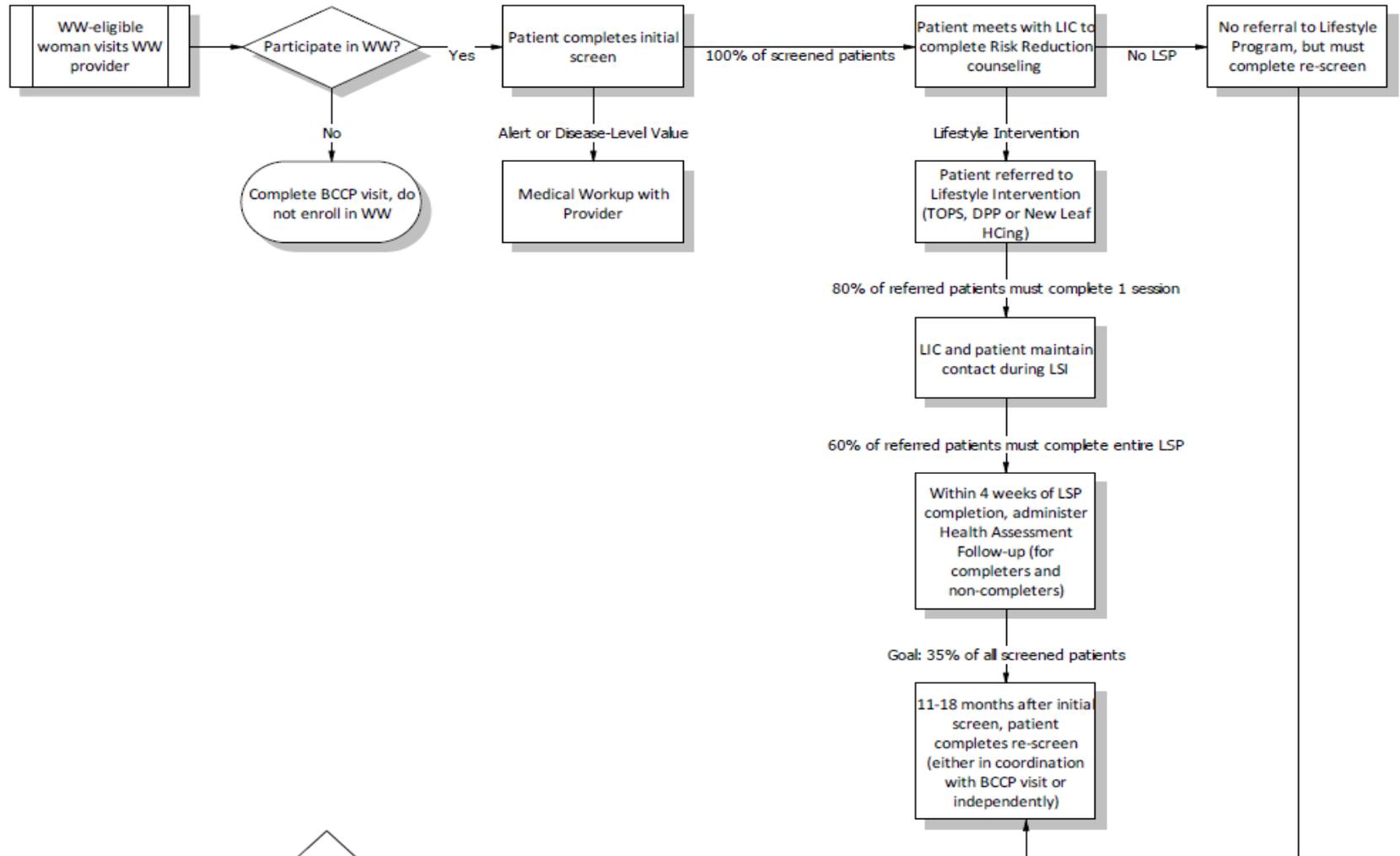
IN-WISEWOMAN Providers

- ▶ Practice according to current standards of care as identified by the IN-WISEWOMAN Program
 - Comply with the policies and procedures required by the IN-WISEWOMAN Program and described in the IN- Guidance Manual developed by the Center for Disease
 - Develop a system to ensure women with alert values receive medical workup and treatment immediately or within **seven (7) days** of the alert measurement

- ▶ Report services using required forms
 - **All required forms must be received by the IN-WISEWOMAN Program regional office within five (5) days from the date of service.**

General Workflow & Key Program Elements

Abbreviated IN-WISEWOMAN Workflow



IN-WISEWOMAN Screening Process

- ▶ LICs should be onsite when providers are completing IN-WISEWOMAN screens.
- ▶ Screening Requirements:
 - Height (inches)
 - Weight (lbs)
 - Waist (inches) (for patients with a BMI equal to or greater than 35; Waist and Hip measurements **are not** required)
 - Hip Measurement (inches)
 - Blood Pressure – 2 readings
 - Total Cholesterol (mg/dL) – fasting or non-fasting
 - High-Density Lipoprotein (HDL) (mg/dL) – fasting or non-fasting
 - Low-Density Lipoprotein (LDL) (mg/dL) – fasting
 - Triglycerides (mg/dL) – fasting
 - Glucose (mg/dL) – fasting
 - A1C Percentage – should be collected for patients that have been diagnosed as pre-diabetic or diabetic and used in place of glucose when patient is not fasting

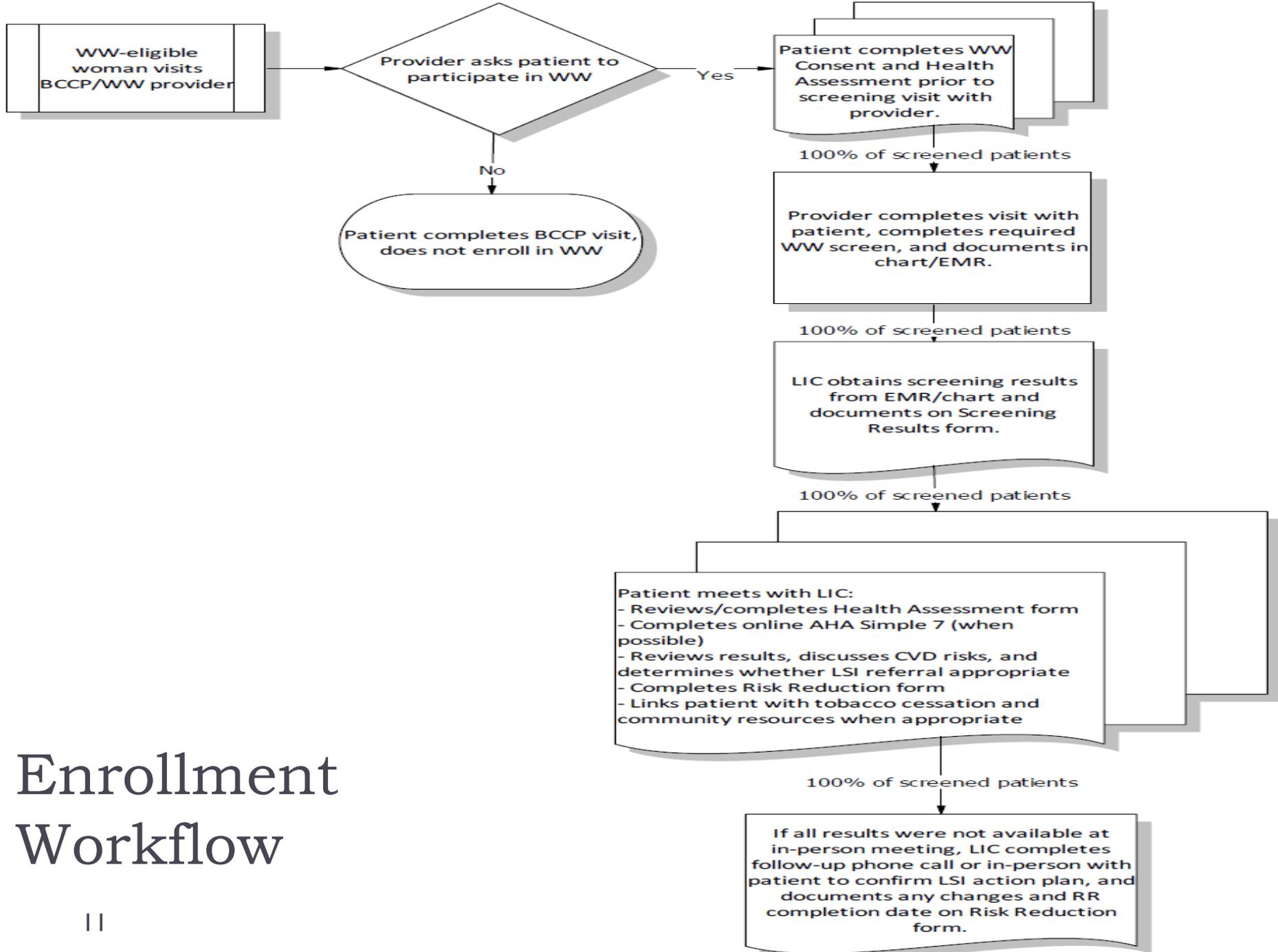
Non-Fasting Patients: If a patient did not fast for 9 hours prior to her screen, LDL and glucose should not be collected or recorded (A1C should be used in place of glucose

Enrollment

Enrollment Forms

Form Name	Form #	Distributed by	Completed by	Purpose
Informed Consent	State Form 55479	Provider Staff	Participant	Outlines the key elements of the program and obtains consent from client to perform screen and lifestyle interventions
Health Assessment	State Form 55472	Provider Staff	Participant	Captures basic demographic and health-related information; contains required MDEs
Screening Results	State Form 55477	n/a – LIC will complete	LIC	Captures screening results from participant's visit with provider and identifies recommendations for follow-up; contains required MDEs
Risk Reduction Form	State Form 55473	n/a – LIC will complete	LIC	Provides an outline for the conversation between the LIC and participant during risk reduction counseling, includes information about lifestyle interventions as well as tobacco cessation and community resource referrals; contains required MDEs





Enrollment Workflow

Enrollment Procedures

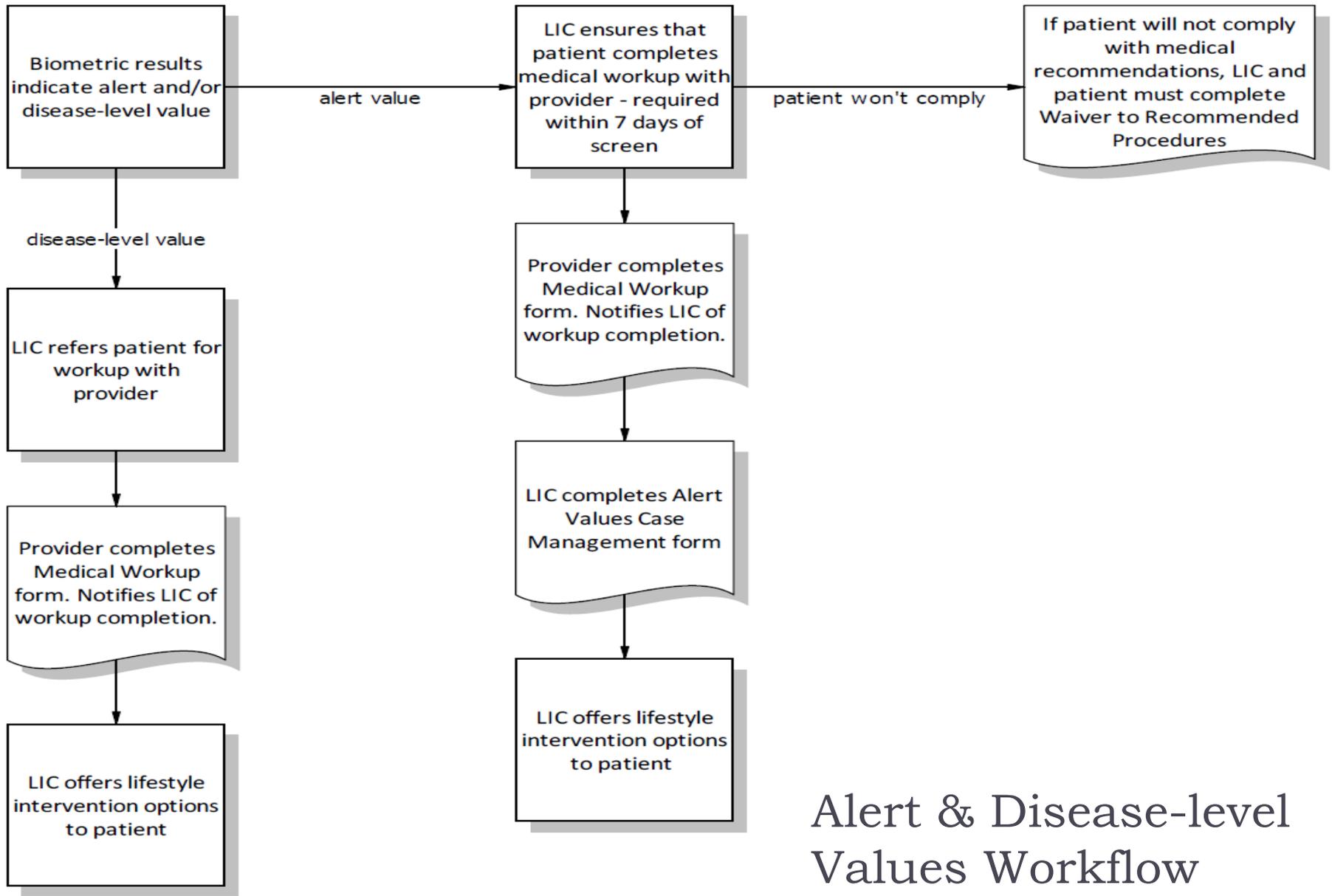
- ▶ Prepare enrollment packets, including:
 - IN-BCCP Enrollment
 - IN-WISEWOMAN Informed Consent (completed by patient)
 - IN-WISEWOMAN Health Assessment (completed by patient)
 - IN-WISEWOMAN Screening Results (completed by LIC or provider staff)
 - IN-WISEWOMAN Risk Reduction (completed by LIC)

- ▶ Work with IN-BCCP providers to coordinate distribution of packets on IN-WISEWOMAN enrollment days
 - Patients scheduled for IN-BCCP screens on a day when the LIC is available should be offered the option to participate
 - Provide enrollment packet to patient – completed forms should be given to LIC
 - Patient will complete screening with the provider, where the provider will collect required biometric measures

Alert & Disease-level Values

Alert and Disease-level values forms

Form Name	Form #	Distributed by	Completed by	Purpose
Medical Workup	State Form 55476	LIC	Provider	Identifies the action taken by the provider during their workup visit with participant, used only for participants alert or disease-level values as indicated on the Screening Results form
Alert Values Case Management Form	State Form 55480	n/a – LIC will complete	LIC	Collects the required MDEs for patients with alert values and confirms that a workup was performed within 7 days per the requirements of the grant
Waiver to Recommended Procedures	State Form 55478	LIC	LIC and Participant	Used if participant with an alert value chooses not to follow recommended medical workup procedures



Alert & Disease-level Values Workflow

Workup Guidelines

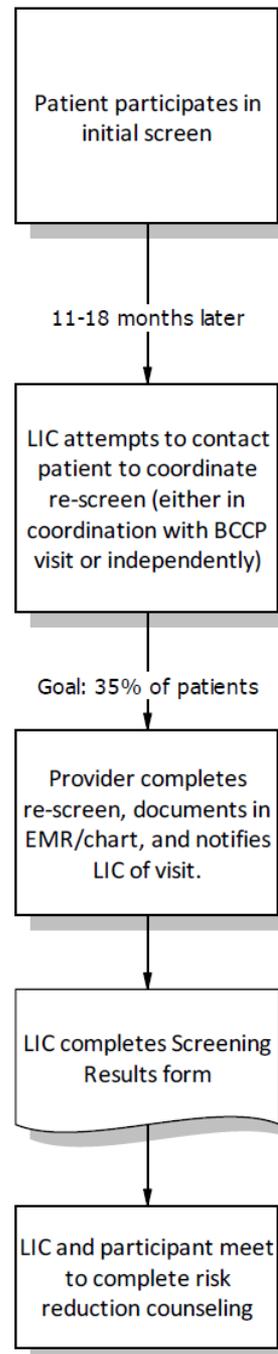
- ▶ Results that are eligible for a funded IN-WISEWOMAN workup include:
 - **Alert Hypertension (Systolic >180 and/or Diastolic >110)**
 - **Alert Glucose (≤ 50 or ≥ 275 mg/dL Fasting or Nonfasting)**
 - Disease-Level Hypertension (Systolic 140-180 and/or Diastolic 90-110)
 - Disease-Level Glucose (126-274 mg/dL Fasting OR 200-274 Nonfasting)
 - Disease-Level Total Cholesterol (≥ 240 mg/dL)
 - Disease-Level LDL (≥ 160 mg/dL)
 - Disease-Level Triglycerides (≥ 200 mg/dL)
 - Disease-Level A1C ($\geq 6.5\%$)
- ▶ Results that are not eligible for an IN-WISEWOMAN funded workup, include:
 - Pre-Hypertension (Systolic 140-159 and/or Diastolic 90-99)
 - Borderline High Total Cholesterol (200-239 mg/dL)
 - Borderline High LDL (130-159 mg/dL)
 - Borderline High Triglycerides (150 - 199 mg/dL)

Alert and Disease-level Values Procedures

- ▶ **Documentation:** During the workup visit, the provider must complete the Medical Workup to receive reimbursement for the visit. The complete form should be returned to the LIC upon completion for review. The LIC will then submit the form to ISDH for data entry and billing purposes
- ▶ **Reimbursement:** IN-WISEWOMAN will reimburse visits with a provider related to a alert and disease-level result. Reimbursement is limited to one office visit per patient, per screen.

Re-screen

Re-screen Workflow



Lifestyle Interventions

Lifestyle Interventions

- ▶ **YMCA Diabetes Prevention Program**
 - ▶ DPP focuses on participants who are at high risk for developing Type 2 Diabetes
- ▶ **Take Off Pounds Sensibly (TOPS)**
 - ▶ TOPS is a weight loss program that meets weekly for 1 hour
- ▶ **Health Coaching**
 - ▶ New Leaf focuses on a variety of topics that cater to the participant's priority area

Q & A



Contact Information

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