

Galactosemia

- Galactosemia is an **inherited** (passed from parent to child) condition that occurs when the body is unable to break down **galactose**. Galactose is a sugar found in milk. There are three different types of galactosemia.
- Babies with untreated galactosemia may develop liver damage, cataracts (cloudiness in the eyes), and brain damage. A special diet without galactose can prevent these health problems.
- For more information about galactosemia, please click on one of the links below.
 - [Medline Plus Medical Encyclopedia](#)
 - [National Library of Medicine Genetics Home Reference](#)