

**Indiana State Department of Health
Health Care Quality and Regulatory Commission**

**Alzheimer's and Dementia Care Rules
Comprehensive Care Facilities (Nursing Homes)**

410 IAC 16.2-3.1-4 Notice of rights and services

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(f) The facility must do the following:

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(11) If the facility is required to submit an Alzheimer's and dementia special care unit disclosure form under IC 12-10-5.5, provide the resident at the time of admission to the facility with a copy of the completed Alzheimer's and dementia special care unit disclosure form.

410 IAC 16.2-3.1-13 Administration and management

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(w) In facilities that are required under IC 12-10-5.5 to submit an Alzheimer's and dementia special care unit disclosure form, the facility must designate a director for the Alzheimer's and dementia special care unit. The director shall have an earned degree from an educational institution in a health care, mental health, or social service profession or be a licensed health facility administrator. The director shall have a minimum of one (1) year work experience with dementia or Alzheimer's residents, or both, within the past five (5) years. Persons serving as a director for an existing Alzheimer's and dementia special care unit at the time of adoption of this rule are exempt from the degree and experience requirements. The director shall have a minimum of twelve (12) hours of dementia-specific training within three (3) months of initial employment as the director of the Alzheimer's and dementia special care unit and six (6) hours annually thereafter to:

- (1) meet the needs or preferences, or both, of cognitively impaired residents; and
- (2) gain understanding of the current standards of care for residents with dementia.

(x) The director of the Alzheimer's and dementia special care unit shall do the following:

- (1) Oversee the operation of the unit.
- (2) Ensure that:
 - (A) personnel assigned to the unit receive required in-service training; and
 - (B) care provided to Alzheimer's and dementia care unit residents is consistent with:
 - (i) in-service training;
 - (ii) current Alzheimer's and dementia care practices; and
 - (iii) regulatory standards.

410 IAC 16.2-3.1-14 Personnel

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(c) Each nurse aide who is hired to work in a facility shall have successfully completed a nurse aide training program approved by the division or shall enroll in the first available approved training program scheduled to commence within sixty (60) days of the date of the nurse aide's employment. The program may be established by the facility, an organization, or an institution. The training program shall consist of at least the following:

- (1) Thirty (30) hours of classroom instruction within one hundred twenty (120) days of employment. At least sixteen (16) of those hours shall be in the following areas prior to any direct contact with a resident:
 - (A) Communication and interpersonal skills.
 - (B) Infection control.
 - (C) Safety/emergency procedures, including the Heimlich maneuver.
 - (D) Promoting residents' independence.
 - (E) Respecting residents' rights.

(2) The remainder of the thirty (30) hours of instruction shall include the following:

...

(D) Care of cognitively impaired residents as follows:

- (i) Techniques for addressing the unique needs and behaviors of individuals with dementia (Alzheimer's and others).
- (ii) Communicating with cognitively impaired residents.
- (iii) Understanding the behavior of cognitively impaired residents.
- (iv) Appropriate responses to the behavior of cognitively impaired residents.
- (v) Methods of reducing the effects of cognitive impairments.

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(u) In addition to the required inservice hours in subsection (l), staff who have regular contact with residents shall have a minimum of six (6) hours of dementia-specific training within six (6) months of initial employment, or within thirty (30) days for personnel assigned to the Alzheimer's and dementia special care unit, and three (3) hours annually thereafter to meet the needs or preferences, or both, of cognitively impaired residents and to gain understanding of the current standards of care for residents with dementia.

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To obtain the complete administrative rules for comprehensive care facilities, go to <http://www.in.gov/legislative/iac/T04100/A00162.PDF?>