

FILLABLE TRACKER

State	CMS Long-Term Care Branch	Unique Identifier	Project Start Date <i>(Please review and edit the values in this field, as applicable)</i>	Project End Date <i>(Please review and edit the values in this field, as applicable)</i>	Total Amount of CMP Funds Approved for this Project	Project Title	Project Summary <i>(Please review and edit the values in this field, as applicable)</i> a) Specific purpose of the project b) Description of what the project will achieve c) Explanation of how the project will benefit nursing home (NH) residents d) Target audience beyond NH residents, if applicable	Funded Entities <i>(Please review and edit the values in this field, as applicable)</i>	Results/Outcomes of the Project <i>(Please review and edit the values in this field, as applicable)</i>	Total Amount of CMP Funds Expended During CY 2018 <i>(Please review and edit the values in this field, as applicable)</i>	Total Amount of CMP Funds Expended During CY 2019 <i>(Please review and edit the values in this field, as applicable)</i>	Notes <i>(Please add any applicable information upon your review)</i>
IN	Chicago	2018-IN-039	04/15/16	04/14/18	\$500,000.00	Expressive Arts in Long Term Care	a) An effective expressive arts program results in increased engagement of residents. b) This project will result in an Expressive Arts Course and an Expressive Arts Train-the-Trainer Course. The project will focus on the use of arts through movement, drawing, painting, sculpting, writing, music, or acting as interventions or approaches. c) It will improve quality of life for residents.	University of Indianapolis Center for Aging and Community (Project Coordinator)	Six courses were offered. 96 individuals attended, completed, and received their certificates as Expressive Arts Trainers for Long Term Care. Two courses were offered, and 20 individuals attended the courses for Train the Trainer, completed the courses, and received their certificates in Train the Trainer in Expressive Arts in Long Term Care. Seven Regional Collaboratives did performance improvement projects with their nursing homes.	\$112,679.12		Completed
IN	Chicago	2018-IN-040	05/01/16	04/30/18	\$600,000.00	Polypharmacy Reduction in Long Term Care	a) The project is implementing a unique approach to polypharmacy reduction in 21 participating Indiana nursing homes. b) The project's goal is to reduce the use of unnecessary, non-beneficial, and harmful drugs. c) It will result in improved quality of life, improved quality of care, and reduced health care costs.	Purdue University School of Nursing (Project Coordinator)	This project showed decrease in average number of medications per day per resident; decrease in infectious disease medications; decrease in anti-coagulants; decrease in pain medications per resident.	\$133,355.03		Completed
IN	Chicago	2018-IN-041	08/01/16	07/31/18	\$600,000.00	Music in Long Term Care	a) Program to introduce music into long-term care facilities and the care planning of residents. b) It will reduce pharmacologic interventions; reduction in the dosage of prescribed medication administered per resident. c) This will result in a reduction in the amount of negative behaviors; reduction in the number of falls; increased level of resident engagement and quality of life.	Butler University (Project Coordinator)	Over 10,000 individualized music listening sessions were implemented (working with 282 residents across 15 nursing homes). Significant decreases in the number and frequency of depressive symptoms and agitation were documented midway through the project. That result was not maintained during the last six months of the project. This was due to staff turnover at facilities and use of untrained temporary staff.	\$326,059.52		Completed
IN	Chicago	2018-IN-042	09/01/18	08/31/21	\$175,000.00	Emergency Preparedness	The project will develop training that will give long term care staff the foundational knowledge, best practices, and practical experience needed to create detailed emergency management plans, meet new Centers for Medicare & Medicaid Services regulations on emergency planning, and provide the highest quality of care for older adults, regardless of circumstances.	University of Indianapolis Center for Aging and Community (Project Coordinator)	Curriculum completed. 6 courses offered throughout the state. Course is 2 day face-to-face with 2 weeks between to develop plan, identify concerns / issues, and return for discussion and problem solving. Also include a table top exercise.	\$7,293.86	\$0.00	

IN	Chicago	2018-IN-043	12/01/16	11/30/18	\$600,000.00	Regional Collaborative Project Expansion	<p>a) Develop regional collaborative groups that are locally-based to work on quality improvement efforts within the nursing homes in their communities.</p> <p>b) Each regional collaborative will be responsible for developing and implementing at least two quality improvement projects addressing a quality of care need as identified through a quality assurance and performance improvement (QAPI) process utilizing QAPI principles.</p> <p>c) This will improve quality of care for nursing home residents.</p>	University of Indianapolis Center for Aging and Community (Project Coordinator); nine long-term care regional collaborative projects	<p>Names of the collaborators are abbreviated below:</p> <p>WCIRC reduced monthly antibiotics per resident by 51.3%.</p> <p>SIRC reduced rates of antipsychotic medications by 43%.</p> <p>CCC reduced challenging behaviors by 2% and in-patient hospital visits by 78.7%.</p> <p>CINHC decreased falls with major injury by 50%.</p> <p>NCIQIC reduced average number of residents who fell by 44%.</p> <p>SWICPI reduced rates of 30-day readmissions by 28.5%.</p> <p>NWQIC reduced rates of incontinence by 22.2%.</p> <p>QICNE decreased average monthly medications by 10.2%, increased discontinued meds by 20.5%, and decreased as needed (PRN) medications by 14.3%.</p> <p>Estimated savings due to projects' prevention of negative health care events for</p>	\$236,462.53		Completed
IN	Chicago	2018-IN-044	02/01/17	01/31/19	\$400,000.00	Indiana Nursing Home Advanced Education Project	<p>a) The project will provide Indiana Nursing Home Advanced Education.</p> <p>b) The purpose of the project is to implement a program to improve the education of healthcare professionals working in long-term care facilities through course development focused on a lack of qualifications in important geriatric care areas, such as healthcare quality improvement, infection prevention, wound care, and Alzheimer's/ dementia care.</p> <p>c) This will result in higher quality of care for nursing home residents.</p>	University of Indianapolis Center for Aging and Community (Project Coordinator); Alzheimer's Association of Greater Indiana; Association of Professionals in Infection Control and Epidemiology; Indiana University School of Medicine's Department of Gerontology; Wound Care Education Institute	<p>Long Term Care (LTC) Professionals project (Advanced Education) provided advanced education the areas of quality improvement, infection prevention, wound care and Alzheimer's disease and demtia care to LTC professionals. A total of 388 professional staff participated in the project. Professional certifications were attained by varying numbers of participants by course. The highest rate of certification resulted from the Infection Prevention course with 63%. Forty-six (46%) percent of participants who attended the Care of Person's with Alzheimer's & Dementia course attained certification. Twenty-four (24%) percent of participants earned Wound Care Certified credentials. Zero known participants became Lean Six Sigma Yellow Belt certified. (Both the wound care and Six Sigma certification</p>	\$209,017.50	\$78,116.03	Completed
IN	Chicago	2018-IN-045	10/01/17	09/30/20	\$332,360.00	Conversations on Advanced Care Planning in Nursing Homes	<p>a) The project will implement improvements to advance care planning in nursing homes.</p> <p>b) It will focus on person-directed culture, resident quality of life, and resident choice. The most important component of advance care planning is the initial conversation about one's health care wishes.</p> <p>c) This will improve nursing home resident quality of care.</p>	University of Southern Indiana (Project Coordinator); Respecting Choices	<p>Recruited 15 nursing homes with 5 staff from each NH. Training in Respecting Choices and Last Steps related to advanced care planning.</p>	\$175,172.63	\$72,820.59	
IN	Chicago	2018-IN-046	09/01/18	06/30/20	\$250,000.00	Prevention of Abuse and Neglect in Long Term Care	<p>This project seeks to increase awareness of abuse and neglect. The benefit to nursing home residents will be a nursing home staff that takes increased responsibility for preventing abuse and neglect. The training seeks to ensure that facilities have the resources and tools necessary to provide a high quality of healthcare. Our ultimate goal is to benefit residents through the prevention of abuse and neglect.</p>	The University of Indianapolis Center for Aging and Community (Project Coordinator)	<p>Curriculum completed. 2019-2020 -12 courses total will be offered throughout the state - 3-North; 6 Central & 3 South with 25-50 participants per session. Content includes s/s abuse & neglect, defining, reporting & responding to situations, stress triggers, conflict resolution, de-escalation, and social media.</p>	\$3,745.56	\$26,368.46	
IN	Chicago	2018-IN-047	09/01/18	06/30/20	\$300,000.00	Infection Prevention in Long Term Care	<p>a) The project proposes a three-part project to give nursing homes the resources and tools needed to enhance their infection prevention programs.</p> <p>b) Project activities include a course for long-term care staff on best practices for infection prevention, a stand-alone training package that buildings can implement on their own, and a stand-alone education package for buildings.</p> <p>c) They can use this to educate families and residents on their role in infection prevention.</p>	The University of Indianapolis Center for Aging and Community (Project Coordinator)	<p>Curriculum development including: hand hygiene, disease specific preventions, treatment, and management (CDI, MRSA, CRE, sepsis, UTIs, and pneumonia), role of the IP, antibiotic stewardship and QAPI for Infection Control.</p>	\$6,887.10	\$54,554.12	

