



# REQUIRED MEDICAL DOCUMENTATION FOR WIC FORMULA AND APPROVED WIC FOODS - PREGNANT, BREASTFEEDING, AND NON-BREASTFEEDING POSTPARTUM WOMEN

State Form 55324 (R2 / 4-15)  
INDIANA STATE DEPARTMENT OF HEALTH  
INDIANA WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

Patient's Name: \_\_\_\_\_ Birthdate (mm/dd/yyyy): \_\_\_\_\_

Minor Prenatal or Postpartum Patient's Parent/Guardian/Caretaker Name: \_\_\_\_\_

**PLEASE COMPLETE EACH SECTION FOR YOUR PREGNANT OR POSTPARTUM PATIENT.**

**1. Qualifying medical condition(s) include, but are not limited to: (Check all that apply.)**

- Gastrointestinal disorders
- Malabsorption syndromes
- Immune system disorders
- Severe food allergies that require an elemental formula
- Inborn errors of metabolism and metabolic disorders
- Disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant's nutrition status

**2. Name of WIC standard infant formula/exempt infant formula/WIC-eligible nutritionals prescription:**

Prescribed amount per day: \_\_\_\_\_

Physical Form:  Powder  Concentrate  Ready to Use

Special instructions for preparation and use: \_\_\_\_\_

**3. Allowed WIC foods (Please check appropriate boxes.)**

<input type="checkbox"/> <b>No foods</b>	<input type="checkbox"/> <b>All foods EXCEPT (Check all that apply.)</b>												
<input type="checkbox"/> <b>All foods</b> (Women receive 1% or Skim milk only.)	<table style="width: 100%; border: none;"> <tr> <td style="border: none;"><input type="checkbox"/> Breakfast cereal</td> <td style="border: none;"><input type="checkbox"/> 100% juice</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Fresh/frozen fruits and vegetable</td> <td style="border: none;"><input type="checkbox"/> Whole wheat bread or other whole grains (fully and partially breastfeeding women only)</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Eggs</td> <td style="border: none;"><input type="checkbox"/> Beans or peanut butter (&gt;2yrs)</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Cheese</td> <td style="border: none;"><input type="checkbox"/> Fish (fully breastfeeding women only)</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Milk</td> <td style="border: none;"></td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Yogurt</td> <td style="border: none;"></td> </tr> </table>	<input type="checkbox"/> Breakfast cereal	<input type="checkbox"/> 100% juice	<input type="checkbox"/> Fresh/frozen fruits and vegetable	<input type="checkbox"/> Whole wheat bread or other whole grains (fully and partially breastfeeding women only)	<input type="checkbox"/> Eggs	<input type="checkbox"/> Beans or peanut butter (>2yrs)	<input type="checkbox"/> Cheese	<input type="checkbox"/> Fish (fully breastfeeding women only)	<input type="checkbox"/> Milk		<input type="checkbox"/> Yogurt	
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<input type="checkbox"/> Milk													
<input type="checkbox"/> Yogurt													

The following choices may be provided for patients who have a qualifying condition. Please check all that apply. A length of use is still required when ordering these items. (Formula or WIC-eligible nutritionals are not required for the patient to receive these items.)

<input type="checkbox"/> Whole milk	<input type="checkbox"/> 2% Milk	<input type="checkbox"/> Infant cereal (in place of breakfast cereal)	<input type="checkbox"/> Pureed fruits and vegetables (in place of fresh/frozen fruits and vegetables)
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**4. Length of use for this prescription:**  1 month  3 months  6 months  12 months

Other: \_\_\_\_\_

**SIGNATURE (Health Care Provider):** \_\_\_\_\_ **Date (mm/dd/yyyy):** \_\_\_\_\_

**Printed Name (Health Care Provider):** \_\_\_\_\_

**Medical Office/Clinic:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Address (number and street, city, state, and ZIP code):** \_\_\_\_\_

**WIC Staff Use Only:** Non-qualifying conditions:  
• food intolerance, • Patient preference, • Management of body weight with no underlying medical condition