

Indiana School for the Blind and Visually Impaired

September 5, 2022 – September 9, 2022

MS/HS Menu

Monday – *NO SCHOOL – LABOR DAY*

Tuesday Breakfast

Mini Pancakes, Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Tuesday Lunch

BBQ Chicken Sandwich or Deli Sandwich or Chef Salad or Soy Butter/Jelly, Roasted Sweet Potatoes, Green Beans, Zee Zee Applesauce, Fresh Fruit, Milk

Tuesday Dinner

Philly Steak Sandwich, French Fries, Vegetable, Fresh Fruit, Baker's Choice, Milk

Wednesday Breakfast

Sausage Biscuit or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Wednesday Lunch

Bosco Sticks/Marinara or Deli Sandwich or Chef Salad or Soy Butter/Jelly, Cheesy Broccoli, Side Salad/Cherry Tomatoes, Canned Fruit, Fresh Fruit, Jello, Milk

Wednesday Dinner

BBQ Sandwich, Vegetable, Fresh Fruit, Baker's Choice, Milk

Thursday Breakfast

Banana Bread or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Thursday Lunch

Mozzarella Meatball Sub or Deli Sandwich or Chef Salad or Soy Butter/Jelly, Curly Fries, Carrot Sticks/Ranch, Canned Fruit, Fresh Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

Omelet and Cinnamon Roll or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Friday Lunch

Grilled Cheese or Deli Sandwich or Chef Salad or Soy Butter/Jelly, Soup, Veggie, Canned Fruit, Fresh Fruit, Friday Fun Treat, Milk

Sunday (Meal in Dorm)

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**