

Indiana School for the Blind and Visually Impaired

September 30, 2019 – October 6, 2019

MS/HS Menu

Monday Breakfast

Breakfast Chicken Sliders or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Monday Lunch

BBQ Rib Sandwich or Deli Sandwich or Soy Butter/Jelly, Corn on the Cob, Raw Veggies/Ranch, Baked Cinnamon Peaches, Fresh Fruit, Sun Chips, Milk

Monday Dinner

Philly Cheese Steak Sandwich, French Fries, Vegetables, Fresh Fruit, Baker's Choice Dessert, Milk

Tuesday Breakfast

Waffles and Sausage Patty or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Tuesday Lunch

Cheeseburger or Chef Salad/Breadstick or Soy Butter/Jelly, Baked Beans, Curly Fries, Cottage Cheese, Pineapple, Fresh Fruit, Milk

Tuesday Dinner

Chick-n-Pick Sandwich, Mac and Cheese Bites, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

Wednesday Breakfast

Breakfast Pizza Bagel or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Wednesday Lunch

Bosco Sticks/Marinara or Soy Butter/Jelly, California Veggies, Side Salad/Cherry Tomatoes, Mandarin Oranges, Fresh Fruit, Milk

Wednesday Dinner

Roast Beef, Mashed Potatoes/Gravy, Roll/Butter, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

Thursday Breakfast

French Toast Sticks and Sausage Links or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Thursday Lunch

Popcorn Chicken/Roll or Soy Butter/Jelly, Mashed Potatoes, Green Beans, Canned Fruit, Fresh Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

Friday Breakfast

Omelet and Breakfast Round or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Friday Lunch

Ravioli and Garlic Bread or Breaded Fish Sandwich or Soy Butter/Jelly, Steamed Carrots, Broccoli Salad, Canned Fruit, Fresh Fruit, Friday Fun Treat, Milk

Sunday Dinner – In Dorms

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. USDA and the State of Indiana are equal opportunity providers and employers.**