

## Indiana School for the Blind and Visually Impaired

September 19, 2022 – September 23, 2022

### MS/HS Menu

#### Monday Breakfast

Big Muffin, Yogurt, Fresh Fruit, Juice, White Milk

#### Monday Lunch

Cheeseburger or Deli Sandwich or Southwest Salad or Soy Butter/Jelly, Curly Fries, Raw Veggies, Applesauce, Fresh Fruit, Milk

#### Monday Dinner

Cook's Choice Entrée, Broccoli, Fresh Fruit, Baker's Choice, Milk

#### Tuesday Breakfast

Cereal, Yogurt, Fresh Fruit, Juice, White Milk

#### Tuesday Lunch

Chicken Cheese Bacon Sandwich or Deli Sandwich or Southwest Salad or Soy Butter/Jelly, Baked Beans, Raw Veggies, Fruit, Fresh Fruit, Sun Chips, Milk

#### Tuesday Dinner

Chicken Fajitas, Spanish Rice, Vegetable, Fresh Fruit, Baker's Choice, Milk

#### Wednesday Breakfast

French Toast and Sausage, Yogurt, Fresh Fruit, Juice, White Milk

#### Wednesday Lunch

Bosco Sticks/Marinara or Deli Sandwich or Southwest Salad or Soy Butter/Jelly, Cheese Broccoli, Side Salad, Fruit, Fresh Fruit, Graham Crackers, Milk

#### Wednesday Dinner

Cook's Choice Entrée, Vegetable, Fresh Fruit, Baker's Choice, Milk

#### Thursday Breakfast

Breakfast Pizza, Yogurt, Fresh Fruit, Juice, White Milk

#### Thursday Lunch

Chicken Tender w/Roll or Deli Sandwich or Southwest Salad or Soy Butter/Jelly, Corn, Mashed Potatoes, Fruit, Fresh Fruit, Milk

#### Thursday Dinner

Turkey Manhattan, Mashed Potatoes, Vegetable, Fresh Fruit, Baker's Choice, Milk

#### Friday Breakfast

Breakfast Pastry, Yogurt, Fresh Fruit, Juice, White Milk

#### Friday Lunch

Turkey Club Sandwich or Deli Sandwich or Southwest Salad or Soy Butter/Jelly, Pickle Spears, Soup, Fruit, Fresh Fruit, Friday Fun Treat, Milk

#### Sunday (Meal in Dorm)

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

**\*\*\*Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**