

## **Indiana School for the Blind and Visually Impaired**

September 12, 2022 – September 16, 2022

### **Elementary Menu**

#### **Monday Breakfast**

Waffles and Sausage Link or Cereal and Yogurt, Assorted Fruit, Juice, Milk

#### **Monday Lunch**

Hot Dog on Bun, Soy Butter/Jelly, Mac and Cheese, Edamame, Applesauce, Milk

#### **Monday Dinner**

Soft Shell Chicken Fajitas with Peppers and Onions, Spanish Rice, Corn on the Cob, Tossed Salad, Cobbler, Milk

#### **Tuesday Breakfast**

Cheesy Scrambled Egg and Whole Grain Biscuit or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

#### **Tuesday Lunch**

Popcorn Chicken, Soy Butter/Jelly, Potato Wedges, Mandarin Oranges, Whole Grain Cookie, Milk

#### **Tuesday Dinner**

Homemade Pizza, Breadstick, Tossed Salad, Fruit Cup, Pudding, Milk

#### **Wednesday Breakfast**

Stuffed Bagels and Sausage Patty or Cereal and Yogurt, Assorted Fruit, Juice, Milk

#### **Wednesday Lunch**

Stuffed Bosco Stick/Marinara or Soy Butter/Jelly, Corn, Raw Veggies/Ranch, Diced Pineapple, Milk

#### **Wednesday Dinner**

Loaded Nachos/Chips and Sour Cream, Tossed Salad, Carrot Sticks/Dip, Fresh Fruit, Baker's Choice Dessert, Milk

#### **Thursday Breakfast**

Pancakes or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

#### **Thursday Lunch**

Turkey Corn Dog and Sun Chips or Soy Butter/Jelly, Steamed Broccoli, Cinnamon Baked Pears, Milk

#### **Thursday Dinner**

Turkey Manhattan, Mashed Potatoes/Gravy, Vegetable, Tossed Salad, Fresh Fruit, Ice Cream Sundae, Milk

#### **Friday Breakfast**

Breakfast Burrito or Cereal and Yogurt, Assorted Fruit, Juice, Milk

#### **Friday Lunch**

Chicken Cheese Quesadilla or Soy Butter/Jelly, Tortilla Chips/Salsa, Steamed Carrots, Fruit Cocktail, Churros, Milk

#### **Sunday (Meal in Dorm)**

Turkey and Cheese on Bun, Tater Tots, Mixed Veggies, Apple Slices, Cookie, Milk

**\*\*\*Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**