

Indiana School for the Blind and Visually Impaired

August 26, 2019 – September 2, 2019

MS/HS Menu

Monday Breakfast

Biscuits and Gravy or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Monday Lunch

Chicken Quesadilla and Chips/Salsa or Deli Sandwich/Chips or Soy Butter/Jelly, Grilled Corn, Refried Beans, Berry Apple Sauce, Fresh Fruit, Milk

Monday Dinner

Breaded Fish, Rice, Vegetable, Roll/Butter, Fresh Fruit, Baker's Choice Dessert, Milk

Tuesday Breakfast

Pancakes and Sausage Patty or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Tuesday Lunch

Chili Cheese Dog or Chef Salad/Bread Stick or Soy Butter/Jelly, Tater Tots, Raw Veggies/Dip, Sliced Peaches, Fresh Fruit, Milk

Tuesday Dinner

Polish Sausage on Bun, Mac and Cheese, Vegetable, Roll/Butter, Fresh Fruit, Baker's Choice Dessert, Milk

Wednesday Breakfast

Egg, Cheese, Hash Brown Breakfast Bowl and Muffin or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Wednesday Lunch

Mini Pizzas or Soy Butter/Jelly, Side Salad/Cherry Tomatoes, Steamed Broccoli, Mandarin Oranges, Fresh Fruit, WG Treat, Milk

Wednesday Dinner

Overloaded Baked Potatoes/Ham/Cheese/Bacon Bits/Sour Cream, Roll/Butter, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

Thursday Breakfast

Cream Cheese Stuffed Bagel and Bacon or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Thursday Lunch

Spaghetti and Meatballs and Garlic Knot or Breaded Fish Sandwich or Soy Butter/Jelly, Raw Veggies/Dip, Steamed Carrots, Fruit Cocktail, Fresh Fruit, Milk

Thursday Dinner

Turkey Club, Soup, Chips, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

Friday Breakfast

Egg and Cheese Breakfast Casserole and Donut or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Friday Lunch

Corned Beef and Swiss Sandwich or Soy Butter/Jelly, Pickle Spears, Mashed Potatoes, Pineapple Chunks, Fresh Fruit, Friday Fun Treat, Milk

Sunday Dinner – In Dorms

Ravioli, Garlic Toast, Salad/Ranch Dressing, Yogurt, Apple Slices, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. USDA and the State of Indiana are equal opportunity providers and employers.**