

Indiana School for the Blind and Visually Impaired

August 19, 2019 – August 25, 2019

MS/HS Menu

Monday Breakfast

Breakfast Pizza or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Monday Lunch

Grilled Teriyaki Chicken and Pineapple and Provolone or Deli Sandwich or Soy Butter and Jelly Sandwich, Veggies/Hummus, Potato Wedges, Pears, Fresh Fruit, Milk

Monday Dinner

Baked Ham, Rotini Mac and Cheese, Cook's Choice Veggie, Tossed Salad/Dressing, Fresh Fruit, Baker's Choice, Milk

Tuesday Breakfast

Eggo Mini Waffles and Sausage Patty or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Tuesday Lunch

Cheeseburger and Sun Chips or Turkey Apple Cheddar Wrap and Sun Chips or Soy Butter/Jelly, Vegetable Blend, Raw Veggies/Ranch, Mandarin Oranges, Fresh Fruit, Milk

Tuesday Dinner

Cook's Choice Entrée, Mixed Vegetables, Roll/Butter, Tossed Salad/Dressing, Fresh Fruit, Cobbler, Milk

Wednesday Breakfast

Cheesy Scrambled Eggs and Sweet Roll or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Wednesday Lunch

Bosco Sticks/Marinara or Soy Butter/Jelly, Side Salad, Steamed Carrots, Diced Pineapple, Fresh Fruit, Milk

Wednesday Dinner

Chicken and Waffles/Syrup or Scrambled Eggs and Toast, Hash Browns, Fruit Salad, Orange Juice, Yogurt, Milk

Thursday Breakfast

French Toast Sticks and Sausage Links or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Thursday Lunch

Taco Salad and Fritos or Soy Butter/Jelly, Corn, Peaches, Fresh Fruit, WG Cookie, Milk

Thursday Dinner

Salisbury Steak, Wild Rice, Veggie, Roll/Butter, Tossed Salad, Fruit Cup, Ice Cream, Milk

Friday Breakfast

Omelet and Biscuit or Cereal and Yogurt, Assorted Fresh Fruit, Hot Chocolate, Juice, Milk

Friday Lunch

Cuban Sandwich and Pickle Spear or Breaded Fish Sandwich and Pickle Spear or Soy Butter/Jelly, Seasoned Black Beans, Fruit Cocktail, Fresh Fruit, Baker's Choice Dessert, Milk

Sunday Dinner – In Dorms

Burrito, Tortilla Chips/Salsa, Salad/Ranch, Fresh Fruit, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. USDA and the State of Indiana are equal opportunity providers and employers.**