

Indiana School for the Blind and Visually Impaired

August 12, 2019 – August 18, 2019

MS/HS Menu

Monday Breakfast

Biscuits and Gravy or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Monday Lunch

Buffalo Chicken Tender Wrap or Deli Sandwich or Soy Butter/Jelly, Potato Wedges, Celery/Ranch, Applesauce, Fresh Fruit, Milk

Monday Dinner

Soft Shell Chicken Fajitas/Peppers/Onions, Spanish Rice, Corn on the Cob, Tossed Salad, Cobbler, Milk

Tuesday Breakfast

Pancakes and Sausage Patty or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Tuesday Lunch

Turkey Corn Dog and Sun Chips or Chef Salad and Sun Chips or Soy Butter/Jelly, Baked Beans, Steamed Broccoli, Mandarin Oranges, Fresh Fruit, Milk

Tuesday Dinner

Homemade Pizza, Breadstick, Tossed Salad, Fruit Cup, Pudding, Milk

Wednesday Breakfast

Egg, Cheese, Potato Breakfast Bowl and Muffin or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Wednesday Lunch

Stuffed Bosco Sticks/Marinara or Soy Butter/Jelly, Side Salad/Cherry Tomatoes, Steamed Carrots, Diced Pineapple, Fresh Fruit, Milk

Wednesday Dinner

Loaded Nachos/Chips/Sour Cream, Tossed Salad, Carrot Sticks/Dip, Fresh Fruit, Baker's Choice Dessert, Milk

Thursday Breakfast

Cinnamon Toast Crunch Bar and Bacon or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Thursday Lunch

Meatloaf/Roll or Breaded Chicken Sandwich or Soy Butter/Jelly, Mashed Potatoes/Gravy, Green Beans, Peaches, Fresh Fruit, Milk

Thursday Dinner

Turkey Manhattan, Mashed Potatoes/Gravy, Vegetable, Tossed Salad, Fresh Fruit, Ice Cream Sundae, Milk

Friday Breakfast

Egg and Ham Breakfast Casserole and Donut or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Friday Lunch

Red Beans and Rice/Smoked Sausage or Breaded Fish Sandwich or Soy Butter/Jelly, Corn Casserole, Veggies/Dip, Fruit Cocktail, Fresh Fruit, WG Treat, Milk

Sunday Dinner – In Dorms

Turkey and Cheese on Bun, Tater Tots, Mixed Veggies, Apple Slices, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. USDA and the State of Indiana are equal opportunity providers and employers.**