

## 2025 INDIANA REGIONAL CANE QUEST CONTEST APPLICATION FORM - SCOUTS

**CONTEST DATE: October 18, 2025** 

## ORIENTATION AND MOBILITY SPECIALISTS, TO SUBMIT A STUDENT APPLICATION

Complete this skills checklist and attach a signed and completed Parents' Permission Form and submit to: Indiana School for the Blind and Visually Impaired, 5050 East 42nd Street Indianapolis, IN 46226, Attn: Cara Burchett at cburchett@isbvik12.org or (317) 253-1481 if you are unable to scan/email.

Cane Quest seeks to motivate blind and visually impaired youth to practice proper safe travel techniques and overall orientation and mobility skills. It's designed to promote a student's confidence in any surrounding and build true mobility independence. **This form must be completed by an Orientation & Mobility Specialist** to validate the student's skill level and visual acuity. A separate form must also be signed by a parent or legal guardian for a student to participate. **All forms are due on October 3rd, 2025.** 

The Contest will be held on October 18th, 2025.

## **CONTEST DESCRIPTION:**

- 1. Cane Quest, a program of Braille Institute, is open to visually impaired students in grades 3-6 who have received instruction in the use of the white cane, and who are both cognitively and physically able to walk independently for an hour at a time.
- 2. A student should be familiar with the skills on the checklist, but does not have to have mastered all of them.
- 3. A student's visual acuity must fall within the B1 through B2 classification range as defined by the United States Association of Blind Athletes.
  - Class B1 No light perception in either eye up to light perception, but inability to recognize the shape of a hand at any distance or in any direction.
  - Class B2 From ability to recognize the shape of a hand up to visual acuity of 20/600 and/or a visual field of less than 5 degrees in the best eye with the best practical eye correction.
- 4. Students must use a white cane for this contest, and must wear closed-toe shoes.
- 5. Students will complete the route or checklist in partnership with a parent or other sighted volunteer, who will be under blindfold for sections of the route.
- 6. All participants will be monitored at all times throughout the program.

Student Name					
O&M Specialist's Name					
Specialist's Address					
Specialist's Telephone		_ Specialist's E-ı	mail		
Name of School					
Student's Age	Student's Grade		Vision Classification: B1	B2 .	

<b>CONTESTANT'S NAME:</b>	

## **SKILLS CHECKLIST FOR CANE QUEST**

Date: \_\_

This checklist is to be completed by a certified Orientation & Mobility Specialist. Each of the following skills should be assessed on a scale of 1-4, with 1 representing poor and 4 representing excellent, and based on average expectations for a student at grade level. Students are not required to be proficient in all skills to participate. Contestants are encouraged to seek assistance at any time during the contest if they are not confident performing any task. All skills apply to all eligible students in grades 3-6.

Protective Techniques  Protective Techniques  1					
Dropped Objects		Please circle one:			
Sound Localization 1 2 3 4 Sighted Guide Techniques 1 2 3 4 Hines Break 1 2 3 4 Changing Sides 1 2 3 4 About Face 1 2 3 4 Ascending and Descending Stairs 1 2 3 4 Care of the Cane 1 2 3 4 Care of the Cane 1 2 3 4 Cane TECHNIQUES Two Touch Technique 1 2 3 4 Shoreline/Guideline Technique 1 2 3 4 Constant Contact Technique 1 2 3 4 Diagonal Technique 1 2 3 4 Diagonal Technique 1 2 3 4 Diagonal Technique 1 2 3 4 Use self correction techniques 1 2 3 4 Use appropriate cane techniques for ascending and descending stairs 1 2 3 4 Execute a route using directional instructions 1 2 3 4 Execute a route using directional instructions 1 2 3 4 Student's Signature:  Orientation and Mobility Specialist's Name:	Protective Techniques	1	2	3	4
Sighted Guide Techniques  Hines Break  Changing Sides  About Face  Ascending and Descending Stairs  Care of the Cane  CANE TECHNIQUES  Two Touch Technique  Touch and Drag Technique  1 2 3 4  Constant Contact Technique  1 2 3 4  Ending In desired direction  Maintain straight line of travel  Use appropriate cane techniques for moving around obstacles  Use appropriate cane techniques for ascending and descending stairs  Execute a route using directions  1 2 3 4  Execute a route using direction  Reversal of route  Crientation and Mobility Specialist's Name:	Dropped Objects	1	2	3	4
Hines Break  Changing Sides  About Face  Ascending and Descending Stairs  1 2 3 4  Ascending and Descending Stairs  1 2 3 4  Care of the Cane  1 2 3 4  CANE TECHNIQUES Two Touch Technique  Touch and Drag Technique  1 2 3 4  Shoreline/Guideline Technique  1 2 3 4  Constant Contact Technique  1 2 3 4  Diagonal Technique  1 2 3 4  BASIC TRAVEL  Walking in desired direction  1 2 3 4  Was eself correction techniques  1 2 3 4  Use appropriate cane techniques for moving around obstacles  Use appropriate cane techniques for ascending and descending stairs  Execute a route using directions  1 2 3 4  Use landmarks for orientation  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	Sound Localization	1	2	3	4
Changing Sides  About Face  About Face  1 2 3 4  Ascending and Descending Stairs  1 2 3 4  Care of the Cane  1 2 3 4  CANE TECHNIQUES Two Touch Technique  1 2 3 4  Touch and Drag Technique  1 2 3 4  Constant Contact Technique  1 2 3 4  Diagonal Technique  1 2 3 4  BASIC TRAVEL  Walking in desired direction  1 2 3 4  Use self correction techniques  1 2 3 4  Use appropriate cane techniques for moving around obstacles  1 2 3 4  Use appropriate cane techniques for ascending and descending stairs  1 2 3 4  Execute a route using directional instructions  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	Sighted Guide Techniques	1	2	3	4
About Face 1 2 3 4 Ascending and Descending Stairs 1 2 3 4 Care of the Cane 1 2 3 4  CANE TECHNIQUES Two Touch Technique 1 2 3 4 Touch and Drag Technique 1 2 3 4 Shoreline/Guideline Technique 1 2 3 4 Constant Contact Technique 1 2 3 4 Diagonal Technique 1 2 3 4 Diagonal Technique 1 2 3 4  BASIC TRAVEL Walking in desired direction 1 2 3 4 Waintain straight line of travel 1 2 3 4 Use self correction techniques 1 2 3 4 Use appropriate cane techniques for ascending and descending stairs 1 2 3 4 Execute a route using directional instructions 1 2 3 4 Follow audio directions 1 2 3 4 Student's Signature:  Orientation and Mobility Specialist's Name:	Hines Break	1	2	3	4
Ascending and Descending Stairs  Care of the Cane  1 2 3 4  CANE TECHNIQUES Two Touch Technique 1 2 3 4  Touch and Drag Technique 1 2 3 4  Shoreline/Guideline Technique 1 2 3 4  Constant Contact Technique 1 2 3 4  Diagonal Technique 1 2 3 4  BASIC TRAVEL  Walking in desired direction 1 2 3 4  Use self correction techniques 1 2 3 4  Use appropriate cane techniques 1 2 3 4  Use appropriate cane techniques for moving around obstacles 1 2 3 4  Use appropriate cane techniques for ascending and descending stairs 1 2 3 4  Execute a route using directional instructions 1 2 3 4  Use landmarks for orientation 1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	Changing Sides	1	2	3	4
Care of the Cane  CANE TECHNIQUES Two Touch Technique Touch and Drag Technique 1 2 3 4 Shoreline/Guideline Technique 1 2 3 4 Constant Contact Technique 1 2 3 4 Diagonal Technique 1 2 3 4  BASIC TRAVEL Walking in desired direction 1 2 3 4 Was eself correction techniques 1 2 3 4 Use self correction techniques 1 2 3 4 Use appropriate cane techniques for moving around obstacles 1 2 3 4 Use appropriate cane techniques for ascending and descending stairs 1 2 3 4 Execute a route using directional instructions 1 2 3 4 Student's Signature:  Orientation and Mobility Specialist's Name:	About Face	1	2	3	4
Two Touch Technique Touch and Drag Technique Touch and Touch and Advantage A	Ascending and Descending Stairs	1	2	3	4
Two Touch Technique  Touch and Drag Techniqu	Care of the Cane	1	2	3	4
Touch and Drag Technique  Shoreline/Guideline Technique  Constant Contact Technique  Diagonal Technique  1 2 3 4  Diagonal Technique  1 2 3 4  BASIC TRAVEL  Walking in desired direction  Maintain straight line of travel  Use self correction techniques  Use appropriate cane techniques for moving around obstacles  Use appropriate cane techniques for ascending and descending stairs  Execute a route using directional instructions  Follow audio directions  Use landmarks for orientation  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	CANE TECHNIQUES				
Shoreline/Guideline Technique  Constant Contact Technique  Diagonal Technique  1 2 3 4  BASIC TRAVEL Walking in desired direction  Maintain straight line of travel  Use self correction techniques  Use appropriate cane techniques for moving around obstacles  Use appropriate cane techniques for ascending and descending stairs  Execute a route using directional instructions  Follow audio directions  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:		1	2	3	4
Constant Contact Technique  Diagonal Technique  1 2 3 4  BASIC TRAVEL  Walking in desired direction  Maintain straight line of travel  Use self correction techniques  Use appropriate cane techniques for moving around obstacles  Use appropriate cane techniques for ascending and descending stairs  Execute a route using directional instructions  Tollow audio directions  Use landmarks for orientation  Reversal of route  Orientation and Mobility Specialist's Name:	Touch and Drag Technique	1	2	3	4
Diagonal Technique 1 2 3 4  BASIC TRAVEL  Walking in desired direction 1 2 3 4  Maintain straight line of travel 1 2 3 4  Use self correction techniques 1 2 3 4  Use appropriate cane techniques for moving around obstacles 1 2 3 4  Use appropriate cane techniques for ascending and descending stairs 1 2 3 4  Execute a route using directional instructions 1 2 3 4  Follow audio directions 1 2 3 4  Use landmarks for orientation 1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	Shoreline/Guideline Technique	1	2	3	4
BASIC TRAVEL  Walking in desired direction  1 2 3 4  Maintain straight line of travel  Use self correction techniques  1 2 3 4  Use appropriate cane techniques for moving around obstacles  1 2 3 4  Use appropriate cane techniques for ascending and descending stairs  1 2 3 4  Execute a route using directional instructions  1 2 3 4  Follow audio directions  1 2 3 4  Use landmarks for orientation  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	Constant Contact Technique	1	2	3	4
Walking in desired direction1234Maintain straight line of travel1234Use self correction techniques1234Use appropriate cane techniques for moving around obstacles1234Use appropriate cane techniques for ascending and descending stairs1234Execute a route using directional instructions1234Follow audio directions1234Use landmarks for orientation1234Reversal of route1234Student's Signature:Orientation and Mobility Specialist's Name:	Diagonal Technique	1	2	3	4
Maintain straight line of travel  Use self correction techniques  1 2 3 4  Use appropriate cane techniques for moving around obstacles  1 2 3 4  Use appropriate cane techniques for ascending and descending stairs  1 2 3 4  Execute a route using directional instructions  1 2 3 4  Follow audio directions  1 2 3 4  Use landmarks for orientation  1 2 3 4  Reversal of route  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	BASIC TRAVEL				
Use self correction techniques  1 2 3 4  Use appropriate cane techniques for moving around obstacles  1 2 3 4  Use appropriate cane techniques for ascending and descending stairs  1 2 3 4  Execute a route using directional instructions  1 2 3 4  Follow audio directions  1 2 3 4  Use landmarks for orientation  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	Walking in desired direction	1	2	3	4
Use appropriate cane techniques for moving around obstacles  1 2 3 4  Use appropriate cane techniques for ascending and descending stairs  1 2 3 4  Execute a route using directional instructions  1 2 3 4  Follow audio directions  1 2 3 4  Use landmarks for orientation  1 2 3 4  Reversal of route  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	Maintain straight line of travel	1	2	3	4
moving around obstacles  Use appropriate cane techniques for ascending and descending stairs  1 2 3 4  Execute a route using directional instructions  1 2 3 4  Follow audio directions  1 2 3 4  Use landmarks for orientation  1 2 3 4  Reversal of route  1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	Use self correction techniques	1	2	3	4
ascending and descending stairs  1 2 3 4  Execute a route using directional instructions 1 2 3 4  Follow audio directions 1 2 3 4  Use landmarks for orientation 1 2 3 4  Reversal of route 1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:		1	2	3	4
Execute a route using directional instructions  1 2 3 4  Follow audio directions 1 2 3 4  Use landmarks for orientation 1 2 3 4  Reversal of route 1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:					
Follow audio directions  1 2 3 4 Use landmarks for orientation 1 2 3 4 Reversal of route 1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:					
Use landmarks for orientation 1 2 3 4 Reversal of route 1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:	_				
Reversal of route 1 2 3 4  Student's Signature:  Orientation and Mobility Specialist's Name:		1	2	3	4
Student's Signature:  Orientation and Mobility Specialist's Name:		-	_		-
Orientation and Mobility Specialist's Name:	Reversal of route	1	2	3	4
Orientation and Mobility Specialist's Name:					
	Student's Signature:				
Orientation and Mobility Specialist's Signature:	Orientation and Mobility Specialist's Name:				
	Orientation and Mobility Specialist's Signature: _				
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