

Indiana School for the Blind and Visually Impaired

February 28, 2022 – March 4, 2022

MS/HS Menu

Monday Breakfast

Cereal or Bagel and Cream Cheese, Yogurt or Cheese Stick, Fresh Fruit, Juice, Milk

Monday Lunch

Chicken Tenders or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Celery, Baked Beans, Assorted Fruit, Mac and Cheese, Milk

Monday Dinner

Loaded Baked Potato, Broccoli, Fresh Fruit, Baker's Choice, Milk

Tuesday Breakfast

Cereal or Breakfast Bun, Cheese Stick or Yogurt, Fresh Fruit, Juice, Milk

Tuesday Lunch

Cheesy Chicken Alfredo or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Peas, Assorted Fruit, Garlic Bread, Milk

Tuesday Dinner

Chicken Fajitas, Vegetable, Fresh Fruit, Baker's Choice, Milk

Wednesday Breakfast

Cereal or French Toast, Sausage, Fresh Fruit, Juice, Milk

Wednesday Lunch

Bosco Sticks/Marinara or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Cheesy Broccoli, Side Salad/Cherry Tomatoes, Assorted Fruit, Wednesday Snack, Milk

Wednesday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Thursday Breakfast

Cereal or Chicken Sliders, Yogurt or Cheese Stick, Fresh Fruit, Juice, Milk

Thursday Lunch

Soft Tacos or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Southwest Black Beans, Spanish Rice, Assorted Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

Cereal or Donuts, Cheesy Scrambled Eggs, Cheese Stick or Yogurt, Fresh Fruit, Juice, Milk

Friday Lunch

Breakfast for Lunch or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Hashbrown, Raw Veggies/Dip, Assorted Fruit, Friday Fun Treat, Milk

Sunday Dinner (In Dorms)

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**